



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Origin of FEBRUARY's Name: After an ancient Roman festival of purification called Februa. In 700's BC, the month was added to the calendar. BIRTHSTONE: Amethyst (purple) FLOWER: Violet February has 28 days. Every 4 years is Leap Year when there are 29 days. Special Days: Black History Month; Chinese New Year; Groundhog Day; Winter Olympics; Super Bowl; Valentines Day; Daytona 500 Nascar Race; President's Day.</p>		<p>9:00 – TV Mass (Ch 18) 1 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 2:30 – Craft (Chinese New Year) 4:00 – Exercise / Trivia 6:30 – TV's Family Feud</p> <p>Chinese New Year (Year of the Tiger)</p>	<p>9:00 – TV Mass (Ch 18) 2 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia Word/Puzzle Games; Groundhog Day 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Reading Club 4:00 – Exercise / Trivia 6:30 – TV's Wheel of Fortune</p>	<p>9:00 – TV Mass (Ch 18) 3 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Hand & Nail Care 4:00 – Exercise / Trivia 6:30 – TV's Family Feud **Winter Olympics Begin**</p>	<p>Ntnl Wear Red Day for Heart Month 4 9:00 – TV Mass (Ch 18) 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Relaxing Foot Soaks 4:00 – Exercise / Trivia 6:30 – TV's Wheel of Fortune Ntnl Homemade Soup Day @ Supper</p>	<p>Monarch Butterfly Day 5 9:00 – TV Mass (Ch 18) 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – Trivia / Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Art Therapy 4:00 – Exercise / Trivia 7:00 – TV's Lawrence Welk Show</p>
<p>9:00 – TV Mass (Ch 18) 6 9:45 – Devotion / Stretches 10:00 – TV Church/Snack /Hydration 11:00 – Word/Puzzle Games 1:00 – Activity Binder / Cart 2:00 – MOVIE / Snack / Hydration 4:00 – Unit Games / Exercise 6:30 – TV Game Shows</p>	<p>9:00 – TV Mass (Ch 18) 7 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Fun & Games 4:00 – Exercise / Trivia 6:30 – TV's Wheel of Fortune Alfredo Day at Supper by Cura</p>	<p>9:00 – TV Mass (Ch 18) 8 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 2:30 – Creative Crafts 4:00 – Exercise / Trivia 6:30 – TV's Family Feud (Boy Scouts created in 1910)</p>	<p>9:00 – TV Mass (Ch 18) 9 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia Word/Puzzle Games; Reminisce Pizza Day at Lunch by Cura 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Reading Club 4:00 – Exercise / Trivia 6:30 – TV's Wheel of Fortune</p>	<p>Umbrella History Day 10 9:00 – TV Mass (Ch 18) 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Hand & Nail Care 4:00 – Exercise / Trivia 6:30 – TV's Family Feud</p>	<p>Super Bowl Weekend Kickoff 11 9:00 – TV Mass (Ch 18) 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Relaxing Foot Soaks 4:00 – Exercise / Trivia 6:30 – TV's Wheel of Fortune</p>	<p>National Cat's Meow Day 12 9:00 – TV Mass (Ch 18) 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – Trivia / Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Art Therapy 4:00 – Exercise / Trivia 7:00 – TV's Lawrence Welk Show</p>
