## 2021 CAMPBELL COVE'S JULY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Andy Griffith Show or Golden Girls at 8- 10:00 am and 2 pm daily Let's Make a Deal	ly	July is the 7th month of the year and has 31 days.	SYMBOLS: BIRTHSTONE:	(1) 10:00 Snack/Hydration 10:15 Devotion/Exercise//The Memories of Independence Day/ (Reading and Discussion)/Red, White & Blue Door Decor /Art and Craft Therapy	1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ TV Oldies Hour/ Cognitive Stimulation Activities 3:00 Fourth of July T-shirt Décor	(3) 10:00 -11:30 Devotion/ Snack/Hydration/ Exercis Cognitive -Trivia and Table Games  1:00 TV Sports / Rest & Relaxation 2:00 Magazine Scavenger Hunt 3:00 Bingo 4:00 Stretching Exercises 7:00 Lawrence Welk Social
Game Show 2 pm daily Newspapers & Coffee- Morning Hours		Season (Northern Hemisphere): Summer	RUBY			
Happy Birthday to all July's Residents, Family Members, & Employees		National Ice Cream Month	FLOWERS: LARKSPUR AND WATER LILY ZODIAC SIGNS: CANCER & LEO	3:00 Hands and Nails Care/  Binder or Activities Cart/Music Therapy 2:15 Snack Time/ TV Oldies Hour/ Cognitive Stimulation Activities 3:00 Fourth of July T-		
		National Blueberry Month  National Hot Dog Month				
		National Picnic Month				
		National Pickle Month				

9:00 TV MASS
On Unit
9:45 Snack/ Hydration
10:00 Worship Service
in the Atrium



10:30 Flexibility Exercise 11:00 Current Events/Art Therapy/ Word Search Puzzles/Patio 2:00 Movie & Popcorn 4:00 1:1 Therapy (reading, etc.) 6:00 TV Game Shows



(5) 10:00 Snack/Hydration 10:15

## Daily Devotions

Exercise/
Large Picture Painting/
Which Word Does Not
Belong Cognitive Stimulation
Activities
1:00 Activities in the Binder
or Activities Cart/Music
Therapy
2:00 Snacks/ Reading Club
3:00 Balloon/Beach
Volleyball/ Tennis Balloon/
Dance and Music Therapy
4:00 Lets Walk (Aerobic



6:30 Family Feud

(6)
10:00 Snack/ Hydration
10:15 Devotion/Exercise/ Dear
Abby/The Monthly
Gazette/Patio Hour
1:00 Activities in the Binder or
Activities Cart/Music Therapy
1:30 Bridge with Nancy &
Priscilla



2:15 Snack Time & Hydration/ Hand Massage Therapy/ Reminiscence 3:00 July's MAD LIB Story/ Reading and Discussion/Cross Off Word/Word Search Puzzle Cognitive Stimulation



4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 Wheel of Fortune

(7))
10:00 Snack/
Hydration
10:15 Devotion/ Chair
Exercise (DVD)
Mediation (15
Minutes) with soft
music/
Walk



1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time & Hydration/Art Therapy 3:00 Bingo/ UNO (Sorting by numbers and colors)/Connect





4:00 Lets Walk/ Trivia 6:30 Family Feud

10:00 Snack/ Hydration
Destination Stations:
10:15 Devotion/Exercise/ Cross Off the
Word/ Chapman House Skit/Lets Go
Walking Mississippi
1:00 Activities in the Binder or Activities
Cart/Music Therapy
2:15 Snack Time & Hydration/ Spelling
Independence Cognitive Stimulation/TV
Western



3:00 Hand and Nail Care/ Andy Griffith Show 4:00 Lower Limbs Extremities Exercises/

6:30 Wheel of Fortune

Music Therapy/Dice Trivia



(9)
10:00 Snack/
Hydration/Devotion
10:15 NATIONAL
SUGAR COOKIE DAY
(COOKING
SHOW)(Atrium)



