

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>FEBRUARY was added to the Roman calendar around 700 BC when it was extended from 10 months to 12 months. It comes from Latin word <i>februare</i>, meaning "to purify" as the Romans prepared themselves for arrival of spring.</p> <p>VIOLET is a sweet flower that means LOVE. Purple VIOLETS represent faithfulness & purity. The leaves are in heart-shape.</p> <p>BIRTHSTONE is the amethyst that dates back to 25,000 years ago, found in France, with remains of a Neolithic man. Most today are found in Brazil and Uruguay. In the United States, amethysts are mostly found in Arizona and North Carolina.</p> <p>THOUGHT: "Winter, a lingering season, is a time to gather golden moments, embark upon a sentimental journey, and enjoy every idle hour." -- John Boswell</p> <p>BLACK HISTORY MONTH is to honor contributions that African Americans have made and to recognize their sacrifices.</p>			<p>10:00 -- RESIDENTS TO ATRIUM 10:15 -- Devotion / Trivia / Word Game Exercise / Feb Cal Review 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 3:00 -- Lawrence Welk Video (45 mins) 4:00 -- UNITS: Games / Puzzles / Stretches Magazines / 1:1 Activity 5:00 -- TV Oldies 7:00 -- Channel 12 / The PRICE IS RIGHT at NIGHT Edition</p>	<p>Today is GROUND HOG's Day.</p> <p>10:00 -- RESIDENTS TO ATRIUM 10:15 -- Devotion / Trivia / Exercise FAMILY FEUD FUN 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 3:30 -- UNITS: Reminisce Review 4:00 -- UNITS: Hand Massage/Nail Care 5:00 -- TV Oldies 6:30 -- TV Family Feud Show</p>	<p>WEAR RED for HEALTHY HEART DAY</p> <p>10:00 -- RESIDENTS TO ATRIUM 10:15 -- Monthly Birthday Party Sponsor: Terry / Covenant Caregivers 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 3:30 -- UNITS: FOOT SOAKS 5:00 -- TV Oldies 6:30 -- TV's Wheel of Fortune</p>	<p>9:00 -- TV Church MASS (Ch 18) 10:00 -- UNITS: Movie Matinee Hallmark Channel 1:00 -- Rest & Relaxation or 1:1 Activity 2:00 -- UNITS: Snacks & Hydration (Use WORD PUZZLES & ART SHEETS remaining from the week) 3:00 -- TV SPORTS or Other Favorites 4:30 -- Encourage Hall Walking/Exercise 7:00 -- PBS TV Station for Entertainment</p>
<p>9:00 -- TV Church MASS (Ch 18) 9:45 -- UNIT Stretches / Walking 10:00 -- RESIDENTS TO ATRIUM 10:15 -- CHURCH by Bro Beck & Piano by Ms Mary Lou Lott 1:45 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 2:15 -- ATRIUM: Staff to turn on a MOVIE for the Residents 4:30 -- UNITS: Games / Puzzles / Stretches Magazines / 1:1 Activity 7:00 -- PBS TV for Entertainment</p>	<p>10:00 -- RESIDENTS TO ATRIUM 10:15 -- Devotion / Trivia Talk / Word Games Chair Dancing (Exercise) 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 2:30 -- CRAFTS in Atrium 4:30 -- UNITS: Word Games (Handout) 6:30 -- TV's Wheel of Fortune</p>	<p>9:45 -- RESIDENTS TO ATRIUM 10:00 -- Devotion / Exercise 10:30 -- HOUR OF HYMNS with Nancy & Friends 1:45 -- BRIDGE CLUB Meets 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 4:00 -- UNIT Read & Discuss Story 4:30 -- UNITS Stretches / Hall Walking 5:00 -- TV Oldies 6:30 -- TV Family Feud Show</p>	<p>9:45 -- RESIDENTS TO ATRIUM 10:00 -- BALLOON VOLLEYBALL 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 2:45 -- Let's Play CARDS 4:00 -- UNITS: Games / Puzzles / Stretches Magazines / 1:1 Activity 5:00 -- TV Oldies 7:00 -- Channel 12 / The PRICE IS RIGHT at NIGHT Edition</p>	<p>10:00 -- RESIDENTS