

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
<u> </u>	8:00 - Morning Coffee 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00-Movie Matinee: A Merry Little Ex-Mas	2 8:00 - Morning Coffee 8:30- Yoga w/ Lee 9:30 - Exercise w/Shelia 10:00-BP Check 10:00-Carmelite Gift Shop 1:00 - Happy Stitchers 3:00 - Men's Bible Study 4:00 - Water Walking	3 8:00 - Morning Coffee 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:00-Origin Bank 10:30-Virtual Tour 1:00 - Hand and Foot 3:00 - Wednesday Bible Study	8:00 - Morning Coffee 9:30 - Exercise w/Shelia 10:30-Presentation with Katie Blount 2:00 - Book Mobile 4:00- Water Walking	2:00-Christmas Party No Bingo  Christmas  Party!	4:00 Water Walking
7 10:30 Protestant Service 3:30 Advent Bible Study	8 8:00 - Morning Coffee 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30- Activity Committee Meeting 1:00-Movie Matinee: Boys Town	8:00-Morning Coffee 8:30-Yoga Lee 10:00-BP Check 10:00-Origin Bank 1:00-Happy Stitchers 3:00-Men's Bible Study 4:00-Water Walking 5:00-Dinner Out: Little Tokyo	8:00 - Morning Coffee 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30-Virtual Tour 11:00-Honey Sale 1:00 - Hand and Foot 3:00 - Wednesday Bible Study Please pick up Christmas Cards	8:00-Morning Coffee 9:30-Exercise w/Shelia 10:30-Christmas Craft 2:00-Ridgeland Tappers 4:00-Water Walking	2:00 - Employee Christmas Party 2:30-Darts 4:00-Happy Hour 6:30-Bingo	4:00 Water Walking 3:00 Ms. Symphonic Band Concert
10:30 Protestant Service 3:30 Advent Bible Study	8:00 - Morning Coffee 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 2:00-Hot Cocoa Bar	8:00 - Morning Coffee 8:30-Yoga w/Lee 9:30-Exercise w/Shelia 10:00- BP Checks 1:00- Happy Stitchers 2:30-Jingle Bell Social 3:00 - Men's Bible Study ( Dogwood Room) 4:00- Water Walking	8:00-Morning Coffee 9:00-Water Aerobics 9:30-Morning Stretch 10:00-Water Aerobics 10:30-First Baptist Madison 1:00-Hand and Foot 3:00-Wednesday Bible Study No Virtual Tour	8:00 - Morning Coffee 9:30 - Exercise w/Shelia 2:00 - Book Mobile 4:00-Current Eventz 4:00- Water Walking	8:00-Morning Coffee 9:00- Water Aerobics 9:30-Moring Stretch 10:00 - Water Aerobics 11:00-Lunch Bunch: Amore 2:00-St. Dominic Carlos 2:30-Darts 4:00 - Happy Hour 6:30 - Bingo	4:00 Water Walking
21 10:30 Protestant Service 3:30 Advent Bible Study	8:00 - Morning Coffee 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30-Solos & Sing-a- long w/Mary Lou 1:00-Movie Matinee: A Christmas Carol	8:00-Morning Coffee 9:30-Exercise w/Shelia 10:00-BP Check 10:30-Sachs Piano Duo 1:00-Happy Stitchers 2:30-Holiday Popcorn Bar 3:00 - Men's Bible Study ( Dogwood Room) 4:00 - Water Walking Deadline to mail cards	8:00 - Morning Coffee 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00- Water Aerobics	HAPPY HOLIDAYS  MERRY  PROM US ALL  4:00-Water Walking	8:00-Morning Coffee 9:00-Water Aerobics 10:00- Water Aerobics No Morning Stretch Activity Coordinators will be off.	4:00 Water Walking
28 10:30 Protestant Service 3:30 Advent Bible	8:00 - Morning Coffee 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00- Movie Matinee: A Men Called Peter	8:00 - Morning Coffee 8:30-Yoga w/Lee 9:30 - Exercise w/Shelia 10:00-BP Check 1:00 - Happy Stitchers 3:00 - Men's Bible Study 4:00 - Water Walking	8:00-Morning Coffee 9:00 - Water Aerobics 9:30-Morning Stretch 10:00 - Water Aerobics 10:30 - Virtual Tour Travel Special 4:00-New Year's Eve Party No cards games			

## **Church Services**

Catholic Service: Monday-Friday 8:30am/Sunday 9:00am(Chapel)

United Methodist Service: Tuesday 4:00pm (Chapel)
Protestant Service: Every Sunday 10:30am (Activity Room)
Episcopal Service: Every Wednesday 4:00pm (Chapel)