

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>NOVEMBER=Latin novem (9). It was 9th Roman Calendar month until January & February were added.</p> <p>BIRTHSTONE=Topaz (faithfulness)</p> <p>FLOWER = Chrysanthemum</p> <p>COLORS OF MONTH are Red & Dark Blue</p>	<p>1</p> <p>10:00 – Monthly Gazette & November Trivia</p> <p>2:00 – Art Therapy</p> <p>3:00 – My 2-Cents Game</p> <p>4:30 – Upper Extremities Exercise &/or Let's Go Walking</p>	<p>2</p> <p>10:00 (Hughes) – Fall Wreath Craft 10:00 (Campbell) – Bingo</p> <p>1:30 – Bridge Card Game</p> <p>2:00 – Art Therapy</p> <p>3:00 – Rock Painting</p> <p>4:30 – Let's Walk / Patio Time</p>	<p>3</p> <p>10:00 (Magnolia) Gardening 10:00 (Azalea) Ladder Ball / Trivia</p> <p>2:00 – Art Therapy</p> <p>3:00 – National Candy Day Social</p> <p>4:00 – Lower Limb Exercise / Trivia</p> <p>**Supper: Grilled Cheese Sandwich with Tomato Soup / Reminisce**</p>	<p>4</p> <p>10:00 – Fall Craft</p> <p>2:00 – Art Therapy</p> <p>3:00 – Hand & Nail Care</p> <p>4:00 – Let's Walk / Trivia</p>	<p>5</p> <p>10:00 – National Do-Nut Day Social 11:00 – (Atrium) Musical DVD</p> <p>2:00 – Art Therapy</p> <p>3:00 – Footcare / Hand Massage & Gaither's Musical DVD</p> <p>4:00 – Upper Extremities Exercise & Let's Go Walking</p>	<p>6</p> <p>10:00 – Trivia & Table Games</p> <p>2:00 – Art Therapy</p> <p>3:00 – Reminiscence Ball</p> <p>4:00 – Let's Go Walking & Patio Time</p> <p>Turn clocks back 1 hour at bedtime.</p> <p>Sadie Hawkins Day</p>
<p>7</p> <p>10:00 – (Atrium) Worship Service</p> <p>2:00 – Spiritual Movie & Popcorn</p> <p>4:00 – Flexibility Exercise & Current Events</p> <p>National Billy Graham Day Daylight Saving Time Ends</p>	<p>8</p> <p>10:00 – Destination Stations & Trivia</p> <p>2:00 – Art Therapy</p> <p>3:00 – Gaither's Musical Performance</p> <p>4:00 – Lower Extremities Exercise & Trivia</p>	<p>9</p> <p>10:00 – Destination Stations & Trivia</p> <p>12 n -- National Chicken Sandwich Day</p> <p>1:30 – Bridge Card Game</p> <p>2:00 – Art Therapy</p> <p>3:00 – Ladder Ball</p> <p>4:00 – Let's Walk / Patio Time</p>	<p>10</p> <p>10:00 – Fall Fashion Show</p> <p>2:00 – Art Therapy</p> <p>3:00 – Veteran's Day Cognitive Puzzles</p> <p>4:00 – Upper Limb Exercise & Trivia</p>	<p>11</p> <p>10:00 – Veteran's Day Program Sponsored by Volunteer Lindsey Bartley from Kindred Hospice</p> <p>2:00 – Ice Cream Sundae Party</p> <p>3:00 – Hand & Nail Care</p> <p>4:00 – Let's Walk / Trivia</p> <p>Veterans Day Remembrance Day (Canada)</p>	<p>12</p> <p>10:00 – Movie 10:30 – (Azalea) Scenic Ride with Lunch</p> <p>2:00 – Mocktail Party</p> <p>3:00 – Footcare & Hand Massage and Gaither's Musical DVD</p> <p>4:00 – Flexibility Exercise & Current Events</p>	<p>13</p> <p>10:00 – Hallway Bingo</p> <p>2:00 – Patio Hour / Bubbles</p> <p>3:00 – Trivia & Table Games</p> <p>4:00 – Upper Extremities Exercise</p> <p>World Kindness Day</p>