TO ATRIUM 10:15 -- Devotion / Trivia / Exercise FAMILY FEUD FUN 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 3:30 -- UNITS: Reminisce Review 4:00 -- UNITS: Hand Massage/Nail Care 5:00 -- TV Oldies 6:30 -- TV Family Feud Show</p>	<p>10:00 -- RESIDENTS TO ATRIUM 10:15 -- SuperBowl Kick-Off Sponsor: Shannon / St Joseph Hospice 1:30 -- Word Puzzles / Art Sheets 2:00 -- Flower Arranging by Sue Berry (Snacks Provided) 3:30 -- UNITS: FOOT SOAKS 5:00 -- TV Oldies 6:30 -- TV's Wheel of Fortune</p>	<p>9:00 -- TV Church MASS (Ch 18) 10:00 -- UNITS: Movie Matinee Hallmark Channel 1:00 -- Rest & Relaxation or 1:1 Activity 2:00 -- UNITS: Snacks & Hydration (Use WORD PUZZLES & ART SHEETS remaining from the week) 3:00 -- TV SPORTS or Other Favorites 4:30 -- Encourage Hall Walking/Exercise 7:00 -- PBS TV Station for Entertainment</p>
<p>9:00 -- TV Church MASS (Ch 18) 9:45 -- UNIT Stretches / Walking 10:00 -- RESIDENTS TO ATRIUM 10:15 -- CHURCH by Bro Beck & Piano by Ms Mary Lou Lott 1:45 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 2:15 -- ATRIUM: Staff to turn on a MOVIE for the Residents 4:30 -- UNITS: Games / Puzzles / Stretches Magazines / 1:1 Activity 7:00 -- PBS TV for Entertainment</p>	<p>10:00 -- RESIDENTS TO ATRIUM 10:15 -- Devotion / Trivia Talk / Word Games Chair Dancing (Exercise) 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 2:30 -- CRAFTS in Atrium 4:30 -- UNITS: Word Games (Handout) 6:30 -- TV's Wheel of Fortune</p>	<p>WEAR PINK, RED, or PURPLE Today is VALENTINE's DAY MORNING ACTIVITIES ON ALL UNITS (11:30 -- COUPLES Valentine Luncheon Piano Music by Mike Davis) 12 N -- UNITS: Valentine Lunch 1:45 -- BRIDGE CLUB Meets 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 4:00 -- UNIT Read & Discuss Story 4:30 -- UNITS Stretches / Hall Walking 5:00 -- TV Oldies 6:30 -- TV Family Feud Show</p>	<p>9:45 -- RESIDENTS TO ATRIUM 10:00 -- Devotion / Trivia Talk / Stretches 10:30 -- Cello Trio (Susan, David, & Resident) 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 2:45 -- Let's Play CARDS 4:00 -- UNITS: Games / Puzzles / Stretches Magazines / 1:1 Activity 5:00 -- TV Oldies 7:00 -- Channel 12 / The PRICE IS RIGHT at NIGHT Edition</p>	<p>9:45 -- RESIDENTS TO ATRIUM 10:00 to 11:30 -- CHAMINADE MUSIC (The Polanski's) 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 3:30 -- UNITS: Reminisce Review 4:00 -- UNITS: Hand Massage/Nail Care 5:00 -- TV Oldies 6:30 -- TV Family Feud Show</p>	<p>10:00 -- RESIDENTS TO ATRIUM 10:15 -- Early Mardi Gras Party Resident Crowning of King & Queen Sponsor: Andrea: Compassus Hospice 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 3:30 -- UNITS: FOOT SOAKS 5:00 -- TV Oldies 6:30 -- TV's Wheel of Fortune</p>	<p>9:00 -- TV Church MASS (Ch 18) 10:00 -- UNITS: Movie Matinee Hallmark Channel 1:00 -- Rest & Relaxation or 1:1 Activity 2:00 -- UNITS: Snacks & Hydration (Use WORD PUZZLES & ART SHEETS remaining from the week) 3:00 -- TV SPORTS or Other Favorites 4:30 -- Encourage Hall Walking/Exercise 7:00 -- PBS TV Station for Entertainment</p>
