



February 2024

Activity Calendar



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
Church Services Catholic Service: Monday - Friday 8:30am/Sunday 9:00am (Chapel) United Methodist Service: Every Tuesday 4:00pm (Chapel) Episcopal Service: Every Wednesday 4:00pm (Chapel) Protestant Service: Every Sunday 10:30am (Activity Room) Lent Sunday Bible Study : February 18th & 25th at 4:00pm (Chapel)				8:00 - Coffee Group 1 9:30 - Low Impact Cardio 4:00 - Social Dancing 4:00 - Water Walking	8:00 - Coffee Group 2 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 11:00 - Lunch Bunch: Hal and Mals 4:00- Happy Hour 6:30 - Bingo National Wear RED Day	3 4:00 Water Walking
4 10:30 Protestant Service	5 8:00 - Coffee Group 9:15 - Resident Council Meeting 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: The American President 3:00 - Sunshine Choir *Begin Purchasing Football Squares	6 10:00 - Coffee w/ Administration 11:00 - Estate Planning Presentation 11:00 - BP Checks 1:00 - Happy Stitchers 4:00 - Water Walking	7 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Origin Bank 10:30 - Veterans Club 10:00 - Water Aerobics 1:00 - Hand and foot 3:00 - Wednesday Bible Study 7:00 - New Stage: The Secret Garden: Spring Version	8 8:00- Coffee Group 8:30 - Yoga w/ Lee 9:30 -Low Impact Cardio 10:30 - Alzheimer's & Dementia Education Overview 1:00 - History Club (George Kirkpatrick) 2:30 - Ladder Ball	9 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00- Water Aerobics 2:00 - DIY Mardi Gras Mask 4:00 - Happy Hour 6:30 - Bingo	10 4:00 Water Walking 7:30 Symphony
11 10:30 Protestant Service 6:00 Superbowl Sunday Party	12 8:00 - Coffee Group 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - Activity Committee Meeting 1:00- Movie Matinee: The Secret: Dare to Dream 3:00 - Sunshine Choir	13 8:00 - Coffee Group 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio 10:00 - BP Checks 1:00 - Happy Stitchers 2:00 - Mardi Gras Social 4:00 - Water Walking 5:00 - Dinner Out: Caet	14 8:00 - Coffee Group 9:00 - Water Aerobics Morning Stretch Cancelled 10:00 - Water Aerobics 10:30 - Valentine's Day Brunch 11:00 - 1:00 Honey for Sale 1:00 - Hand and Foot 3:00 - Wednesday Bible Study Happy Valentine's Day	15 8:00 - Coffee Group 9:30 - Low Impact Cardio 10:30- Virtual Tour of France 1:00 - Trip to Art Museum: Pablo Picasso Exhibit 2:00 - 3:00 - Book Mobile	16 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00- Water Aerobics 1:00 - \$1 Bridge Game 4:00 - Happy Hour 6:30 - Bingo	17 4:00 Water Walking
18 10:30 Protestant Service 4:00 Lent Bible Study (Chapel)	19 8:00 - Coffee Group 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: Victor Borge Birthday Gala 3:00 - Sunshine Choir	20 8:00- Coffee Group 8:30-Yoga w/ Lee 9:30-Low Impact Cardio 10:00 - BP Checks 1:00 - Happy Stitchers 4:00 - Water Walking	21 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Origin Bank 10:00 - Water Aerobics 10:30 - Methodist Rehab Services Presentation 1:00 - Hand and Foot 3:00 - Wednesday Bible Study	22 8:00 - Coffee Group 9:30 - Low Impact Cardio 10:30- Virtual Tour of Spain 2:00 - DIY Chocolate Covered Strawberries	23 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 4:00 - Happy Hour 6:30 - Bingo	24 4:00 Water Walking 7:30 Symphony
25 10:30 Protestant Service 4:00 Lent Bible Study (Chapel)	26 8:00 - Coffee Group 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: A Beautiful Life 3:00 - Sunshine Choir	27 8:00 - Coffee Group 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio 10:00 - BP Checks 1:00 - Happy Stitchers 4:00 - Water Walking	28 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - Virtual Tour of Spain 1:00 - Hand and Foot 3:00 - Wednesday Bible Study	29 8:00 - Coffee Group 9:30 - Low Impact Cardio 9:30 - Muggin Social 2:00 - Tea Party with Daughters of American Revolution 4:00 - Current Eventz		