




# Activity

# April 2022

# Calendar

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					<p>Activity Office Phone Number: (601) 856-0130 or (601) 856-0134</p>	
					<p>9:00a - Water Aerobics <b>1</b> 9:30a - Morning Stretch 10:00a - Water Aerobics 1:30p - <b>Rummikub Game</b> 1:30p - <b>Ping Pong</b> 3:00p - <b>Croquet</b> 4:00p - Happy Hour (Cyber Café) 6:30p - Bingo</p>	<p><b>2</b> 4:00p Water Walking</p>
<p><b>3</b> 10:30a Bible Study</p>	<p><b>4</b> 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - <b>Movie Matinee - "Smokey and the Bandit"</b> 3:00p - <b>Getting to Know You : Cecilia Douglas &amp; Cille &amp; Jerry Horner</b></p>	<p><b>5</b> 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/ KLove 10:00a -11:00a - BP Checks 10:30a - <b>Veterans Club</b> 1:00p - Happy Stitchers 1:30p - <b>Wii Bowling</b> 2:30p - <b>Wii Bowling</b> 4:00p - Water Walking</p>	<p><b>6</b> 9:00a - Water Aerobics 9:30a - Morning Stretch 10:15a - <b>Walk Around the Lake</b> 10:00a - Water Aerobics 2:00p - <b>Book Club</b>  "National Walking Day"</p>	<p><b>7</b> 10:00a - <b>Coffee with Lisa</b> 12:30a - 1:30p - <b>Book Mobile</b> 1:00p - <b>Hope Carr Watercolor Paint Class</b> 4:00p - Water Walking  *Low Impact Cardio w/ KLove Cancelled</p>	<p><b>8</b> 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - <b>Easter Egg Wreath Craft</b> 1:30p - <b>Rummikub Game</b> 3:00p - <b>Croquet</b> 4:00p - Happy Hour (Cyber Café) 6:30p - Bingo</p>	<p><b>9</b> 4:00p Water Walking 7:30p <b>Bus to Thaila Mara Hall</b> </p>
<p><b>10</b> 10:30a Bible Study</p>	<p><b>11</b> 9:00a - Water Aerobics 9:15a - <b>Resident Council Meeting</b> 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - <b>Activity Committee Meeting</b> 1:00p - <b>Movie Matinee - "Stepmom"</b></p>	<p><b>12</b> 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/KLove 10:00a -11:00a - BP Checks 1:00p - Happy Stitchers 1:30p - <b>Wii Bowling</b> 2:30p - <b>Wii Bowling</b> 4:00p - Water Walking 5:00p - <b>Dinner Out:  Half Shell Oyster House</b></p>	<p><b>13</b> 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - <b>Nourish Your Noggin: Healthy Living for the Brain and Body Presentation</b> 11:00a - 1:00p - <b>Honey for Sale</b> 1:00p - <b>Hope Carr Watercolor Paint Class</b></p>	<p><b>14</b> 9:30a - Low Impact Cardio w/ KLove 10:30a - <b>Virtual Tour of Italy Cities: Episode 1</b> 1:00p - <b>History Club (David Vanlandingham)</b> 2:30p - <b>Ladder Ball</b> 4:00p - Water Walking</p>	<p><b>15</b> 9:00a - Water Aerobics 10:00a - Water Aerobics 3:00p - <b>Croquet</b> 4:00p - Happy Hour (Cyber Café) 6:30p - Bingo <b>GOOD FRIDAY HOLIDAY!</b> (No Activities in Activity Room)</p>	<p><b>16</b> 4:00p Water Walking</p>
<p><b>17</b> 10:30a Bible Study</p>	<p><b>18</b> 9:00a - Water Walking 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - <b>Presentation on Parkinson's Disease</b> 1:00p - <b>Movie Matinee - "The Ice Road"</b></p>	<p><b>19</b> 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/KLove 10:00a -11:00a - BP Checks 10:30a - <b>Plinko: Price Is Right Game</b> 1:00p - Happy Stitchers 1:30p - <b>Wii Bowling</b> 2:30p - <b>Wii Bowling</b> 4:00p - Water Walking</p>	<p><b>20</b> 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - <b>Nutrition Talk: Emily Barnette</b> 2:00p - <b>Book Club</b></p>	<p><b>21</b> 9:30a - Low Impact Cardio w/ KLove 10:30a - <b>Virtual Tour of Italy Cities: Episode 2</b> 2:00p - <b>Mind Center: "Ways to Promote Brain Health and Healthy Aging"</b> 4:00p - Water Walking</p>	<p><b>22</b> 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - <b>\$1 Bridge Game</b> 3:00p - <b>Croquet</b> 4:00p - Happy Hour (Cyber Café) 6:30p - Bingo</p>	<p><b>23</b> 4:00p Water Walking</p>
<p><b>24</b> 10:30a Bible Study</p>	<p><b>25</b> 9:00a - Water Walking 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - <b>Movie Matinee - "Funny Girl"</b></p>	<p><b>26</b> 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/KLove 10:00a - 11:00a - BP Checks 1:00p - Happy Stitchers 1:30p - <b>Wii Bowling</b> 2:30p - <b>Wii Bowling</b> 4:00p - Water Walking</p>	<p><b>27</b> 9:30a - Morning Stretch 10:30a - <b>Cello Performance: Elektrik Geriatrik</b> 9:00a - Water Aerobics 10:00a - Water Aerobics 1:00p - <b>Hope Carr Watercolor Paint Class</b> 4:00p - <b>Current Events Meeting</b></p>	<p><b>28</b> 9:30a - Low Impact Cardio w/ KLove 2:00p - <b>Wine Tasting Demo w/ Chef Rodney</b> 4:00p - Water Walking</p>	<p><b>29</b> 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - <b>What's New in Ophthalmology?</b> 1:30p - <b>Resident Show &amp; Tell</b> 3:00p - <b>Croquet</b> 4:00p - Happy Hour (Cyber Cafe) 6:30p - Bingo</p>	<p><b>30</b></p>