

# Activity *April* 2023 Calendar

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
 <p style="text-align: center;"><b>Church Services</b></p> <p><b>Catholic Service:</b> Monday - Friday 8:30am/Sunday 9:00am (Chapel)</p> <p><b>Methodist Service:</b> Every Tuesday 4:00pm (Chapel)</p> <p><b>Episcopal Service:</b> Every Wednesday 4:00pm (Chapel)</p> <p><b>Protestant Service:</b> Every Sunday 10:30am (Activity Room)</p>						<p style="text-align: right;"><b>1</b></p> <p>4:00p Water Walking 7:30p - <b>BRAVO V: Symphony</b></p> 
<p><b>2</b></p> <p>10:30a Protestant Service</p> <p>4:00p - Lent Bible Study</p>	<p><b>3</b></p> <p>9:00a - Water Aerobics</p> <p>9:15a - Resident Council Meeting</p> <p>9:30a - Morning Stretch</p> <p>10:00a - Water Aerobics</p> <p>1:00p - Movie Matinee - "Hanging Up"</p>	<p><b>4</b></p> <p>8:30a - Yoga w/ Lee</p> <p>9:30a - Low Impact Cardio w/ KLove</p> <p>10:00a - 11:00a - BP Checks</p> <p>10:30a - Hymn Sing-a-long</p> <p>1:00p - Happy Stickers</p> <p>1:30p - Wii Bowling</p> <p>2:30p - Wii Bowling</p> <p>4:00p - Water Walking</p>	<p><b>5</b></p> <p>9:00a - Water Aerobics</p> <p>9:30a - Morning Stretch</p> <p>9:30a - Origin Bank</p> <p>10:00a - National Walking Day: Walk Around the Lake</p> <p>10:00a - Water Aerobics</p> <p>10:30a - Veterans Club: Guest Speaker - Ray Clary</p>	<p><b>6</b></p> <p>10:00a - Coffee with Lisa</p> <p>1:00p - Hope Carr</p> <p>Watercolor Paint Class</p> <p>2:30p - 3:30p- Book Mobile</p> <p>4:00p - Water Walking</p> <p>*Low Impact Cardio w/ KLove Cancelled</p>	<p><b>7</b></p>  <p>Activity Coordinators OFF</p> <p>4:00p - Happy Hour (Cyber Café)</p> <p>6:30p - Bingo</p>	<p><b>8</b></p> <p>4:00p Water Walking</p>
<p><b>9</b></p> <p>10:30a Protestant Service</p> <p>Happy Easter!</p> 	<p><b>10</b></p> <p>9:00a - Water Aerobics</p> <p>9:30a - Morning Stretch</p> <p>10:00a - Water Aerobics</p> <p>10:30a - Activity Committee Meeting</p> <p>1:00p - Movie Matinee - "The Iron Lady"</p>	<p><b>11</b></p> <p>8:30a - Yoga w/ Lee</p> <p>9:30a - Low Impact Cardio w/KLove</p> <p>10:00a - Yoga DVD</p> <p>10:00a - 11:00a - BP Checks</p> <p>1:00p - Happy Stickers</p> <p>1:30p - Wii Bowling</p> <p>2:30p - Wii Bowling</p> <p>4:00p - Water Walking</p> <p>5:00p - Dinner Out: "Vasilios" </p>	<p><b>12</b></p> <p>9:00a - Water Aerobics</p> <p>9:30a - Morning Stretch</p> <p>10:00a - Water Aerobics</p> <p>10:30a - Community Outreach Presentation (Michael Guest)</p> <p>11:00a - 1:00p - Honey for Sale</p> <p>1:00p - Hope Carr</p> <p>Watercolor Paint Class</p>	<p><b>13</b></p> <p>9:30a - Low Impact Cardio w/ KLove</p> <p>1:00p - History Club (George Kirkpatrick)</p> <p>3:00p- Snack &amp; Learn: Women's Health Issues with Lauren Blakeney- NP</p> <p>4:00p - Water Walking</p>	<p><b>14</b></p> <p>9:00a - Water Aerobics</p> <p>9:00a - Morning Stretch (Notice Time Change)</p> <p>10:00a - Water Aerobics</p> <p>10:30a - Fall Prevention Presentation</p> <p>1:00p - Bridge Game</p> <p>4:00p - Happy Hour (Cyber Café)</p> <p>6:30p - Bingo</p>	<p><b>15</b></p> <p>4:00p Water Walking</p>
