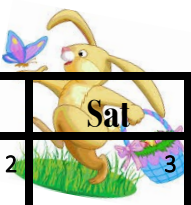











April 2021 Activity Calendar



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				9:00 - Coffee with Lisa 1 10:00 - Coffee with Lisa 12:30 - 1:30 - Book Mobile 2:00 - A Book Review 4:00 - Water Walking 	4:00 - Happy Hour 2 6:30 - BINGO 	 3 4:00 Water Walking
4 10:30 Bible Study 	5 9:00 - Water Aerobics 9:15 - Resident Council Meeting 9:30 - Morning Stretch 10:00 - Group Exercise 10:00 - Water Aerobics 1:00 - Movie Matinee: "The Shack"	6 *8:30 - Yoga with Lee 11:00 - Blood Pressure Checks 1:00 - Happy Stickers 4:00 - Water Walking	7 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Group Exercise 10:00 - Water Aerobics 1:00 - Hand and Foot	8 9:30 - Low Impact Cardio w/ KLove 1:00 - History Club 2:30 - Ladder Ball 4:00 - Water Walking	9 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Wii Bowling 2:30 - Ping Pong 4:00 - Happy Hour 6:30 - BINGO	10 4:00 Water Walking
11 10:30 Bible Study	12 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Group Exercise 10:00 - Water Aerobics 10:45 - Activity Committee Meeting 1:00 - Movie Matinee: "Greece"	13 *8:30 - Yoga with Lee 11:00 - Blood Pressure Checks 2:00 - Guest Speaker: Averyelle Keelser 4:00 - Water Walking	14 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Group Exercise 10:00 - Water Aerobics 1:00 - Hand and Foot	15 9:30 - Low Impact Cardio w/ KLove 12:30 - 1:30 - Book Mobile 3:00 - A Book Review 4:00 - Water Walking	16 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Group Exercise 10:00 - Water Aerobics 1:00 - Wii Bowling 4:00 - Happy Hour 6:30 - BINGO	17 4:00 Water Walking
18 10:30 Bible Study	19 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Group Exercise 10:00 - Water Aerobics 1:00 - Movie Matinee: "The Blind Side"	20 *8:30 - Yoga with Lee 11:00 - Blood Pressure Checks 1:00 - Happy Stickers 4:00 - Water Walking	21 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Group Exercise 10:00 - Water Aerobics 1:00 - Hand and Foot	22 10:00 - Guest Speaker: Beth Ann Fennelly 1:00 - \$1 Bridge Game 4:00 - Water Walking	23 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Group Exercise 10:00 - Water Aerobics 2:00 - Creative Jazz Performance: Tim Stanek 4:00 - Happy Hour 6:30 - BINGO	24 4:00 Water Walking
25 10:30 Bible Study	26 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Group Exercise 10:00 - Water Aerobics 1:00 - Movie Matinee: "Lillies of the Field"	27 *8:30 - Yoga with Lee 11:00 - Blood Pressure Checks 1:00 - Happy Stickers 4:00 - Water Walking	28 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Group Exercise 10:00 - Water Aerobics 3:00 - Music and the Mind: Tim Coker	29 9:30 - Low Impact Cardio w/ KLove 1:00 - Opera 4:00 - Water Walking	30 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Group Exercise 10:00 - Water Aerobics 1:00 - Wii Bowling 2:30 - Affirmations Group 4:00 - Happy Hour 6:30 - BINGO	