





February 2023

Activity Calendar



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			8:00 - Coffee Group 1 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - Virtual Tour: Eastern Europe 2:00 - Trek Travel Presentation: Travel Agent Lance Clay	10:00 - Coffee w/ Lisa 2 1:00 - Hope Carr Watercolor Class 2:30 - 3:30 - Book Mobile 4:00 - Water Walking * Coffee Group will not meet *Low Impact Cardio will not meet	3 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 11:00 - Lunch Bunch: Cultivation Hall 2:00 - Ping Pong 4:00 - Happy Hour 6:30 - Bingo National Wear RED Day	4 4:00 Water Walking
5 10:30 Protestant Service	6 8:00 - Coffee Group 9:15 - Resident Council Meeting 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: "Mr. Harrigan's Phone" *Begin Purchasing Football Squares	7 8:00 - Coffee Group 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio 10:30 - Veteran's Club 11:00 - BP Checks 1:00 - Happy Stitchers 1:30 - Arts & Crafts 4:00 - Water Walking 5:00 - Dinner Out: Nagoya	8 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 9:30 - Origin Bank (TBD) 10:00 - Water Aerobics 11:00 - 1:00 - Honey for Sale 12:00 - 4:00 - AARP Driving Course	9 8:00 - Coffee Group 9:30 - Low Impact Cardio 10:30 - Virtual Tour: Eastern Europe 1:00 - History Club (George Kirkpatrick) 2:30 - Ladder Ball	10 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 2:00 - "Galantines Party" 4:00 - Happy Hour 6:30 - Bingo	11 4:00 Water Walking 7:00p Dixie National Rodeo
12 10:30 Protestant Service 6:00 Superbowl Sunday Party	13 8:00 - Coffee Group 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - Activity Committee Meeting 1:00 - Movie Matinee: "Purple Hearts"	14 8:00 - Coffee Group 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio 10:00 - Yoga DVD 11:00 - BP Checks 1:00 - Happy Stitchers 2:00 - Couples Valentine's Day Cooking Demo 4:00 - Water Walking 	15 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - Learning About Blue Birds Presentation 1:00 - Hope Carr Watercolor Paint Class	16 8:00 - Coffee Group 9:30 - Low Impact Cardio 10:30 - Medicare Fraud Bingo 2:30 - Not So Newly Wed Game Show 2:30 - 3:30 - Book Mobile	17 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - \$1 Bridge Game 4:00 - Happy Hour 6:30 - Bingo	18 4:00 Water Walking 7:30 Symphony
19 10:30 Protestant Service	20 8:00 - Coffee Group 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: "The Other Side of Heaven"	21 8:00 - Coffee Group 8:30 - Yoga w/ Lee 11:00 - BP Checks 11:30 - 1:30 - Mardi Gras Lunch in Activity Room 1:00 - Happy Stitchers 2:30 - King Cake & Mardi Gras Ice Cream Treat 4:00 - Water Walking *Low impact cardio canceled Fat Tuesday 	22 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 9:30 - Origin Bank (TBD) 10:00 - Water Aerobics 10:30 - Virtual Tour: Eastern Europe 2:00 - DIY Chocolate Covered Strawberries	23 8:00 - Coffee Group 9:00 - Men's Pancake Breakfast 1:00 - Movie Day at Malco: "80s for Brady" 2:00 - Corn Hole 4:00 - Current Eventz Meeting *Low Impact Cardio CANCELLED	24 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 2:00 - Chips and Salsa Treat 4:00 - Happy Hour 6:30 - Bingo National Tortilla Chip Day	25 4:00 Water Walking 7:30 Symphony
26 10:30 Protestant Service	27 8:00 - Coffee Group 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: "Glenn Miller Story"	28 8:00 - Coffee Group 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio 10:00 - Tai Chi Exercise DVD 11:00 - BP Checks 1:00 - Happy Stitchers 2:00 - Don Walizer: Glenn Miller Presentation 4:00 - Water Walking Day Trip: St. Francisville, LA	Church Services Catholic Service: Monday - Friday 8:30am/ Sunday 9:00am (Chapel) United Methodist Service: Every Tuesday 4:00pm (Chapel) Episcopal Service: Every Wednesday 4:00pm (Chapel) Protestant Service: Every Sunday 10:30am (Activity Room)			