



August 2024



Activity Calendar

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	
	Church Services Catholic Service: Monday - Friday 8:30am/Sunday 9:00am(Chapel) United Methodist Service: Tuesdays 4:00pm (Chapel) Episcopal Service: Every Wednesday 4:00pm (Chapel) Protestant Service: Every Sunday 10:30am (Activity Room)				¹ 9:30a - Low Impact Cardio w/ KLove 2:30p - REFLECTIONS GROUP 4:00 - Water Walking	² 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 11:00a - LUNCH BUNCH: Local 463 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	³ 4:00p Water Walking
⁴ 10:30a Protestant Service	⁵ 9:00a - Water Aerobics 9:15a - RESIDENT COUNCIL MEETING 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee: An Affair to Remember	⁶ 10:00a - COFFEE W/ LISA 11:00a - BP Checks 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking	⁷ 9:00a - Water Aerobics 9:30a- Morning Stretch 9:30a- Catholic Inquiry Class (Dogwood Room) 10:00a - Water Aerobics 10:30a - Virtual Tour: Germany, Benelux & More 1:00p - Hand and Foot 3:00p - Wednesday Bible Study	⁸ 8:00a - Yoga w/ Lee 9:30a- Low Impact Cardio w/Klove 1:00p - HISTORY CLUB 2:30p - WATERMELON SOCIAL 4:00p - Water Walking	⁹ 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Ping Pong 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	¹⁰ 4:00p Water Walking	
¹¹ 10:30a Protestant Service	¹² CLOSET SALE SET-UP	¹³ CLOSET SALE SET-UP 5:00p - DINNER OUT: Martin's at Livingston	¹⁴ CLOSET SALE SET-UP 9:00a- Water Aerobics 9:30a- Catholic Inquiry Class (Dogwood Room) 10:00a - Water Aerobics 10:00a - Origin Bank	¹⁵ CLOSET SALE DAY 8:00a - 1:00p	¹⁶ 9:00a - Water Aerobics 10:00a - Water Aerobics 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo (TBD)	¹⁷ 3:00p MS Symphonic Band 4:00p Water Walking	
¹⁸ 10:30a Protestant Service	¹⁹ 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - ACTIVITY COMMITTEE MEETING 1:00p - Movie Matinee: To Catch a Thief	²⁰ 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/Klove 10:00a - 11:00a - BP Checks 10:30a - PRESCRIPTION DRUG FRUAD PRESENTATION 1:00p - Happy Stitchers 2:00p - WORLD SENIOR CITIZENS DAY CELEBRATION 4:00p - Water Walking	²¹ 9:00a - Water Aerobics 9:30a - Morning Stretch 9:30a- Catholic Inquiry Class (Dogwood Room) 10:00a - Water Aerobics 10:30a - Virtual Tour: Germany, Benelux & More 1:00p - Hand and Foot 2:30p - World Senior Citizens Day Sweet Treat 3:00p - Wednesday Bible Study WORLD SENIOR CITIZENS DAY	²² 9:30a - Low Impact Cardio w/ Klove 2:30p - HISTORY OF GREENWOOD CEMETERY PRESENTATION 4:00p - Water Walking	²³ 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p- \$1 Bridge Game 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	²⁴ 4:00p Water Walking	
²⁵ 10:30a Protestant Service	²⁶ 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee: Arsenic and Old Lace 4:00p - Current Events Meeting	²⁷ 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/Klove 10:00a - 11:00a - BP Checks 1:00p - Happy Stitchers 1:00p - Trip to MS Museum of Art: Tour What Became of Dr. Smith 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking	²⁸ 9:00a - Water Aerobics 9:30a- Morning Stretch 9:30a- Catholic Inquiry Class (Dogwood Room) 10:00a - Water Aerobics 10:00a - Origin Bank 10:30a - Virtual Tour: Austria & Alps 1:00p - Hand and Foot 3:00p - Wednesday Bible Study	²⁹ 9:00a - Low Impact Cardio w/ Klove 2:00p - Cornhole 3:00p - Popcorn Snack 4:00p - Water Walking	³⁰ 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	³¹ 4:00p Water Walking	