






# 2021 The Hughes Center April's Activities Calendar

| Sunday  | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday  |
|---|---|---|--|---|--|---|
| <p><b>Andy Griffith Show</b> at 8-9:45 am and 2pm daily</p> <p><b>Let's Make A Deal Game Show</b> 2pm daily</p> <p><b>Newspapers-Morning Hours</b></p> <p><b>Happy Birthday to all April's Residents, Family Members, &amp; Employees</b></p> | <p>April is named for the Greek goddess of love, Aphrodite.</p> <p>The name for the month of April originally came for <i>Aprilis</i> which means to open.</p> <p>Small animals that hibernate are usually coming out of their burrows in April. The birds fly back northward and settle down to have their families. The bees and butterflies begin to gather nectar from the first flowers of the season.</p> | <p>April is Humor Month, so laugh it up!</p> <p>The birthstone for April is the diamond.</p> <p>The zodiac signs are Aries (March 21 – April 19) and Taurus (April 20-May 20).</p> <p>The birth flowers for the month of April are the sweet pea and the daisy.</p> |  | <p>(1)</p> <p>10:00 Snack/ Hydration<br/>10:15 Devotion/Exercise<br/>Ball/Easter Eggs Wreath/<br/>Activities Coloring Table<br/>Cloths Art &amp; Craft<br/>1:00 Activities in the Binder or Activities Cart/Music Therapy<br/>2:15 Snack Time &amp; Hydration/<br/>Easter's Art Therapy<br/>Patio/Walk<br/>3:00 Hand and Nail Care/Mediation (15 minutes)<br/>4:30 Lower Limbs Extremities Exercises/ Music Therapy/Dice Trivia<br/>6:30 Wheel of Fortune</p> <div style="text-align: center;">  </div> | <p>(2)</p> <p>10:00 Snack /Hydration<br/>10:15 Devotion/ Exercise/<br/><b>Easter Social/Photos</b><br/>1:00 Activities in the Binder or Activities Cart/Music Therapy<br/>2:00 Snack Time &amp; Hydration/Searching for April Word Search Puzzle<br/>3:00 Easter Egg Hunt on each Hall/Easter Egg Picture Craft<br/>4:00 Relaxing Foot Care<br/>4:30 Lets Walk (Aerobic Exercise, Atrium)/ Trivia<br/>6:30 Family Feud</p> <div style="text-align: center;">  </div> | <p>(3)</p> <p>10:00 -11:30 Devotion/<br/>Snack/Hydration/<br/>Exercise/ Cognitive - Trivia and Table Games<br/>1:00 TV Sports / Rest &amp; Relaxation<br/>2:00 Magazine Scavenger Hunt<br/>4:00 Bingo<br/>4:30 Stretching Exercises<br/>7:00 Lawrence Welk Social</p> |
| <p>(4)</p> <p>9:00 Worship Service on the Television<br/>10:00 Snack Time/Hydration<br/>10:15-11:00 Devotion/ Exercise/ Easter Cards (From</p>  | <p>(5)</p> <p>9:50 Devotion/Exercise<br/>10:00 Snack/Hydration<br/>10:15 Balloon/Beach Volleyball/ Dance and Music Therapy<br/>1:00 Activities in the Binder or Activities Cart/Music Therapy</p>   | <p>(6)</p> <p>10:00 Snack/ Hydration<br/><br/>10:15 Devotion/Exercise</p>   | <p>(7)</p> <p>9:50 Devotion/Exercise<br/>10:00 Snack/ Hydration<br/>10:15 Bible Jingo/Hymns/Fun Games Item Locator/Odd or Even Numbers (Board Games) Connect Four/ Uno (Sorting by numbers and colors)</p> | <p>(8)</p> <p>10:00 Snack/ Hydration<br/>Destination Stations:<br/>10:15 Devotion/Exercise/ Which Word Is Spelled Correctly/ A Meeting of Leon-artists (Reading (Story)/ Sing</p>   | <p>(9)</p> <p>9:50 Devotion/Exercise<br/>10:15 <b>Spring's Fashion Show</b><br/>1:00 Activities in the Binder or Activities Cart/Music Therapy</p>   | <p>(10)</p> <p>10:00 Snack Time/Hydration<br/>10:15-11:00 Devotion/ Exercise/ Reminiscence</p>  |