<p>14</p> <p>10:00 – (Atrium) Worship Service</p> <p>2:00 – Spiritual Movie & Popcorn</p> <p>4:00 – Patio Hour & Trivia</p>	<p>15</p> <p>10:00 – Balloon Volleyball</p> <p>2:00 – Art Therapy</p> <p>3:00 – Fall Craft with Renisha</p> <p>4:00 – Lower Limb Exercise</p>	<p>16</p> <p>10:00 – Cooking Show</p> <p>2:00 – Art Therapy</p> <p>3:00 – Cognitive Stimulating Activities</p> <p>4:00 – Let's Walk / Current Events</p>	<p>17</p> <p>10:30 – November's Monthly BIRTHDAY PARTY</p> <p>2:00 – Art Therapy</p> <p>3:00 – Rock Painting</p> <p>4:00 – Flexibility Exercise & Upper Limb Exercise</p>	<p>18</p> <p>10:00 – Gardening with John Malanchak</p> <p>10:00 – Watercolor Painting</p> <p>2:00 – Art Therapy</p> <p>3:00 – Hand & Nail Care</p> <p>4:00 – Upper Limbs Exercise</p>	<p>19</p> <p>10:00 – Movie & Popcorn</p> <p>2:00 – Art Therapy</p> <p>3:00 – Foot Care & Hand Massage and Gaither's Musical Performance</p> <p>4:00 – Let's Walk / Current Events</p> <p>"Beaver" or "Frost" Full Moon</p>	<p>20</p> <p>10:00 – (Atrium) Big Screen Virtual Trip</p> <p>2:00 – Art Therapy</p> <p>3:00 – Uno / Puzzles / Trivia</p> <p>4:00 – Upper Limbs Exercise & Trivia</p>
<p>21</p> <p>10:00 – (Atrium) Worship Service</p> <p>2:00 – Spiritual Movie & Popcorn</p> <p>4:00 – Let's Go Walking</p>	<p>22</p> <p>10:00 – Parachute Exercise Fun</p> <p>2:00 – Art Therapy</p> <p>3:00 – Garden Party with Sue Berry</p> <p>4:00 – Lower Limb Exercise & Trivia</p>	<p>23</p> <p>10:00 – Blessing Mix Activity with Lindsey Bartley of Kindred Hospice</p> <p>1:30 – Bridge Card Game</p> <p>2:00 – Art Therapy</p> <p>3:00 – Thanksgiving Cognitive Activities</p> <p>4:00 – Let's Walk / Current Events</p>	<p>24</p> <p>10:00 – Thanksgiving Craft</p> <p>2:00 – Art Therapy</p> <p>3:00 – Hand & Nail Care</p> <p>4:00 – Flexibility Exercise & Current Events</p>	<p>25</p> <p>9:00 am – 12 n / MACY's 95th PARADE on NBC</p> <p>10:00 – Reading Club: "Unexpected Thanksgiving Blessing"</p> <p>12 noon THANKSGIVING LUNCH</p> <p>2:00 – Art Therapy</p> <p>3:00 – Thanksgiving Reminiscence</p> <p>4:00 – Let's Walk & Trivia</p> <p>Thanksgiving Day</p>	<p>26</p> <p>10:00 – Movie</p> <p>2:00 – Patio Hour</p> <p>3:00 – Foot Care & Hand Massage And Gaither's Musical DVD</p> <p>4:00 – Lower Limb Exercise / Trivia</p>	<p>27</p> <p>10:00 – Trivia & Table Games</p> <p>2:00 – Patio Time</p> <p>3:00 – Hallway Bingo</p> <p>4:00 – Let's Go Walking</p>
<p>28</p> <p>10:00 – (Atrium) Worship Service</p> <p>2:00 – Spiritual Movie & Popcorn</p> <p>4:00 – Flexibility Exercise</p> <p>Day of Advent Hanukkah Begins</p>	<p>29</p> <p>10:00 – Karaoke</p> <p>2:00 – Art Therapy</p> <p>3:00 – My 2-cents Game</p> <p>4:00 – Upper Limbs Exercise</p>	<p>30</p> <p>10:00 – Watercolor Painting</p> <p>10:30 – (Magnolia) Scenic Ride with Lunch</p> <p>1:30 – Bridge Card Game</p> <p>2:00 – Art Therapy</p> <p>3:00 – Reminiscence Ball</p> <p>4:00 – Let's Walk / Trivia</p>	<p>November 2021</p> <p>Campbell Cove & Hughes Center</p>			

The **ACTIVITY SCHEDULE IS FLEXIBLE & SUBJECT TO CHANGE**. If you or a friend would like to donate flowers, craft ideas, and/or schedule pet dog visit, sing, dance, play musical instrument, etc., please contact Cynthia Armstrong, Marketing, @ 601-856-0127. Thanks!