

February 2019 The Hughes Center Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>(1) 9:45 Devotion 10:00 The Quilting Club (Lindsey Leggett, Kindred Hospice) 2:00 Snack Time/ February's Word Search Puzzle 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise)/ Trivia 6:30 Music Therapy and Relaxation</p>	<p>(2) 10:00 Devotion/ Ground Hog Day Cross Off the Word / Art Therapy/Word Search Puzzle 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Bingo 4:00 Stretching Exercises 6:30 TV Westerns</p> <p style="text-align: center;">Ground Hog Day</p>
<p>(3) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Snack Time 3:00 Unit Games 4:00 Aerobic Exercises 6:30 Super Bowl 53 Party Snacks/Game (On the Wing)</p>	<p>(4) 10:00 Devotion 10:15 Valentine's Stencil Art Therapy 2:00 Snack Time/ "Knapsack Full of Paints" Reading Club/Discussion 3:00 Mardi Gras Mask Art and Craft 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</p>	<p>(5) 9:45 Devotion 10:00 Mardi Gras Ball (Andrea Lorenz, Compassus Hospice and Pallative Care) 11:00 Hymns with Nancy and Friends(Vickie Hightower, Sitters LLC) 2:00 Snack Time/ Hand Massage Therapy 3:00 Worship Service/Book of Genesis Chapter 11 Bible Discussion 4:00 Upper Limbs Extremities Exercises/Music</p>	<p>(6) 9:45 Devotion 10:15 Bingo 2:00 Snack Time/ 24 Pieces Jigsaw Puzzle 3:00 Parachute/Kickball/ Ball Toss 4:00 Chair Exercises (DVD)/ Lets Walk (Aerobic Exercise)/ Trivia 6:30 Music Therapy and Relaxation</p>	<p>(7) Destination Stations 10:00 Devotion/ Exercise/ My Uncle The Tooth Fairy (Reading)/ Valentines Art Therapy/Lets Go Walking 2:00 Snack Time/ Item Locator/ TV Westerns 3:00 Hands and Nails Care (Kathy Briner, Compassus Hospice and Pallative Care) 3:30 Joyful Noise Musical Performance 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>	<p>(8) 9:45 Devotion 10:15 Spiritual Movie and Popcorn 10:30 Men Social (Art and Craft Room) 2:00 Snack Time/Words Related to the Month of February /TV Oldies Hour 2:30 National Dixie Rodeo Queens 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise)/ Trivia 6:30 Music Therapy and Relaxation</p>	<p>(9) 10:00 Devotion/ Unit Games 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Reminiscence Activity 4:00 Stretching Exercises 6:30 TV Westerns</p>

		Therapy/ Trivia 6:30 TV Westerns Mardi Gras				
(10) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Snack Time 3:00 Unit Games/Art Therapy 4:00 Aerobic Exercises 6:00 TV News	(11) 10:00 Devotion 10:15 Tissue Art Therapy/Butterfly Craft 2:00 Cooking with Cathi 2:30 World Day of Sick 3:00 Balloon Volleyball/Music Therapy 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation	(12) 10:15 Devotion/ Exercise Ball/Dear Abby/The Monthly Gazette 11:00 Hymns with Nancy and Friends (Vickie Hightower, Sitters LLC) 2:00 Snack Time/Paint By Number 3:00 Gaither's Musical (DVD) 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns	(13) 9:45 Devotion 10:00 Master's Gardener Program 10:30 Chair Exercise (DVD) 2:00 Snack Time/ Valentine's Mad Lib Cognitive Stimulation 3:00 Jeopardy 4:00 Chair Exercises (DVD)/Lets Walk (Aerobic Exercise)Trivia 6:30 Music Therapy and Relaxation	(14) 9:45 Devotion 10:00 Valentine's Day Ball (Madison Fire Department) (Bridget Rochelle, Home Instead Senior Care) 1:30 Lila Pet Therapy 2:00 Snack Time/ The Andy Griffith Show 3:00 Hands and Nails Care 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns Happy Valentine's Day	(15) 9:45 Devotion 10:00 The Quilting Club (Lindsey Leggett, Kindred Hospice) 2:00 Snack Time/Rose and Love Categories 3:00 Relaxing Foot Care 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns	(16) 10:00 Devotion/ Unit Games 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Bingo 4:00 Stretching Exercises 6:30 TV Westerns
(17) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Snack Time 3:00 Unit Games 4:00 Aerobic Exercises 6:00 TV News	(18) 10:00 Devotion 10:15 Fill In The Presidents/Discussion Activities 2:00 Garden Party with Mrs. Sue Berry 3:00 Winter's Fashion Show (Bridget Rochelle, Home Instead Senior Care) 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation President Day	(19) 10:15 Devotion/ Exercise Ball/ For God So Love The World Craft/Bible Trivia 11:00 Hymns with Nancy and Friends 2:00 Snack Time/ Hand Massage Therapy 3:00 Worship Service/Book of Genesis Chapter 12 Bible Discussion 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns	(20) 9:45 Devotion 10:00 Bingo(Andrea Lorenz, Compassus Hospice and Pallative Care) 2:00 Snack Time/24 Pieces Jigsaw Puzzle 3:00 Valentine's Wreath Craft 4:00 Chair Exercises (DVD)/Lets Walk(Aerobic Exercise)Trivia 6:30 Music Therapy and Relaxation	(21) 10:00 Devotion 10:15 Fun Fitness with Terry 2:00 Snack Time/ The Andy Griffith Show 3:00 Hands and Nails Care (Kathy Briner, Compassus Hospice and Pallative Care) 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns	(22) 10:00 Devotion 10:30 Resident of the Month Celebration 2:00 Snack Time/ TV Oldies Hour/Valentine's Word Search Puzzle 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise)/ Trivia 6:30 Music Therapy and Relaxation	(23) 10-11:30 Devotion / Cognitive- Trivia and Table Games 1:00 TV Sports/ Rest & Relaxation 2:00 Reminiscence Activity 3:00 Bible Jingo 4:00 Stretching Exercises 6:30 TV Westerns

<p>(24) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Snack Time 3:00 Unit Games 4:00 Aerobic Exercises 6:00 TV News</p>	<p>(25) 9:45 Devotion 10:00 Chaminade's Musical Performance 2:00 Snack Time/ " King Rule Your Kingdom" Reading Club/Discussion 3:00 Flower Craft 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</p>	<p>(26) 10:15 Devotion/ Exercise Ball/Item Locator 11:00 Hymns with Nancy and Friends(Vickie Hightower, Sitters LLC) 2:00 Snack Time/ Paint By Number 3:00 Gaither's Musical (DVD) 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</p>	<p>(27) 10:00 Devotion 10:15 February's Residents Birthday Party 2:00 Snack Time/ February's Easy Does It Trivia 3:00 Bingo 4:00 Chair Exercises (DVD)/Lets Walk (Aerobic Exercise)Trivia 6:30 Music Therapy and Relaxation</p>	<p>(28) 10:00Devotion 10:15 Cooking Show with Sharon 2:00 Snack Time/ The Andy Griffith Show 3:00 Hands and Nails Care 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>		
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**** Our schedule is flexible and subject to change. Therefore, activities may occasionally be different than those scheduled.