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| <p>Compassus, Alahna Norton, Volunteer Coordinator)<br/>2:00 Popcorn and TV Oldies<br/>3:00 1:1 Therapy<br/>6:00 Music Therapy</p>             | <p>2:00 Snack Time &amp; Hydration/<br/>April's Cross Off the Word<br/>3:00 April's Shower Mad Lib<br/>Cognitive/Large Picture Painting<br/>4:30 Trivia<br/>6:30 Music Therapy and<br/>Relaxation</p>   | <p>Ball/Meditation (15 Minutes) with soft music/ Dear Abby/<br/>The Monthly Gazette/Patio Hour</p> <p>1:00 Activities in the Binder or Activities Cart/Music Therapy</p> <p>1:30 Bridge with Nancy &amp; Priscilla</p> <p>2:15 Snack Time &amp; Hydration/ Hand Massage Therapy/ Reminiscence/ Word Search Puzzle</p> <p>3:00 Parachute/Kick Ball/ Ball Toss/Music Therapy<br/>4:30 Upper Limbs Extremities Exercises/Music Therapy<br/>6:30 TV Westerns</p> | <p>10:30 Men's Social (Art and Craft Room)<br/>1:00 Activities in the Binder or Activities Cart/Music Therapy<br/>2:15 Snack Time &amp; Hydration/<br/>Art Therapy<br/>3:00 Chair Exercise (DVD)/Walk Outdoors<br/>4:30 1:1 Therapy<br/>6:30 Music Therapy and Relaxation</p>  | <p>Along/ Walk Around the Atrium<br/>1:00 Activities in the Binder or Activities Cart/Music Therapy<br/>2:15 Snack Time &amp; Hydration<br/>3:00 Hand and Nail Care/<br/>Andy Griffith Show<br/>4:30 Lower Limbs Extremities Exercises/ Music Therapy<br/>6:30 TV Westerns</p>   | <p>2:15 Snack Time &amp; Hydration/Missing First Letter Cognitive Stimulation/ TV Oldies Hour<br/>3:00 Relaxing Foot Care<br/>4:30 Lets Walk (Aerobic Exercise)/ Trivia<br/>6:00 Music Therapy and Relaxation</p>  | <p>1:00 Rest and Relaxation<br/>2:00 Popcorn Social<br/>3:00 Bible Story<br/>4:00 Stretching Exercises<br/>6:30 TV Westerns</p>   |
| <p>(11)<br/>9:00 Worship Service on the Television<br/>10:00 Snack Time/Hydration<br/>10:15-11:00 Flexibility Exercise/ Current Events<br/>2:00 Popcorn and TV Oldies/Rest Time<br/>3:00 1:1 Therapy<br/>6:00 Music Therapy</p> | <p>(12)<br/>10:00 Snack/ Hydration<br/>10:15 Devotion/Exercise/<br/>Tissue Cross Craft/ Easy Does It Trivia/ Music Therapy<br/>1:00 Activities in the Binder or Activities Cart/Music Therapy<br/>2:15 Snack Time &amp; Hydration/<br/>April's Word Search Puzzle<br/>3:00 Balloon Volleyball/ Dance and Music Therapy<br/>4:30 1:1 Therapy<br/>6:30 Music Therapy and Relaxation</p> | <p>(13)<br/>9:45 Devotion/<br/>Exercise<br/>10:00 Snack/Hydration<br/>10:15 Wine and Cheese Social<br/>1:00 Activities in the Binder or Activities Cart/Music Therapy</p> <p>1:30 Bridge with Nancy &amp; Priscilla</p>  | <p>(14)<br/>10:00 Snacks/Hydration/<br/>Devotion/Exercise</p> <p>10:15 Plant Vegetables Day (Raise Garden Bed) Horticultural Craft/Patio/Walk<br/>1:00 Activities in the Binder or Activities Cart/Music Therapy</p>  | <p>(15)<br/>10:00 Snack/Hydration/<br/>Devotion/Exercise<br/>10:15 CC's