## **CAMPBELL COVE MARCH 2021 CALENDAR**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday  Andy Griffith Show or Golden Girls at 8-10:00 am and 2pm daily Let's Make A Deal Game Show 2pm daily  Newspapers- Morning Hours	(1) 10:00 Snack/Hydration 10:15 Devotion/Exercise/Spring's Mad Lib Cognitive Stimulation Activity/Patio/ Walk 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:00 Snack Time & Hydration/ Rhyme with Green Cognitive Stimulation 3:00 Balloon/Beach Volleyball and Music Therapy /Large Picture Painting 4:00 Lets Walk (Aerobic Exercise)/ Dice Bowling 6:30 Family Feud	(2) 10:00 Snack/ Hydration 10:15 Devotion/Exercise Ball/Word Search Puzzle/Dice Name Me Game/March Art Therapy 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time & Hydration/ Paint by Number 3:00 St. Patrick's Hall Decoration 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Easy Does It Trivia 6:30 Wheel of Fortune	(3) 9:50 Devotion/Exercise 10:00 Snack/ Hydration 10:15 Bingo/Dance, Art, and Music Therapy 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time & Hydration/ 24/48 Jigsaw Puzzles 3:00 March's Birthday Party on the Wings/ Things that Goes Together/Patio Hour 4:00 Chair Exercises (DVD)/ Lets Walk (Atrium)/ Trivia 6:30 Family Feud	Thursday  (4)  10:00 Snack/ Hydration 10:15 Devotion/Exercise Talk Ball Therapy 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time & Hydration/Spelling SPRING Cognitive Stimulation 3:00 Hand and Nail Care/Mediation (15 minutes) with soft music 4:00 Lower Limbs Extremities Exercises/ Music Therapy/Dice Trivia 6:30 Wheel of Fortune	(5) 9:50 Devotion/Exercise 10:00 Snack /Hydration 10:15 Spiritual Movie/Popcorn/Route 66 Item Locator Cognitive Stimulation Worksheet 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:00 Snack Time & Hydration/ Spring Art Therapy 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise, Atrium)/ Trivia 6:30 Family Feud	Saturday  (6) 10:00-11:30 Devotion/ Snack/Hydration/ Exercise/ Cognitive -Trivia and Table Games 1:00 TV Sports / Rest & Relaxation 2:00 Magazine Scavenger Hunt 3:00 Bingo 4:00 Stretching Exercises 7:00 Lawrence Welk Social
Hours	Binder or Activities Cart/Music Therapy 2:00 Snack Time & Hydration/ Rhyme with Green Cognitive Stimulation 3:00 Balloon/Beach Volleyball and Music Therapy /Large Picture Painting 4:00 Lets Walk (Aerobic Exercise)/ Dice Bowling	Cart/Music Therapy 2:15 Snack Time & Hydration/ Paint by Number 3:00 St. Patrick's Hall Decoration 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Easy Does It Trivia	2:15 Snack Time & Hydration/ 24/48 Jigsaw Puzzles 3:00 March's Birthday Party on the Wings/ Things that Goes Together/Patio Hour 4:00 Chair Exercises (DVD)/ Lets Walk (Atrium)/ Trivia	Hydration/Spelling SPRING Cognitive Stimulation 3:00 Hand and Nail Care/Mediation (15 minutes) with soft music 4:00 Lower Limbs Extremities Exercises/ Music Therapy/Dice Trivia	Binder or Activities Cart/Music Therapy 2:00 Snack Time & Hydration/ Spring Art Therapy 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise, Atrium)/ Trivia	2:00 Magazine Scavenger Hunt 3:00 Bingo 4:00 Stretching Exercises 7:00 Lawrence Welk

(7)	(8)	(9)	(10)	(11)	(12)	(13)
	9:50 Devotion/Exercise	10:00 Snack/ Hydration	9:50 Devotion/Exercise	9:50 Devotion/Exercise	10:00 Snack /Hydration	10:00 -11:30
On Unit 1	10:00 Snack/Hydration	10:15 Devotion/Exercise	10:00 Snack/ Hydration	10:00 Snack/ Hydration	10:15	Devotion/ Snack/
	10:15 Balloon/Beach	Ball/Mediation (15	<b>10:15</b> Bible	10:15 Name Poem /Name	Devotion/Exercise/Spellin	Hydration/ Exercise/
