

August 2019 The Hughes Center Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>HAPPY BIRTHDAY TO ALL OF THE AUGUST'S RESIDENTS</p> <p>Birthday Party will be held on the 19th of August in the Atrium at 3 pm</p>		<p>WE THANK ALL OF OUR PRICELESS VOLUNTEERS FOR THEIR DEDICATED SERVICE TO OUR RESIDENTS!!!</p>		<p>(1) 10:00 Devotion/ Exercise 10:15 Watermelon Fan Craft 2:15 Snack Time/ Music Therapy 3:00 Hands and Nails Care 4:00 Lower Limbs Extremities Exercises/ Music Therapy/ Dice Trivia 6:30 TV Westerns</p>	<p>(2) 10:00 Devotion/Exercise 10:15 National Watermelon Day Social 2:15 Snack Time/ TV Westerns/ Spelling Words Related to the Month of August 3:00 Relaxing Foot Care 4:00 Chair Exercises (DVD)/ Lets Walk/ Trivia 6:30 Music Therapy and Relaxation</p>	<p>(3) 10:00 Devotion/ Exercise/ Unit Games 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Bingo 4:00 Stretching Exercises 6:30 TV Westerns</p>

<p>(4) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Movie and Popcorn 3:00 Unit Games 4:00 Aerobic Exercises 6:00 TV News</p>	<p>(5) 10:00 Devotion 10:15 Balloon Volleyball and Music Therapy 2:15 Snack Time/ TV Oldies 3:00 Chair Exercise (DVD) 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</p>	<p>(6) 10:15 Devotion/Exercise Ball/ Dear Abby/ The Monthly Gazette 11:00 Hymns with Nancy and Friends (Vickie Hightower, Sitters, LLC) 2:15 Snack Time/ Hand Massage Therapy/ Music Therapy 3:00 Worship Service/Book of Genesis Chapter 24 Bible Discussion 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</p>	<p>(7) 10:00 Devotion/Exercise 10:15 Bingo 2:15 Snack Time/ 24 Jigsaw Puzzles/TV Oldies Hour 3:00 Parachute/ Kick Ball/ Ball Toss/ Sing Along 4:00 Chair Exercises (DVD)/ Lets Walk/ Trivia 6:30 Music Therapy and Relaxation</p>	<p>(8) Destination Station 10:15 Devotion/Exercise/ A Fair for the Books (Reading)/ August's Easy Does It Trivia/Lets Go Walking 11:00-11:30 Pet Therapy with Bella 2:15 Snack Time/Word Search Puzzle/Music Therapy 3:00 Hands and Nails Care (Kathy Briner-Compassus Hospice and Pallative Care) 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>	<p>(9) 9:45 Devotion/Exercise 10:00 Spiritual Movie and Popcorn 2:15 Snack Time/ TV Oldies Hour (The Andy Griffith Show) 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise)/ Trivia 6:30 Music Therapy and Relaxation</p>	<p>(10) 10:00 Devotion/ Exercise/ Unit Games 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Reminiscence Activity 4:00 Stretching Exercises 6:30 TV Westerns</p>
<p>(11) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Movie and Popcorn 3:00 Unit Games 4:00 Aerobic Exercises 6:00 TV News</p>	<p>(12) 10:00 Devotion/ Exercise 10:15 Foil Craft 2:15 Cooking with Mrs. Cathi 3:00 Patio Hour/ Socialization 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</p>	<p>(13) 10:15 Devotion/ Exercise Ball/ Name 10 Cognitive Stimulation Activity 11:00 Hymns with Nancy and Friends (Vickie Hightower, Sitters, LLC) 2:15 Snack Time/ Paint By Number/ Music Therapy 3:00 The Gaither's Musical (DVD) 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</p>	<p>(14) 10:00 Devotion/ Exercise 10:15 Picture Painting 2:15 Snack Time/ Patio Hour 3:00 Bingo (On the Hall) 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</p>	<p>(15) 10:15 Devotion/ Exercise/School's Item Locator/ Cross Off The Word 2:15 Snack Time/National Relaxation Day 3:00 Hand and Nail Care 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>	<p>(16) 10:00 Devotion/Exercise 10:15 The Quilting Club (Lindsey Leggett, Kindred Hospice) 2:15 Snack Time/TV Westerns/ Art Therapy 3:00 Relaxing Foot Care 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 Music Therapy and Relaxation</p>	<p>(17) 10:00 Devotion/ Exercise/ Unit Games 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Bingo 4:00 Stretching Exercises 6:30 TV Westerns</p>