Country Store<br/>1:00 Activities in the Binder or Activities Cart/Music Therapy<br/>2:15 Snack Time/ Magazine Scavenger Hunt<br/>3:00 Hands and Nails Care/<br/>Easy Does It Trivia/This AND That Cognitive Stimulation<br/>4:30 Music Therapy<br/>6:30 TV Westerns</p> | <p>(16)<br/>10:15 Devotion/Exercise/<br/>Ice Cream Cone Social/Patio Hour<br/>1:00 Activities in the Binder or Activities Cart/Music Therapy<br/>2:15 Snack Time/ TV Oldies Hour<br/>3:00 Relaxing Foot Care<br/>4:30 Trivia<br/>6:00 Music Therapy and Relaxation</p> | <p>(17)<br/>10:00 Snack Time/Hydration<br/>10:15-11:00 Devotion/ Exercise/<br/>Reminiscence<br/>1:00 Rest and Relaxation<br/>2:00 Popcorn Social<br/>3:00 Bible Story<br/>4:00 Stretching Exercises</p> |

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|   |   | <p>2:15 Snack Time/<br/>Paint by Number<br/>3:00 The Gaither's<br/>Musical/Cross Off<br/>the Word/ Velvet<br/>Photo's Art &amp; Craft/<br/>4:30 Upper Limbs<br/>Extremities<br/>Exercises/Music<br/>Therapy<br/>6:30 TV Westerns</p>  | <p>2:15 Snack Time/ 24/48 Pieces<br/>Jigsaw Puzzles/Connect Four</p> <p>3:00 Bingo//Favorite Things to<br/>Do Reminiscence<br/>Activity/Patio Hour/Walk<br/>4:30 1:1 Therapy<br/>6:30 Music Therapy and<br/>Relaxation</p>  |  |  | 6:30 TV Westerns   |
| <p>(18)<br/>9:00 Worship Service<br/>on the Television<br/>10:00 Snack<br/>Time/Hydration<br/>10:15-11:00<br/>Flexibility Exercise/<br/>Current Events<br/>2:00 Popcorn and TV<br/>Oldies<br/>3:00 1:1 Therapy<br/>(reading, etc.)<br/>6:00 Music Therapy</p> | <p>(19)<br/>10:00 Snack/Hydration<br/>10:15 Devotion/Exercise/ Balloon<br/>Volleyball/ Music therapy/Dance<br/>Therapy<br/>1:00 Activities in the Binder or<br/>Activities Cart/Music Therapy<br/>2:15 Snack Time/Spring's Art<br/>Therapy<br/>3:00 Jeopardy<br/>4:30 1:1 Therapy<br/>6:30 Music Therapy and<br/>Relaxation</p> | <p>(20)<br/>10:00 Snack/<br/>Hydration<br/>10:15 Devotion/Fun<br/>Fitness with Terry<br/>(Vickie Hightower,<br/>Sitters, LLC)<br/>1:00 Activities in the<br/>Binder or Activities<br/>Cart/Music Therapy</p> <p>1:30 Bridge with<br/>Nancy &amp; Priscilla<br/>2:15 Snack Time/<br/>Hand Massage<br/>Therapy/<br/>Reminiscence<br/>3:00 Ice Cream Cone<br/>Social Patio<br/>Hour/Dance and<br/>Music Therapy<br/>4:30 Upper Limbs<br/>Extremities</p> | <p>(21)<br/>10:00 Snack/ Hydration<br/>10:15 April's Birthday Party<br/>1:00 Activities in the Binder or<br/>Activities Cart/Music Therapy<br/>2:15 Snack Time/ Which Word<br/>Does Not Belong<br/>3:00 Bingo<br/>4:30 1:1 Therapy<br/>6:30 Music Therapy and<br/>Relaxation</p>                               | <p>(22)<br/>10:00 Snack/Hydration<br/>Destination Stations:<br/>10:15 Devotion/Exercise/Cross<br/>Off the Word/ For the Birds<br/>(Reading and Discussion)<br/>Cognitive Stimulation<br/>Activities<br/>1:00 Activities in the Binder or<br/>Activities Cart/Music Therapy<br/>2:15 Snack Time/ Music<br/>Therapy<br/>3:00 Hands and Nails Care/The<br/>Andy Griffith Show/Earth Day<br/>Item Locator/National<br/>Jellybean Day's Poem and<br/>Candy<br/>4:30 Lower Limbs Extremities<br/>Exercises/ Music