<p><b>16</b></p> <p>10:30a Protestant Service</p>	<p><b>17</b></p> <p>9:00a - Water Walking</p> <p>9:30a - Morning Stretch</p> <p>10:00a - Water Aerobics</p> <p>1:00p - Classic Movie Matinee: "Casablanca"</p> <p>*Last Day to sign up for Laurel Trip</p>	<p><b>18</b></p> <p>8:30a - Yoga w/ Lee</p> <p>9:30a - Low Impact Cardio w/KLove</p> <p>10:00a - Tai Chi Exercise</p> <p>10:00a - 11:00a - BP Checks</p> <p>1:00p - Happy Stickers</p> <p>1:30p - Wii Bowling</p> <p>2:30p - Wii Bowling</p> <p>4:00p - Water Walking</p>	<p><b>19</b></p> <p>9:00a - Water Aerobics</p> <p>9:30a - Morning Stretch</p> <p>9:30a - Origin Bank</p> <p>10:00a - Water Aerobics</p> <p>10:30a - Virtual Tour: England &amp; Wales</p> <p>1:30p - Arts &amp; Crafts</p> <p>7:30p - New Stage: FENCES</p>	<p><b>20</b></p> <p>9:30a - Low Impact Cardio w/ KLove</p> <p>12:30a - 1:30p - Book Mobile</p> <p>1:30p - Parkinson's Disease Education Presentation</p> <p>4:00p - Water Walking</p>	<p><b>21</b></p> <p>9:00a - Water Aerobics</p> <p>9:30a - Morning Stretch</p> <p>10:00a - Water Aerobics</p> <p>11:00a - Lunch Bunch: Red 8 Kitchen </p> <p>4:00p - Happy Hour (Cyber Café)</p> <p>6:30p - Bingo</p>	<p><b>22</b></p> <p>4:00p Water Walking</p> <p>7:30p - <b>Symphony</b></p> 
<p><b>23/30</b></p> <p>10:30a Protestant Service</p>	<p><b>24</b></p> <p>9:00a - Water Walking</p> <p>9:30a - Morning Stretch</p> <p>10:00a - Water Aerobics</p> <p>1:00p - Movie Matinee: "The Hours"</p>	<p><b>25</b></p> <p>8:30a - Yoga w/ Lee</p> <p>9:30a - Low Impact Cardio w/KLove</p> <p>10:00a - 11:00a - BP Checks</p> <p>1:00p - Happy Stickers</p> <p>1:30p - Wii Bowling</p> <p>2:30p - Wii Bowling</p> <p>4:00p - Water Walking</p> <p>Laurel Day Trip</p>	<p><b>26</b></p> <p>9:00a - Water Aerobics</p> <p>9:30a - Morning Stretch</p> <p>10:00a - Water Aerobics</p> <p>10:30a - Virtual Tour: Ireland and Scotland</p> <p>1:30p - Heart Disease Tips and Updates: Dr. Brett Bennett</p>	<p><b>27</b></p> <p>9:30a - Low Impact Cardio w/ KLove</p> <p>10:30a - Tim Ruth Performs</p> <p>4:00p - Water Walking</p> <p>2:00p - Ladder Ball</p>	<p><b>28</b></p> <p>9:00a - Water Aerobics</p> <p>9:30a - Morning Stretch</p> <p>10:00a - Water Aerobics</p> <p>10:00a - Spring Fling </p> <p>First Baptist Jackson</p> <p>4:00p - Happy Hour (Cyber Café)</p> <p>6:30p - Bingo</p>	<p><b>29</b></p> <p>4:00p Water Walking</p>