	Volleyball and Music	Minutes) with soft music/	Jingo/Hymns/Item	Categories/Odd or Even	g Rainbow and Rainbow	Cognitive- Trivia and
	Therapy/Art	Dear Abby/ The Monthly	Locator/Odd or Even	1:00 Activities in the	Craft	Table Games
	Therapy/Darts/Board	Gazette/Patio Hour	Numbers	Binder or Activities	1:00 Activities in the	1:00 TV Sports / Rest &
	Games (Connect Four &	1:00 Activities in the	1:00 Activities in the	Cart/Music Therapy	Binder or Activities	Relaxation
	UNO)	Binder or Activities	Binder or Activities	2:15 Snack Time &	Cart/Music Therapy	2:00 Reminiscence
<b>2:00</b> Movie & Popcorn <b>1</b>	1:00 Activities in the	Cart/Music Therapy	Cart/Music Therapy	Hydration	2:15 Snack Time &	Activity
	Binder or Activities	<b>2:15</b> Snack Time &	2:15 Snack Time &	3:00 Hand and Nail Care	Hydration/Item Locator/	3:00 Bible Jingo
	Cart/Music Therapy	Hydration/ Hand Massage	Hydration/ Art Therapy	4:00 Lower Limbs	TV Oldies Hour	<b>4:00</b> Stretching Exercises
	2:00 Snack Time &	Therapy	3:00 Chair Exercise	Extremities Exercises/	<b>3:00</b> Relaxing Foot Care	7:00 Lawrence Welk
1	Hydration/ March's Cross	3:00 Plant a Flower	(DVD)/ Board Games	Music Therapy/Dice	4:00 Lets Walk (Aerobic	Social
	Off the Word	(Clay Pot and Raise	(Connect Four & UNO)	Trivia	Exercise)/ Trivia	
3	3:00 March's Shamrock	Garden Bed)	4:00 Lets Walk/ Trivia	<b>6:30</b> Wheel of Fortune	<b>6:30</b> Family Feud	
I	Art and Craft Project	Horticultural Craft	<b>6:30</b> Family Feud			
	4:00 Lets Walk (Aerobic	<b>4:00</b> Upper Limbs				
	Exercise)/ Dice Bowling	Extremities				
6	6:30 Family Feud	Exercises/Music Therapy/				
		Trivia				
		<b>6:30</b> Wheel of Fortune				

(14) 9:00 TV MASS On Unit 9:45 Devotion 10:00 Snack/Hydration 10:15-11:00 Flexibility Exercise/Art Therapy/Therapy/ Word Search Puzzles/Daylight Savings Time Word Search Puzzle 2:00 Movie & Popcorn 4:00 1:1 Therapy (reading, etc.) 6:00 TV Game Shows DAYLIGHT SAVINGS	(15) 10:00 Snack/ Hydration 10:15 Devotion/Exercise/Wind Categories/Large Picture Painting 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time & Hydration/ March's Art Therapy/March's Word Search Puzzle 3:00 Ice Cream Social/Patio Hour/210 Opposite Words 4:00 Lets Walk (Aerobic Exercise)/ Dice Bowling 6:30 Family Feud	(16) 10:00 Snack/Hydration 10:15 Devotion/Exercise/Patio Hour/Walk/The Mystery Knitter (Reading and Discussion) 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ Paint by Number 3:00 The Gaither's Musical/Cross Off the Word/ Spring's Suncatchers Art & Craft/Music Therapy 4:00 Upper Limbs Extremities Exercises/Music Therapy/Trivia 6:30 Wheel of Fortune	(17) 9:50 Devotion/Exercise 10:15 ST. PATRICK'S DAY PARTY ON THE WING/ ST. PATRICK'S DAY FACTS AND TRIVIA/Art Therapy 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ 24/48 Pieces Jigsaw Puzzles/Connect Four 3:00 Zentangle Shamrock Art Therapy/Cross Off the Words/Word Search Puzzle/Art Therapy 4:00 Lets Walk/ Trivia 6:30 Family Feud  Happy St. Patrick's Day!	(18) 10:00 Snack/Hydration 10:15 Devotion/Exercise Item Locator/ UNO Sort by Colors and Numbers 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ Magazine Scavenger Hunt 3:00 Hands and Nails Care/ Easy Does It Trivia/This AND That Cognitive Stimulation 4:00 Lower Limbs Extremities Exercises/ Music Therapy/Dice Trivia 6:30 Wheel of Fortune	(19) 10:00 Snack/Hydration 10:15 Devotion/Exercise/Spring Time Cross Off the Word/ABC's Spring Words 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ TV Oldies Hour 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise)/ Trivia 6:30 Family Feud	10-11:30 Devotion / Snack/ Hydration/ Exercise/ Cognitive- Trivia and Table Games/Spring Art Therapy 1:00 TV Sports/ Rest & Relaxation 2:00 Reminiscence Activity 3:00 Bible Jingo 4:00 Stretching Exercises 7:00 Lawrence Welk Social
