




# December 2021 Activity Calendar



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			1 9:00 - Water Aerobics 10:00 - Ballet Magnificat Performance 10:00 - Water Aerobics 2:00 - Gift of Years  * Start Christmas Card Swap	2 10:00 - Coffee w/ Lisa 12:30 - 1:30 -Book Mobile 1:30 - Ladder Ball 3:00 - Darts 4:00 - Water Walking	3 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 2:30 - 4:00 - Christmas Tea BINGO Cancelled	4 4:00 Water Walking
5 10:30 Bible Study	6 9:00 - Water Aerobics 9:15 - Resident Council Meeting 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: "The Christmas Chronicles"	7 *8:30 - Yoga w/Lee 9:30 - Low Impact Cardio w/ KLove 11:00 - Blood Pressure Checks 1:00 - Happy Stitchers 4:00 - Water Walking	8 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:00 - First Baptist Church Madison Christmas Program 11:00 - 1:00 - Honey for Sale 1:30 - Card Making Class w/ Cathy O'Rear	9 9:30 - Low Impact Cardio w/ KLove 1:00 - History Club (George Kirkpatrick) 4:00 - Water Walking	10 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 2:00 - 3:30 - Employee Christmas Tea 3:00 - Darts 4:30- Happy Hour 6:30 - Bingo	11 4:00 Water Walking
12 10:30 Bible Study	13 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - Activity Committee Meeting 1:00 - Movie Matinee: "The Christmas Break-In"	14 *8:30 - Yoga w/Lee 9:30 - Low Impact Cardio w/ KLove 11:00 - Blood Pressure Checks 1:00 - Happy Stitchers 4:00 - Water Walking 5:00 - Dinner Out: "Amerigo's" 	15 9:00 - Water Aerobics 9:30 - Morning Stretch 10:30 - Christmas Craft 10:00 - Water Aerobics 2:00 - Gift of Years	16 9:30 - Low Impact Cardio w/ KLove 12:30 - 1:30 - Book Mobile 1:00 - \$1 Bridge Game 4:00 - Water Walking	17 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:00 - Bethlehem Tree Exhibit 2:30 - Darts Party 4:00 - Happy Hour 6:30 - Bingo	18 4:00 Water Walking
19 10:30 Bible Study	20 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: "Jingle Jangle: A Christmas Journey"	21 *8:30 - Yoga w/Lee 9:30 - Low Impact Cardio w/ KLove 10:00 - Christmas Cookie Decorating 11:00 - Blood Pressure Checks 1:00 - Happy Stitchers 4:00 - Water Walking	22 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:30 - Jingle Bell Social	23 9:30 - Low Impact Cardio w/ KLove 4:00 - Water Walking  * Last Day for Card Swap	24 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 4:00 - Happy Hour 6:30 - Bingo	25 4:00 Water Walking
26 10:30 Bible Study	27 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: "Going In Style"	28 8:30 - Yoga w/Lee 9:30 - Low Impact Cardio w/ KLove 11:00 - Blood Pressure Checks 1:00 - Happy Stitchers 4:00 - Water Walking	29 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics	30 9:30 - Low Impact Cardio w/ KLove 1:30 - Resident Show & Tell 4:00 - Water Walking	31 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 6:00 - 8:00 - New Years Eve Party	