1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time & Hydration/ Patio Hour 3:00 Relaxing Foot Care/Soft Music 4:00 Lets Walk (Aerobic Exercise)/ Trivia 6:30 Family Feud



10:00 -11:30
Devotion/ Snack/ Hydration/ Exercise/
Cognitive- Trivia and Table Games
1:00 TV Sports / Rest & Relaxation
2:00 Reminiscence Activity
3:00 Bible Jingo
4:00 Stretching Exercises
7:00 Lawrence Welk Social



(11) 9:00 TV MASS On Unit 9:45 Snack/ Hydration 10:00 Worship Service in the Atrium



10:30 Flexibility Exercise 11:00 Current Event/ Patio 2:00 Movie & Popcorn 4:00 1:1 Therapy (reading, etc.) 6:00 TV Game Shows

(12) 10:00 Snack/ Hydration/ Devotion 10:15 Balloon Volleyball/Music Therapy/ **Tennis Balloon** 

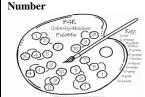


1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time & Hydration/ Rosie the Cyclone (Reading and Discussion 3:00 Large Patio/Fly a Kite/Bubble Machine 4:00 Easy Does It Trivia/Lets Walk (Aerobic Exercise)/ Dice Bowling

6:30 Family Feud

(13) 10:00 Snack/Hydration 10:15 Devotion/ Exercise/

Phrases and Proverbs/ **Backyard Barbeque Item** Locator/ Art Therapy 1:00 Activities in the Binder or **Activities Cart/Music Therapy** 1:30 Bridge with Nancy & Priscilla 2:15 Snack Time/ Paint by



3:00 The Gaither's Musical/ Sing along/ Genesis 44 Bible Discussion



4:00 Upper Limbs Extremities Exercises/Music Therapy/Trivia 6:30 Wheel of Fortune

(14) 10:00 Snacks/Hydration/ Devotion 10:15 Parachute/Kickball and Ball Toss (Atrium)

> 1:00 Activities in the **Binder or Activities** Cart/Music Therapy 2:15 Snack Time/ 24/48 Pieces Jigsaw **Puzzles/Connect Four**



3:00 Bingo (Wing) 4:00 Lets Walk/ Trivia 6:30 Family Feud

(15) 10:00 Snack/Hydration



10:15 Devotion/Exercise/ Summer Olympics Quiz & Paint Categories **Cognitive Stimulation Activities** 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ Magazine Scavenger Hunt



3:00 Hands and Nails Care/ Mediation (15 minutes) with soft music/ Patio Hour and Ice Cream Social 4:00 Lower Limbs Extremities Exercises/ Music Therapy/Dice Trivia 6:30 Wheel of Fortune

(16) 9:45 Devotion/Exercise 10:15 Spiritual Movie and Popcorn



1:00 Activities in the **Binder or Activities** Cart/Music Therapy 2:15 Snack Time/ TV Oldies Hour 3:00 Relaxing Foot Care/Soft Music



4:00 Lets Walk (Aerobic Exercise)/ Trivia 6:30 Family Feud

(17) 10-11:30 Devotion / Snack/ Hydration/ Exercise/ **Cognitive- Trivia and Table Games** 1:00 TV Sports/ Rest & Relaxation 2:00 Reminiscence Activity 3:00 Bible Jingo 4:00 Stretching Exercises



7:00 Lawrence Welk Social





(18) 9:00 TV MASS On Unit 9:45 Snack/ Hydration 10:00 Worship Service in the Atrium

Seek the LORD WHILE HE MAY BE FOUND. 10:30 Flexibility **Exercise/Current** Events

2:00 Movie & Popcorn

4:00 1:1 Therapy

(reading, etc.)