9:00 TV MASS On Unit 9:45 Devotion 10:00 Snack/Hydration 10:15-11:00 Flexibility Exercise/Current Events/Word Search Puzzles 2:00 Movie & Popcorn 4:00 1:1 Therapy (reading, etc.) 6:00 TV Game Shows	10:00 Snack/Hydration 10:15 Devotion/Exercise/ Lets Go Walking (Patio)/The Mighty Winds of March (Reading and Discussion) 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/Paint by Number 3:00 Balloon Toss and	10:00 Snack/ Hydration 10:15 Devotion/Exercise/Name Poems/March Categories 10:30 Men's Social (Art and Craft Room 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ Hand Massage Therapy 3:00 Chair Exercise	10:00 Snack/ Hydration 10:15 Devotion/Exercise/Rainbo w Craft/Patio 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ Odd Word Cognitive Stimulation Activities 3:00 Flower Mart Adventure (Reading and	9:50 Devotion/Exercise 10:00 Snack/Hydration 10:15 Devotion/Exercise/Fill in the Numbers/Count to 100 forward and backwards Cognitive Stimulation Activities 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ Music	9:50 Devotion/Exercise 10:00 Snacks/Hydration 10:15 Spiritual Movie & Popcorn/Patio Hour 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/Rest and Relaxation/TV Oldies 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise)/ Trivia	(27) 10-10:30 Devotion/ Snack/ Hydration/ Exercise/ Cognitive- Trivia and Table Games 1:00 TV Sports/ Rest & Relaxation 2:00 Magazine Scavenger Hunt 3:00 Bingo 4:00 Stretching Exercises 7:00 Lawrence Welk

Music therapy/Dance Therapy 4:00 Trivia 6:30 Family Feud	(DVD)/ Art Therapy/Patio Hour 4:00 Upper Limbs Extremities Exercises/ Music Therapy/Trivia 6:30 Wheel of Fortune	Discussion)/March Madness Item Locator 4:00 Chair Exercises (DVD)/ Lets Walk/Trivia 6:30 Family Feud	Therapy/Root Beer Floa 3:00 Hands and Nails Care/Meditation (15 Minutes) with soft music 4:00 Lower Limbs Extremities Exercises/ Music Therapy/Dice Trivia 6:30 Wheel of Fortune		Social
(28) 9:00 TV MASS On Unit 9:45 Devotion 10:00 Snack/Hydration 10:15-11:00 Flexibility Exercise/ Current Events/Word Search Puzzles 2:00 Movie & Popcorn 4:00 1:1 Therapy (reading, etc.) 6:00 TV Game Shows  (29) 10:00 Snack/Hydration 10:15 Devotion, Exercise/ Balloon Tos and Music/Dance Therapy 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/Pair by Number 3:00 Last Flower in Toronto (Reading and Discussion)/ Talk Bal Therapy 4:00 Trivia 6:30 Family Feud	Hydration 10:15 Devotion/Exercise/Bibl e Trivia/ Bible Art Therapy/Meditation (15 Minutes) with soft music 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ Hand  10:10 Devotion/Exercise/Bibl Binder Art Cart Bin Cart Bin Cart Bin Cart Bin Cart Cart Cart Cart Cart Cart Cart Cart	00 Snack/ Hydration 15 votion/Exercise/Bingo	lappy Birthday to all March's Residents, amily Members, & mployees	! Each year March ! and June end ! on the same ! day of the ! week. ! It is the time of year when animals start to wake up from hibernation.  March was named for war!!	MARCH MADNESS

\*\*\*\* Our schedule is flexible and subject to change. Therefore, Activities & Outings may occasionally be different than those scheduled. Residents participating in each outing will vary. \*\*\*\*