



ST.  
CATHERINE'S  
VILLAGE

# FRIDAY Menu

RODNEY ROGERS Executive Chef | PAUL YAMAS Food Service Director



## Soups

### **TURKEY VEGETABLE SOUP**

Garden fresh vegetables and turkey in a rich broth

### **CORN CHOWDER**

Creamy chowder loaded with corn and diced potatoes



## Salads

*Choose One*

### **WEDGE SALAD**

Crispy iceberg, bacon, bleu cheese, and choice of dressing

### **APPLE BANANA HARVEST SALAD**

Packed full of fiber and protein loaded with apples, bananas, pecans and quinoa tossed in yogurt

### **TOMATO MOZZARELLA SALAD**

Fresh Roma tomatoes and mozzarella tossed in a balsamic reduction

### **COLESLAW**

### **FRESH FRUIT OF THE DAY**

Mixed Melons

### **JELL-O**

### **SUGAR FREE JELL-O**



## Desserts

*Choose One*

### **RED VELVET CAKE**

### **CHOCOLATE CHIP COOKIES**



## Entrees

*Served with southern cornbread, Mexican cornbread, raisin bran muffin, house baked white or wheat yeast roll*

### **CHICKEN AND DUMPLINGS**

### **MAPLE GLAZED HAM**

### **FRIED OR BAKED CATFISH**

### **VEGETABLE PLATE**

Choose four sides

## *Sandwiches & Salads*

### **CHICKEN**

### **TUNA**

### **EGG**



## Sides

### **GARLIC MASHED POTATOES**

### **STEAMED RICE AND GRAVY**

### **FRIED BROCCOLI**

### **BUTTERNUT SQUASH**

### **MIXED GREENS**

### **CORN CAKES**