<p>9:00 – TV Mass (Ch 18) 13 9:45 – Devotion / Stretches 10:00 – TV Church/Snack /Hydration 11:00 – Word/Puzzle Games 1:00 – Activity Binder / Cart 2:00 – MOVIE / Snack / Hydration 4:00 – Unit Games / Exercise 5:30 – SUPERBOWL KICKOFF on NBC (Football Game of the Year)</p>	<p>9:00 – TV Mass (Ch 18) 14 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – Exercise; VALENTINE TRIVIA & WORD GAMES 1:00 – Activity Binder / Cart 2:00 – VALENTINE PIANO MUSIC By Mike Davis (Covenant Caregivers) With Valentine Snacks 3:15 – Fun & Games 4:00 – Exercise / Trivia 6:30 – TV's Wheel of Fortune</p> <p>Valentine's Day</p>	<p>9:00 – TV Mass (Ch 18) 15 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 2:30 – Creative Crafts 4:00 – Exercise / Trivia 6:30 – TV's Family Feud</p>	<p>9:00 – TV Mass (Ch 18) 16 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Reading Club 4:00 – Exercise / Trivia 6:30 – TV's Wheel of Fortune (Full Moon aka "Snow Moon")</p>	<p>Random Acts of Kindness Day 17 9:00 – TV Mass (Ch 18) 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Hand & Nail Care 4:00 – Exercise / Trivia 6:30 – TV's Family Feud</p>	<p>9:00 – TV Mass (Ch 18) 18 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Relaxing Foot Soaks 4:00 – Exercise / Trivia 6:30 – TV's Wheel of Fortune</p>	<p>9:00 – TV Mass (Ch 18) 19 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – Trivia / Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Art Therapy 4:00 – Exercise / Trivia 7:00 – TV's Lawrence Welk Show</p>
<p>9:00 – TV Mass (Ch 18) 20 9:45 – Devotion / Stretches 10:00 – TV Church/Snack /Hydration 11:00 – Word/Puzzle Games 1:00 – Activity Binder / Cart 2:00 – MOVIE / Snack / Hydration 3:30 – DAYTONA 500 NASCAR RACE begin (FOX TV) 6:30 – TV Game Shows</p>	<p>9:00 – TV Mass (Ch 18) 21 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Fun & Games 4:00 – President's Day Trivia & Exercise 6:30 – TV's Wheel of Fortune</p> <p>Presidents' Day</p>	<p>9:00 – TV Mass (Ch 18) 22 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 2:30 – Creative Crafts 4:00 – Exercise / Trivia 6:30 – TV's Family Feud</p>	<p>9:00 – TV Mass (Ch 18) 23 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; 10:30 – MASTER GARDENER / Time to plant Tomato & Pepper Seeds / With John Malanchak. 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Reading Club 4:00 – Exercise / Trivia 6:30 – TV's Wheel of Fortune</p>	<p>9:00 – TV Mass (Ch 18) 24 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Hand & Nail Care 4:00 – Exercise / Trivia 6:30 – TV's Family Feud</p>	<p>9:00 – TV Mass (Ch 18) 25 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – MONTHLY BIRTHDAY SALUTE 3:15 – Relaxing Foot Soaks 4:00 – Exercise / Trivia 6:30 – TV's Wheel of Fortune</p>	<p>9:00 – TV Mass (Ch 18) 26 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – Trivia / Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Art Therapy 4:00 – Exercise / Trivia 7:00 – TV's Lawrence Welk Show</p>
<p>9:00 – TV Mass (Ch 18) 27 9:45 – Devotion / Stretches 10:00 – TV Church/Snack /Hydration 11:00 – Word/Puzzle Games 1:00 – Activity Binder / Cart 2:00 – MOVIE / Snack / Hydration 4:00 – Unit Games / Exercise 6:30 – TV Game Shows</p>	<p>9:00 – TV Mass (Ch 18) 28 9:45 – Devotion / Stretches 10:00 – Snack / Hydration 10:15 – To Atrium for Bible Verse; Hymn Singing; Chair Exercise; Trivia; Word/Puzzle Games; Reminisce 1:00 – Activity Binder / Cart 2:00 – Snack / Hydration / Music 3:15 – Fun & Games 4:00 – Exercise / Trivia 6:30 – TV's Wheel of Fortune</p>	 <h1 style="color: red; font-family: cursive;">February 2022</h1> <h2 style="text-align: center;">CAMPBELL COVE / HUGHES CENTER</h2>				

The ACTIVITY SCHEDULE is FLEXIBLE & SUBJECT TO CHANGE. If you would like to SCHEDULE or ASSIST with pet dog visit, crafts, music program, cooking demo, games, etc., then please call Angela Hammer @ 601-856-0116.