



AUGUST 2022

Activity Calendar



SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	9:00a - Water Aerobics 9:15a - Resident Council Meeting 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee: " Larry Crowne" 3:00p - Getting to Know You Trudy Lipscomb	8:30a - Yoga w/ Lee 9:30a—Low Impact Cardio w/Klove 10:00a - 11:00a - BP Checks 10:30a - Veterans Club 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Wii Bowling	9:00a - Water Aerobics 9:30a—Morning Stretch 10:00a - Water Aerobics 2:00p - Book Club	10:00a - Coffee w/ Lisa 12:30p-1:30p - Book Mobile 1:00p - Hope Carr Watercolor Paint Class	9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 11:00a - Lunch Bunch: "Georgia Blue" 1:30p - Rummikub 2:30p - Ping Pong 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	4:00p Water Walking
7 10:30a Bible Study	8 9:00a - Water Aerobics 9:00a - Chicken & Waffles Breakfast 10:00a - Water Aerobics 10:30a - Activity Committee Meeting 1:00p - Movie Matinee: " Top Hat" (Classic Black & White Film)	9 8:30a - Yoga w/ Lee 9:30a—Low Impact Cardio w/Klove 10:00a - 11:00a - BP Checks 10:30a - Iphone Cellphone Education Class #1 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking 5:00p - Dinner Out: "Elaggi"s"	10 9:00a - Water Aerobics 9:30a—Morning Stretch 9:30a— Origin Bank 10:30a - 11:30a - Resident Active Shooter Training Class 10:00a - Water Aerobics 1:00p - Hope Carr Watercolor Paint Class	11 9:30a- Low Impact Cardio w/Klove 10:30a - Virtual Tour of the Cities in Spain 1:00p - History Club (George Kirkpatrick) 2:30p - Ladder Ball 4:00p - Water Walking	12 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Iphone Cellphone Education Class #2 1:30p - Rummikub 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	13 4:00p Water Walking
14 10:30a Bible Study	15 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee: " Facing the Giants"	16 8:30a - Yoga w/ Lee 9:30a—Low Impact Cardio w/Klove 10:00a - 11:00a - BP Checks 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking National Tell a Joke Day!	17 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Arts and Crafts 2:00p - Book Club	18 10:00a— Performance by "The Sassy Stepper" 11:00a— "Hot Diggity Dog" World Senior Citizens Day Celebration 12:30p-1:30p - Book Mobile 2:30p - Corn Hole 4:00p - Water Walking World Senior Citizens Day!	19 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p— \$1 Bridge Game 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	20 4:00p Water Walking
21 10:30a Bible Study	22 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee: " Jack Reacher"	23 8:30a - Yoga w/ Lee 9:30a—Low Impact Cardio w/Klove 10:00a - 11:00a - BP Checks 10:30a - Android Cellphone Education Class #1 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking	24 9:00a - Water Aerobics 9:30a - Morning Stretch 9:30a— Origin Bank 10:00a - Water Aerobics 1:00p - Hope Carr Watercolor Paint Class	25 9:00a - Low Impact Cardio w/ Klove 10:30a - Virtual Tour of the Cities in Spain 2:00p - Wine Tasting Demo w/ Chef Rodney	26 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Android Cellphone Education Class #2 1:30p - Resident Show & Tell 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	27 4:00p Water Walking
28 10:30a Bible Study	29 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Opera: The Three Tenors (Concert in Rome, 1990s)	30 8:30a - Yoga w/ Lee 9:30a—Low Impact Cardio w/Klove 10:00a - 11:00a - BP Checks 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking	31 9:00a - Water Aerobics 9:30a—Morning Stretch 10:00a - Water Aerobics 1:00p - Hope Carr Watercolor Paint Class			

CHURCH SERVICES

Catholic Service: Monday - Friday 8:30am/Sunday 9:00am

United Methodist Service: Tuesdays 4:00pm

Episcopal Service: Every Wednesday 4:00pm