

# February 2020 The Hughes Center Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Residents’ Monthly Birthday Party February 26th at 10:15 am in the Atrium</b>			<b>The Andy Griffith Show 8:00 am daily</b>  <b>Newspaper – Morning Hours</b>  <b>Coffee during Breakfast Meals</b>			<b>(1) 10:00 Devotion/ Ground Hog Day Cross Off the Word / Art Therapy/Word Search Puzzle 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Bingo 4:00 Stretching Exercises 6:30 TV Westerns</b>
<b>(2) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Snack Time 3:00 Unit Games 4:00 Aerobic Exercises 6:30 Super Bowl 54 Party Snacks/Game (On the Wing)  Ground Hog Day</b>	<b>(3) 10:00 Devotion/Exercise 10:15 Valentine’s Stencil Art Therapy 2:00 Snack Time/ “The Real Story Behind Valentine’s Day (Reading Club/Discussion 3:00 Love is in the Air Mad Lib/Valentine’s Art Therapy 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</b>	<b>(4) 10:15 Devotion/ Exercise/ Cross off the Word/ Art Therapy 11:00 Hymns with Nancy and Friends (Vickie Hightower, Sitters LLC) 2:00 Snack Time/ Hand Massage Therapy 3:00 Worship Service/Book of Genesis Chapter 36 Bible Discussion 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</b>	<b>(5) 10:00 Devotion/Exercise 10:15 Spelling Bee on the Halls 2:00 Snack Time/ 24 Pieces Jigsaw Puzzle/ Valentine’s Word Search Puzzle 3:00 Bible Jingo/Bible Trivia 4:00 Chair Exercises (DVD)/ Lets Walk (Aerobic Exercise)/ Trivia 6:30 Music Therapy and Relaxation</b>	<b>(6) 10:00 Devotion/ Exercise 10:15 Bingo 11:00 Pet Therapy with Bella 2:00 Snack Time/ Item Locator/TV Westerns 3:00 Hands and Nails Care 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</b>	<b>(7) 10:00 Devotion/Exercise 10:15 Spiritual Movie and Popcorn 10:30 Men Social (Art and Craft Room) 2:00 Snack Time/Words Related to Month of February/TV Oldies Hour 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise)/ Trivia 6:30 Music Therapy and Relaxation</b>	<b>(8) 10:00 Devotion/ Unit Games 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Reminiscence Activity 4:00 Stretching Exercises 6:30 TV Westerns</b>

<p>(9) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Snack Time 3:00 Unit Games/Art Therapy 4:00 Aerobic Exercises 6:00 TV News</p>	<p>(10) 9:45 Devotion 10:00 Chaminade's Musical Performance 2:00 Cooking with Cathi 3:00 Balloon Volleyball and Music Therapy 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</p>	<p>(11) 10:15 Devotion/ Exercise Ball/Dear Abby/ The Monthly Gazette 11:00 Hymns with Nancy and Friends (Vickie Hightower, Sitters LLC) 2:00 Snack Time/Paint by Number 2:30 World Day of Sick 3:00 The Gaither's Musical (DVD) 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</p>	<p>(12) 10:00 Devotion 10:15 Chair Exercise (DVD) 2:00 National Dixie Rodeo Queens 3:00 Jeopardy 4:00 Chair Exercises (DVD)/Lets Walk (Aerobic Exercise) Trivia 6:30 Music Therapy and Relaxation</p>	<p>(13) Destination Stations: 10:15 Devotion/Exercise/ Valentine's Mad Lib Cognitive Stimulation/ Lets Walk 2:00 Snack Time//Which Word Does Not Belong 3:00 Hands and Nails Care (Kathy Briner, Compassus Hospice and Palliative Care) 3:00 Hands and Nails Care 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>	<p>(14) 10:00 Devotion/Exercise 10:15 Cooking with Sharon/ Valentine's Day Ball (Bridget Rochelle, Home Instead Senior Care), (Lindsey Leggett, Kindred Hospice) 1:30 Valentine with Piper (Pet Therapy) 2:00 Snack Time 3:00 Relaxing Foot Care 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p> <p style="text-align: center;"><b>Happy Valentine's Day</b></p>	<p>(15) 10:00 Devotion/ Unit Games 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Bingo 4:00 Stretching Exercises 6:30 TV Westerns</p>
<p>(16) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Snack Time 3:00 Unit Games 4:00 Aerobic Exercises 6:00 TV News</p>	<p>(17) 10:00 Devotion/ Exercise 10:15 Fill in The Presidents/Discussion Activities/ President's Word Search Puzzle 2:00 Garden Party with Mrs. Sue Berry 3:00 Mardi Gras Mask Art and Craft 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</p> <p style="text-align: center;"><b>President Day</b></p>	<p>(18) 10:15 Devotion/ Exercise Ball/ For God So Love the World Craft/Art Therapy 11:00 Hymns with Nancy and Friends 2:00 Snack Time/ Hand Massage Therapy 3:00 Worship Service/Book of Genesis Chapter 37 Bible Discussion 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</p>	<p>(19) 10:00 Devotion/Exercise 10:15 Valentine's Wreath Craft 2:00 Snack Time/24 Pieces Jigsaw Puzzle 3:00 Bingo 4:00 Chair Exercises (DVD)/Lets Walk (Aerobic Exercise) Trivia 6:30 Music Therapy and Relaxation</p> <p style="text-align: center;"><b>Ash Wednesday</b></p>	<p>(20) 10:00 Devotion 10:15 Fun Fitness with Terry 2:00 Snack Time/TV Western/ I LOVE YOU Art Therapy 3:00 Hands and Nails Care 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>	<p>(21) 9:45 Devotion/Exercise 10:00 The Quilting Club (Lindsey Leggett, Kindred Hospice) 2:00 Snack Time/ TV Oldies Hour/Valentine's Word Search Puzzle 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise)/ Trivia 6:30 Music Therapy and Relaxation</p>	<p>(22) 10-11:30 Devotion / Cognitive- Trivia and Table Games 1:00 TV Sports/ Rest &amp; Relaxation 2:00 Reminiscence Activity 3:00 Bible Jingo 4:00 Stretching Exercises 6:30 TV Westerns</p>

