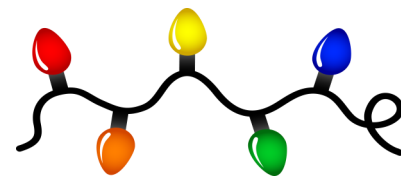


December 2023

Activity Calendar



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<u>Church Services</u> Catholic Service: Monday - Friday 8:30am/Sunday 9:00am (Chapel) United Methodist Service: Every Tuesday 4:00pm (Chapel) Episcopal Service: Every Wednesday 4:00pm (Chapel) Protestant Service: Every Sunday 10:30am (Activity Room) Advent Bible Study December 3rd, 10th, 17th, 22nd at 4:00pm (Chapel)				1 9:00 - Water Aerobics 10:00 - Water Aerobics 2:00- Independent Living Christmas Celebration No Stretch, no Darts, and no Bingo	2 4:00 Water Walking
3 10:30 Protestant Service	4 9:00 - Water Aerobics 9:15 - Resident Council Meeting 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: Home Alone	5 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio 10:00 - 11:00 - BP checks 1:00 - Happy Stitches 11:30 - Wii Bowling 2:30 - Wii Bowling 4:00 - Water Walking	6 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30- First Baptist Church Madison Sings 1:00- Hand and Foot 3:00 - Wednesday Bible Study	7 12:00- Marion Hall Christmas Party (Marion Hall Residents Only) 2:30 - 3:30 - Book Mobile 4:00- Social Dancing No morning activities due to Marion Hall Christmas Party Set-up	8 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30- Ed Thomas Christmas Sing-a-long 11:00- Lunch Bunch: Jatumas Thai Restaurant 2:15- Darts Tournament and Party 6:30 - Bingo	9 4:00 Water Walking
10 10:30 Protestant Service 2:00- Carols by Candlelight	11 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - Activity Committee Meeting 3:00pm- Sunshine Choir Favorites Concert No Movie Matinee	12 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio 10:00 - 11:00 - BP checks 1:00 - Happy Stitches 1:30 - Wii Bowling 2:30 - Wii Bowling 4:00 - Water Walking 5:00- Dinner Out: Zea's Rotisserie	13 9:00 - Water Aerobics 9:30 - Possum Riidge Exhibit Trip (No Stretch) 10:00 - Water Aerobics 10:00 - Origin Bank 10:30 - Virtual Tour 11:00 - 1:00 - Honey for Sale 1:00- Hand and Foot 3:00 - Wed. Bible Study	14 9:30 - Low Impact Cardio 10:30- Pt 2 Scams Presentation 2:30 - Ladder Ball No History Club this month	15 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 2:00- SCV Employee Party 4:00 - Happy Hour 6:30 - Bingo No \$1 Bridge Game this month	16 4:00 Water Walking
17 10:30 Protestant Service 2:00- MS Chorus	18 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: A Christmas Story Keisha Returns!	19 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio 10:00 - 11:00 - BP checks 1:00 - Happy Stitches 1:30 - Wii Bowling Tournament and Party 4:00 - Water Walking	20 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00- Carmelite Gift Shop 10:00 - Water Aerobics 2:00- Resident Christmas Open House No Stretch, Hand and Foot or Bible Study Stretch	21 9:30 - Low Impact Cardio 2:00- Holiday Floral Demonstration 2:30 - 3:30 - Book Mobile 4:00- Social Dancing	22 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 4:00 - Happy Hour 4:00- Advent Bible Study 6:30 - Bingo	23 4:00 Water Walking
24 10:30 Protestant Service	25 No Activities Enjoy your holiday Merry Christmas	26 10:00 - 11:00 - BP checks 1:00 - Happy Stitches 4:00 - Water Walking No Low Impact Cardio No Yoga w/ Lee Activity Coordinators OFF	27 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:00 - Origin Bank 1:00- Hand and Foot No Bible Study	28 9:30 - Low Impact Cardio 4:00- Current Eventz	29 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 4:00 - Happy Hour 6:30 - Bingo	30 4:00 Water Walking 31 6:00- New Years Eve Party