

Activity



Calendar

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		10:00 - Coffee w/ Lisa 1 11:00 - BP Checks 1:00 - Happy Stitchers 1:30 - Wii Bowling 2:30 - Wii Bowling 3:00 - Men's Bible Study (Dogwood Room) 4:00 - Water Walking	8:00- Morning Coffee 2 9:00- Water Aerobics 9:30 - National Walking Day: Walk Around the Lake 10:00 - Water Aerobics 10:30 - Virtual Tour of France 1:00 - Hand and Foot 3:00 - Wednesday Bible Study	8:00 - Morning Coffee 3 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio w/ KLove 10:30 - Conversations with SCV Library 2:30 - Joyful Noise: Fabulous 50s Performance 4:00p - Water Walking	8:00 -Morning Coffee 4 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - Total Pain Care: Dr. Tyler Burns 11:00 - Lunch Bunch: Shuckers Oyster Bar 3:00 - Stations of the Cross 4:00 - Happy Hour 6:30- Bingo	5 4:00 Water Walking
6 10:30 Protestant Service 3:00 Lent Bible Study 2:00 New Stage	7 9:00 - Water Aerobics 9:15 - Resident Council Meeting 10:00- Water Aerobics Closet Sale Set up	8 10:00–11:00- BP Checks 1:00- Happy Stitchers 3:00 - Men's Bible Study (Dogwood Room) 4:00- Water Walking 5:00 - Dinner Out: Walker's Drive - in Closet Sale Set up	9 9:00- Water Aerobics 10:00 - Origin Bank 10:00 - Water Aerobics 11:00- Honey for Sale Closet Sale Set up	10 8:00 - 1:00 Closet Sale Day 4:00p - Water Walking	11 8:00- Morning Coffee 9:00- Water Aerobics 10:00 - Water Aerobics 2:00 - Trail Mix Bar 3:00 - Stations of the Cross 4:00 - Happy Hour 6:30 - Bingo NO MORNING STRETCH	12 4:00 Water Walking 7:30 Symphony
13 10:30 Protestant Service 3:00 Palm Sunday: Lent Bible Study	8:00 - Morning Coffee 14 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - Activity Committee Meeting . 2:00 - Easter Sing-along and Soloists 4:00 - Current Eventz Meeting	8:00 - Morning Coffee 15 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio w/ KLove 10:00-11:00 - BP Checks 1:00 - Happy Stitchers 1:30 - Wii Bowling 3:00 - Men's Bible Study (Dogwood Room) 4:00- Water Walking	8:00- Morning Coffee 16 9:00- Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - Virtual Tour of France 1:00 - Hand and Foot 3:00 - Wednesday Bible Study	8:00 - Morning Coffee 17 9:30 - Low Impact Cardio w/ KLove 1:00 - History Club (George Kirkpatrick) 2:00 - 3:00 - Book Mobile 2:30 - Ping Pong 4:00 - Water Walking	18 Activity Coordinators OFF 	19 4:00 Water Walking
20 10:30 Protestant Service	8:00 - Morning Coffee 21 9:00 - Water Walking 9:30- Morning Stretch 10:00 - Water Aerobics 1:00- Movie Matinee: Regarding Henry	8:00 -Morning Coffee 22 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio w/KLove 10:00 –11:00 - BP Checks 1:00 - Happy Stitchers 1:30 - Wii Bowling 2:30 - Wii Bowling 3:00 - Men's Bible Study (Dogwood Room) 4:00 - Water Walking	8:00 - Morning Coffee 23 9:00- Water Aerobics 9:30- Morning Stretch 10:00 - Origin Bank 10:00 - Water Aerobics 10:30 - Care and Handling of Flowers Presentation 1:00 -Hand and Foot 3:00 - Wednesday Bible Study	8:00 - Morning Coffee 24 9:30 - Low Impact Cardio w/ KLove 2:00 - Arts and Crafts 4:00 - Water Walking	8:00 -Morning Coffee 25 9:00- Water Aerobics 9:30 - Morning Stretch 2:00 - Jerry Jardine Musical Performance 4:00 - Happy Hour 6:30 - Bingo	26 4:00 Water Walking
27 10:30 Protestant Service	8:00 - Morning Coffee 28 9:00 - Water Walking 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: Book Club	8:00-Morning Coffee 29 8:30 - Yoga w/ Lee 9:30- Low Impact Cardio w/KLove 10:00 - 11:00 - BP Checks 10:30 - Peripheral Artery Disease Presentation 1:00- Happy Stitchers 1:30 - Wii Bowling 2:30 - Wii Bowling 3:00 - Men's Bible Study (Dogwood Room) 4:00 - Water Walking	8:00 - Morning Coffee 30 9:00- Water Aerobics 9:30- Morning Stretch 10:00- Water Aerobics 10:30– Virtual Tour of France 1:00-Hand and Foot 3:00 - Wednesday Bible Study	Church Services Catholic Service: Monday - Friday 8:30am/Sunday 9:00am (Chapel) Methodist Service: Every Tuesday 4:00pm (Chapel) Episcopal Service: Every Wednesday 4:00pm (Chapel) Protestant Service: Every Sunday 10:30am (Activity Room)		