<p>9:00 -- TV Church MASS (Ch 18) 9:45 -- UNIT Stretches / Walking 10:00 -- RESIDENTS TO ATRIUM 10:15 -- CHURCH by Bro Beck & Piano by Ms Mary Lou Lott 1:45 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 2:15 -- ATRIUM: Staff to turn on a MOVIE for the Residents 4:30 -- UNITS: Games / Puzzles / Stretches Magazines / 1:1 Activity 7:00 -- PBS TV for Entertainment</p>	<p>Today is PRESIDENT'S DAY 10:00 -- RESIDENTS TO ATRIUM 10:15 -- Devotion / Trivia Talk / Word Games Chair Dancing (Exercise) 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 2:30 -- CRAFTS in Atrium 4:30 -- UNITS: Word Games (Handout) 6:30 -- TV's Wheel of Fortune</p>	<p>Today is MARDI GRAS DAY / Fat Tuesday Wear PURPLE, GREEN, or YELLOW 9:45 -- RESIDENTS TO ATRIUM 10:00 -- Devotion / Exercise 10:30 -- HOUR OF HYMNS with Nancy & Friends 1:45 -- BRIDGE CLUB Meets 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 4:00 -- UNIT Read & Discuss Story 4:30 -- UNITS Stretches / Hall Walking 5:00 -- TV Oldies 6:30 -- TV Family Feud Show</p>	<p>Today is ASH WEDNESDAY. (CAREGIVER SUPPORT GROUP @ 11:00) 9:45 -- RESIDENTS TO ATRIUM 10:00 -- Devotion / Trivia Talk / Word Games Adapted Sports (ex: Parachute; Kick Ball) 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 3:15 -- RESIDENTS TO ATRIUM 3:30 -- Fun Folk Singing by Mary Lou Lott 4:00 -- UNITS: Games / Puzzles / Stretches Magazines / 1:1 Activity 7:00 -- Channel 12 / The PRICE IS RIGHT at NIGHT Edition</p>	<p>10:00 -- RESIDENTS TO ATRIUM 10:15 -- Devotion / Trivia / Exercise FAMILY FEUD FUN 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 3:30 -- UNITS: Reminisce Review 4:00 -- UNITS: Hand Massage/Nail Care 5:00 -- TV Oldies 6:30 -- TV Family Feud Show</p>	<p>10:00 -- RESIDENTS TO ATRIUM 10:15 -- Monthly BINGO with PRIZES Sponsor: Shakena / Heart of Hospice 1:30 -- Word Puzzles / Art Sheets 2:00 -- Country Kitchen Cooking 3:30 -- UNITS: FOOT SOAKS 5:00 -- TV Oldies 6:30 -- TV's Wheel of Fortune</p>	<p>9:00 -- TV Church MASS (Ch 18) 10:00 -- UNITS: Movie Matinee Hallmark Channel 1:00 -- Rest & Relaxation or 1:1 Activity 2:00 -- UNITS: Snacks & Hydration (Use WORD PUZZLES & ART SHEETS remaining from the week) 3:00 -- TV SPORTS or Other Favorites 4:30 -- Encourage Hall Walking/Exercise 7:00 -- PBS TV Station for Entertainment</p>
<p>9:00 -- TV Church MASS (Ch 18) 9:45 -- UNIT Stretches / Walking 10:00 -- RESIDENTS TO ATRIUM 10:15 -- CHURCH by Bro Beck & Piano by Ms Mary Lou Lott 1:45 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 2:15 -- ATRIUM: Staff to turn on a MOVIE for the Residents 4:30 -- UNITS: Games / Puzzles / Stretches Magazines / 1:1 Activity 7:00 -- PBS TV for Entertainment</p>	<p>10:00 -- RESIDENTS TO ATRIUM 10:15 -- Devotion / Trivia Talk / Word Games Chair Dancing (Exercise) 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 2:30 -- CRAFTS in Atrium 4:30 -- UNITS: Word Games (Handout) 6:30 -- TV's Wheel of Fortune</p>	<p>9:45 -- RESIDENTS TO ATRIUM 10:00 -- Devotion / Exercise 10:30 -- HOUR OF HYMNS with Nancy & Friends 1:45 -- BRIDGE CLUB Meets 2:00 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 4:00 -- UNIT Read & Discuss Story 4:30 -- UNITS Stretches / Hall Walking 5:00 -- TV Oldies 6:30 -- TV Family Feud Show</p>	<h1>February 2023</h1> <h2>CAMPBELL COVE / HUGHES CENTER</h2>			

ACTIVITY CALENDAR IS FLEXIBLE & SUBJECT TO CHANGE WITHOUT NOTICE! Family & Friends are invited to VOLUNTEER in any of these areas: CRAFT HELPER or DONATE CRAFT ITEMS; COOKING DEMO; MONTHLY BINGO and DONATE PRIZES; Schedule PET DOG VISIT; POLISH NAILS; Host a "SHOW & TELL" Hobby Day such as Quilts, Art, Etc.; FLOWER TOPIC Day; Assist with a SPECIAL EVENT; Play a MUSICAL INSTRUMENT; Assist with a GAME; Etc. If interested, please contact Angela Hammer, Activity Dept @ 601-856-0116.