

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
There are a few CHANGES to the calendar due to the LABOR DAY HOLIDAY please look at September 6th,13th and 27th for changes.			9:00 -Water Aerobics 1 9:30 - Morning Stretch 10:00 - Water Aerobics	9:30 - Low Impact Cardio 2 w/ KLove 12:30 - 1:30 - Book Mobile 2:00 - Ladder Ball 4:00 - Water Walking	9:00 -Water Aerobics 3 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Ping Pong 3:00 - Darts 6:30 - BINGO	4:00 Water Walking
5 10:30 Bible Study	6 Labor Day! No Activities	7 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio w/ KLove 11:00 - Blood Pressure Checks 1:00 - Happy Stitchers 1:00 - Matter of Balance 4:00 - Water Walking	8 9:00 -Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 11:00 - 1:00 - Honey for Sale 2:00 - "Gift of Years"	9 9:30 - Low Impact Cardio w/ KLove 1:00 - History Club (Don Walizer) 2:30 - Ladder Ball 4:00 - Water Walking	10 9:00 -Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 2:00 - Creative Jazz Performance: Tim Stanek 3:00 - Darts 6:30 - BINGO	11 4:00 Water Walking
12 10:30 Bible Study	13 9:00 - Water Aerobics 9:15 - Resident Council Meeting 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - Activity Committee Meeting 1:00 - Movie Matinee: "POMS"	14 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio w/ KLove 11:00 - Blood Pressure Checks 1:00 - Happy Stitchers 1:00 - Matter of Balance 2:00 - Golf 4:00 - Water Walking	15 9:00 -Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 2:00 - Trivia Game Day!	16 9:30 - Low Impact Cardio w/ KLove 12:30 - 1:30 - Book Mobile 1:00 - \$1 Bridge Game 2:00 - Croquet 4:00 - Water Walking	17 9:00 -Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:30 - Keep it Up! 3:00 - Darts 6:30 - BINGO	18 4:00 Water Walking
19 10:30 Bible Study	20 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: "Failure to Launch"	21 8:30 - Yoga DVD 9:30 - Low Impact Cardio w/ KLove 11:00 - Blood Pressure Checks 1:00 - Happy Stitchers 1:00 - Matter of Balance 2:00 - Golf 4:00 - Water Walking	22 9:00 -Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 2:00 - "Gift of Years" *National Ice Cream Cone Day*	23 9:30 - Low Impact Cardio w/ KLove 2:00 - Basic Sign Language Class 2:00 - Croquet 4:00 - Water Walking *National Sign Language Day*	24 9:00 -Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 3:00 - Dart Tournament 6:30 - BINGO	25 4:00 Water Walking
26 10:30 Bible Study	27 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Classic Movie Matinee: "5 Flights Up"	28 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio w/ KLove 11:00 - Blood Pressure Checks 1:00 - Happy Stitchers 2:00 - Golf 4:00 - Water Walking	29 9:00 -Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:30 - Mason Jar Fall Craft	30 9:30 - Low Impact Cardio w/ KLove 1:00 - Opera 2:00 - Croquet 4:00 - Water Walking		