(18) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 The Sound of Music (Movie and Popcorn 3:00 Unit Games 4:00 Aerobic Exercises 6:00 TV News	(19) 10:00 Devotion/ Exercise 10:15 Plant a Flower Activity 2:15 Garden Party with Mrs. Sue Berry 3:00 August's Residents Birthday Party 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation	(20) 9:45 Devotion 10:00 Bingo (Andrea Lorenz , Compassus Hospice & Palliative Care) 11:00 Hymns with Nancy and Friends 2:15 Snack Time/Hand Massage Therapy/Music Therapy 3:00 Worship Service/Book of Genesis Chapter 25 Bible Discussion 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns	(21) 10:00 Devotion/Exercise 10:15 Cooking with Sharon (Bridget Rochelle, Home Instead Senior Care) 2:15 Snack Time/24 Pieces Jigsaw Puzzle 3:00 Patio Hour/ Ice Cream Social 4:00 Chair Exercises (DVD)/Lets Walk 6:30 Music Therapy and Relaxation	(22) 10:00 Devotion 10:15 Fun Fitness with Terry 2:15 Snack Time/ Music Therapy 3:00 Hands and Nails Care (Kathy Briner- Compassus Hospice and Pallative Care) 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns	(23) 10:00 Devotion/Exercise 10:15 David Womack (Musical Performance) 12:30 Hawaiian Luau Social (In the Atrium) 2:15 Snack Time/ TV Oldies Hour/ (The Andy Griffith Show) 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise)/ Trivia 6:30 Music Therapy and Relaxation	(24) 10-11:30 Devotion / Exercise/ Cognitive- Trivia and Table Games 1:00 TV Sports/ Rest & Relaxation 2:00 Reminiscence Activity 3:00 Bible Jingo 4:00 Stretching Exercises 6:30 TV Westerns
(25) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Movie and Popcorn 3:00 Unit Games 4:00 Aerobic Exercises 6:00 TV News	(26) 9:45 Devotion/Exercise 10:00 Chaminade's Musical Performance 2:15 Snack Time//Reading Club 3:00 Balloon Volleyball and Music Therapy 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation	(27) 10:15 Devotion/ Exercise Ball/ Item Locator 11:00 Hymns with Nancy and Friends(Vickie Hightower, Sitters LLC) 2:15 Snack Time/ Paint By Number/ Music Therapy 3:00 The Gaither's Musical (DVD) 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns	(28) 10:00 Devotion 10:15 Parachute/Kickball/ Ball Toss/ Sing Along 2:15 Snack Time/ Patio Hour 3:00 Jeopardy 4:00 Chair Exercises (DVD)/Lets Walk 6:30 Music Therapy and Relaxation	(29) Destination Station: 10:15 Devotion/ Exercise/The Benevolent Barber (Reading) Lets Go Walking 2:15 Snack Time/ Music Therapy 3:00 Hands and Nails Care 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns	(30) 10:00 Devotion/Exercise 10:15 Spiritual Movie and Popcorn 2:15 Snack Time/TV Westerns/ Art Therapy 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise)/ Trivia 6:30 Music Therapy and Relaxation	(31) 10:00 Devotion/ Exercise/ Unit Games 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Bingo 4:00 Stretching Exercises 6:30 TV Westerns

**** Our schedule is flexible and subject to change. Therefore, activities may occasionally be different than those scheduled.