<p><b>(23)</b>  <b>10:00 TV Church</b>  <b>10:30 Family</b>  <b>Worship Service</b>  <b>(Atrium)</b>  <b>11:00 Lg. Group:</b>  <b>Flexibility Exercises/</b>  <b>Current Events</b>  <b>2:00 Snack Time</b>  <b>3:00 Unit Games</b>  <b>4:00 Aerobic</b>  <b>Exercises</b>  <b>6:00 TV News</b></p>	<p><b>(24)</b>  <b>10:00 Devotion</b>  <b>10:15 Tissue Art</b>  <b>Therapy/Butterfly</b>  <b>Craft</b>  <b>2:00 Snack Time/</b>  <b>“The Sweetheart</b>  <b>Caper “Reading</b>  <b>Club/Discussion</b>  <b>3:00 Mardi Gras Ball</b>  <b>(Andrea Lorenz,</b>  <b>Compassus Hospice</b>  <b>and Palliative Care)</b>  <b>4:00 Lets Walk</b>  <b>(Aerobic Exercise)</b>  <b>6:30 Music Therapy</b>  <b>and Relaxation</b>  <b>Mardi Gras</b></p>	<p><b>(25)</b>  <b>10:15 Devotion/</b>  <b>Exercise Ball/Item</b>  <b>Locator/Love</b>  <b>Categories</b>  <b>11:00 Hymns with</b>  <b>Nancy and Friends</b>  <b>(Vickie Hightower,</b>  <b>Sitters LLC)</b>  <b>2:00 Snack Time/</b>  <b>Paint by Number</b>  <b>3:00 The Gaither’s</b>  <b>Musical (DVD)</b>  <b>4:00 Upper Limbs</b>  <b>Extremities</b>  <b>Exercises/Music</b>  <b>Therapy/ Trivia</b>  <b>6:30 TV Westerns</b>  <b>Fat Tuesday</b></p>	<p><b>(26)</b>  <b>10:00 Devotion</b>  <b>10:15 February’s</b>  <b>Residents Birthday</b>  <b>Party</b>  <b>2:00 Snack Time/</b>  <b>Romantic Dinner</b>  <b>Word Search Puzzle</b>  <b>3:00 Parachute/</b>  <b>Kickball/Ball Toss</b>  <b>4:00 Chair Exercises</b>  <b>(DVD)/Lets Walk</b>  <b>(Aerobic Exercise)</b>  <b>Trivia</b>  <b>6:30 Music Therapy</b>  <b>and Relaxation</b></p>	<p><b>(27)</b>  <b>10:00 Devotion</b>  <b>10:15 Bible Jingo/Bible</b>  <b>Trivia</b>  <b>2:00 Snack Time/</b>  <b>3:00 Hands and Nails</b>  <b>Care (Kathy Briner,</b>  <b>Compassus Hospice and</b>  <b>Palliative Care)</b>  <b>4:00 Lower Limbs</b>  <b>Extremities Exercises/</b>  <b>Music Therapy</b>  <b>6:30 TV Westerns</b></p>	<p><b>(28)</b>  <b>10:00</b>  <b>Devotion/Exercise</b>  <b>10:15 CC/THC’s</b>  <b>Country Store</b>  <b>2:00 Snack Time/ TV</b>  <b>Oldies Hour/Popcorn</b>  <b>Social</b>  <b>3:00 Relaxing Foot</b>  <b>Care</b>  <b>4:00 Lets Walk</b>  <b>(Aerobic Exercise)/</b>  <b>Trivia</b>  <b>6:30 Music Therapy</b>  <b>and Relaxation</b></p>	<p><b>(29)</b>  <b>10:00 Devotion/</b>  <b>Unit Games</b>  <b>11:00 Lets Walk</b>  <b>1:00 Rest and</b>  <b>Relaxation</b>  <b>2:00 Popcorn Social</b>  <b>3:00 Bingo</b>  <b>4:00 Stretching</b>  <b>Exercises</b>  <b>6:30 TV Westerns</b></p>
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\*\*\*\* Our schedule is flexible and subject to change. Therefore, activities may occasionally be different than those scheduled.