6:00 TV Game

Shows

(19) 10:00 Snack/Hydration 10:15 Devotion/ Chair Exercise (DVD)/Art Therapy/Patio Hour



1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/Word Search Puzzle/Reading Club 3:00 Balloon Volleyball/ Tennis Balloon/ Music therapy/Dance Therapy



4:00 Trivia 6:30 Family Feud

(20)

10:15 Devotion/Fun Fitness with Terry 1:00 Activities in the Binder or **Activities Cart/Music Therapy** 1:30 Bridge with Nancy & Priscilla 2:15 Snack Time/ Hand

10:00 Snack/ Hydration



Massage Therapy

/ Reminiscence/Connect Four/ UNO 3:00 Patio Hour/Dance and Music Therapy/BOMB POP SOCIAL 4:00 Upper Limbs Extremities Exercises/ Music Therapy/Trivia

6:30 Wheel of Fortune

(21) 10:00 Snack/ Hydration 10:15 July's Birthday Party/ July's Birthday Poem/Favorite Songs Sing Along



1:00 Activities in the **Binder or Activities** Cart/Music Therapy 2:15 Snack Time/TV Western 3:00 NATIONAL HOTDOG DAY/BEACH PARTY



4:00 Beach Day Item Locator/ Chair Exercises (DVD)/ Lets Walk/Trivia 6:30 Family Feud

(22) 10:00 Snack/Hydration **Destination Stations:** 

10:15 Devotion/National Park Fitness Trial Exercise/Petal to the Park (Reading and Discussion)/Lets Go Walking Mississippi 1:00 Activities in the Binder or Activities Cart/Music Therapy

2:15 Snack Time/ Music Therapy/TV Western

3:00 Hands and Nails Care/The Andy Griffith Show/National Park Cross Off the **Word Cognitive Stimulation Activity** 4:00 Lower Limbs Extremities Exercises/ Music Therapy/Dice Trivia 6:30 Wheel of Fortune



(23) 10:00 Devotion/Exercise 10:15 NATIONAL WINE AND CHEESE DAY (JULY 25<sup>TH</sup>) 1:00 Activities in the **Binder or Activities** Cart/Music Therapy 2:15 Snack Time/Rest and



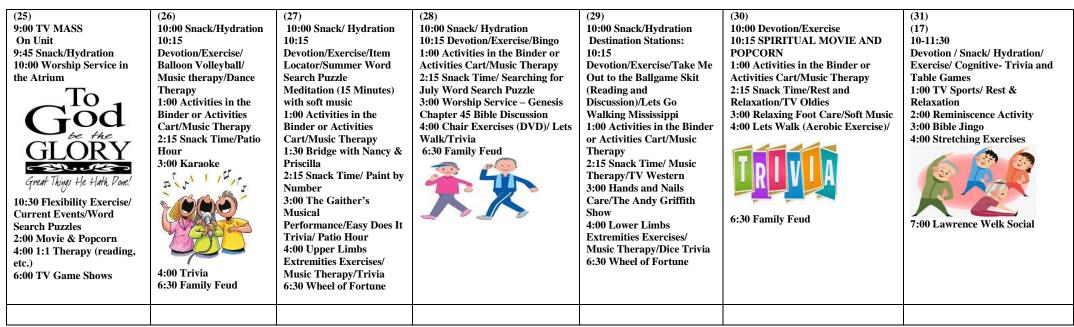
TV Oldies 3:00 Relaxing Foot Care/Soft Music 4:00 Lets Walk (Aerobic Exercise)/



Trivia 6:30 Family Feud (24) 10-10:30 Devotion/ Snack/ Hydration/ Exercise/ **Cognitive- Trivia and Table Games** 1:00 TV Sports/



Rest & Relaxation 2:00 Magazine Scavenger Hunt 3:00 Bingo 4:00 Stretching Exercises 7:00 Lawrence Welk Social



<sup>\*\*\*\*</sup> Our schedule is flexible and subject to change. Therefore, Activities & Outings may occasionally be different than those scheduled. Residents participating in each outing will vary. \*\*\*\*