Therapy<br/>6:30 TV Westerns</p> | <p>(23)<br/>10:00 Devotion/Exercise<br/>10:15 Spiritual Movie and<br/>Popcorn<br/>1:00 Activities in the<br/>Binder or Activities<br/>Cart/Music Therapy<br/>2:15 Snack Time/Rest and<br/>Relaxation/TV Oldies<br/>3:00 Relaxing Foot Care<br/>4:30 Trivia<br/>6:00 Music Therapy and<br/>Relaxation</p> | <p>(24)<br/>10:00 Snack<br/>Time/Hydration<br/>10:15-11:00<br/>Devotion/ Exercise/<br/>Sorting the Cards<br/>(colors and numbers)<br/>1:00 Rest and<br/>Relaxation<br/>2:00 Popcorn Social<br/>3:00 Bible Story<br/>4:00 Stretching<br/>Exercises<br/>6:30 TV Westerns</p> |

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|   |   | Exercises/Music Therapy/ Trivia<br>6:30 TV Westerns   |   | <br>   |   |  |
| <p>(25)<br/>9:00 Worship Service on the Television<br/>10:00 Snack Time/Hydration<br/>10:15-11:00 Flexibility Exercise/ Current Events<br/>2:00 Popcorn and TV Oldies<br/>3:00 1:1 Therapy<br/>6:00 Music Therapy</p> | <p>(26)<br/>10:00 Snack/Hydration<br/>10:15 Devotion/Exercise/Parachute/Kick Ball/ Ball Toss<br/>1:00 Activities in the Binder or Activities Cart/Music Therapy<br/>2:15 Snack Time/Patio Hour<br/>(National Pretzel Day)<br/>3:00 Talk Ball Therapy/Three of a Kind<br/>4:30 1:1 Therapy<br/>6:30 Music Therapy and Relaxation</p> | <p>(27)<br/>10:00 Snack/ Hydration<br/>10:15 Devotion/Exercise/ Bible Trivia/ Bible Art<br/>Therapy/Meditation (15 Minutes) with soft music<br/>1:00 Activities in the Binder or Activities Cart/Music Therapy<br/><br/>1:30 Bridge with Nancy &amp; Priscilla<br/>2:15 Snack Time/ Paint by Number<br/>3:00 The Gaither's Musical Performance (DVD/Cross Off the</p> | <p>(28)<br/>10:00 Snack/ Hydration<br/>10:15 Devotion/Exercise/Bingo<br/>1:00 Activities in the Binder or Activities Cart/Music Therapy<br/>2:15 Snack Time/ Rest and Relaxation<br/>2-3:30 Art and Mind Program<br/>3:00 Worship Service – Genesis Chapter 41<br/>4:30 1:1 Therapy<br/>6:30 Music Therapy and Relaxation</p> | <p>(29)<br/>9:30 Snack/Hydration/Devotion<br/>10:00 Bible Jingo<br/>1:00 Activities in the Binder or Activities Cart/Music Therapy<br/>2:15 Snack Time/ Music Therapy<br/>3:00 Hands and Nails Care/Meditation (15 Minutes) with soft music<br/>4:00 Hands and Nails Care/Meditation (15 Minutes)<br/>4:30 Lower Limbs Extremities Exercises/ Music Therapy<br/>6:30 TV Westerns</p> | <p>(30)<br/>9:50 Devotion/Exercise<br/>10:00 Snacks/Hydration<br/>10:15 Spiritual Movie &amp; Popcorn/Patio Hour<br/>1:00 Activities in the Binder or Activities Cart/Music Therapy<br/>2:15 Snack Time/Rest and Relaxation/TV Oldies<br/>3:00 Relaxing Foot Care<br/>4:30 Trivia<br/>6:00 Music Therapy and Relaxation</p> |  |

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|  |  | <b>Word/ Patio Hour/<br/> Ice Sandwich<br/> Social/Music Therapy<br/> 4:30 Upper Limbs<br/> Extremities<br/> Exercises/Music<br/> Therapy/ Trivia<br/> 6:30 TV Westerns</b> |  |  |  |  |
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**\*\*\* Our schedule is flexible and subject to change. Therefore, activities may occasionally be different than those scheduled.**