



2021 The Hughes Center's May Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Andy Griffith Show at 8-9:45 am and 2pm daily</p> <p>Let's Make A Deal Game Show 2pm daily</p> <p>Newspapers- Morning Hours</p> <p style="color: green;">Happy Birthday to all May's Residents, Family Members, & Employees</p>	<p>May is named for the Roman goddess Maia, who oversaw the growth of plants.</p>	<p style="color: red;">MAY ZODIAC SIGNS</p> <p><i>Taurus:</i> April 21 to May 20</p> <p><i>Gemini:</i> May 21 to June 20</p> <p>May's birth flowers are the Hawthorn and the Lily-of-the-Valley.</p>	<p>May's birthstone is the emerald.</p> <div style="text-align: center;">  </div>			<p>(1) 10:00 -11:30 Devotion/ Snack/Hydration/ Exercise/ Cognitive -Trivia and Table Games</p> <p>1:00 TV Sports / Rest & Relaxation</p> <p>2:00 Magazine Scavenger Hunt</p> <p>4:00 Bingo</p> <p>4:30 Stretching Exercises</p> <p>7:00 Lawrence Welk Social</p>
<p>(2) 9:00 Worship Service on the Television</p> <p>10:00 Snack Time/Hydration</p> <p>10:15-11:00 Devotion/ Exercise/ Current Events</p> <p>2:00 Popcorn and TV Oldies</p> <p>3:00 1:1 Therapy</p> <p>6:00 Music Therapy</p>	<p>(3) 10:00 Snack/Hydration</p> <p>10:15 Devotion/Exercise</p> <p>May's Mad Lib</p> <p>Cognitive/Large Picture Painting</p> <p>1:00 Activities in the Binder or Activities Cart/Music Therapy</p> <p>2:00 Snack Time & Hydration/Fill in the Missing Letters</p>	<p>(4) 10:00 Snack/ Hydration</p> <p>10:15 Devotion/Exercise</p> <p>Ball/Mediation (15 Minutes) with soft music/Cross Off the Words Cognitive Stimulation/ Photo from Split Boulder</p>	<p>(5) 10:00 Snack/ Hydration</p> <p>10:15 Devotion/ Exercise/ Bible Jingo/Hymns/ UNO (Sorting by numbers and colors)</p> <p>10:30 Men's Social (Art and Craft Room)</p> <p>1:00 Activities in the Binder or Activities Cart/Music Therapy</p> <p>2:15 Snack Time & Hydration/ Art Therapy</p> <p>2:45 NACHOS AND CHEESE SOCIAL</p> <p>3:00 Chair Exercise (DVD)/Walk Outdoors</p>	<p>(6) 10:00 Snack/ Hydration</p> <p>Destination Stations:</p> <p>10:15 Devotion/Exercise/ Which Word Is Spelled Correctly/ Cross Off the Word Secret</p> <p>Quote/ Take Your Best Shot (Reading (Story)/ Sing Along/ Walk Around the Atrium</p> <p>1:00 Activities in the Binder or Activities Cart/Music Therapy</p> <p>2:15 Snack Time & Hydration</p> <p>4:00 Hand and Nail Care/ Andy Griffith Show/Mother's Day Card Craft/Exchange</p>	<p>(7) 10:00 Snack/ Hydration</p> <p>10:15 Devotion/ Exercise/ Mother's Day Social/Poems</p> <p>1:00 Activities in the Binder or Activities Cart/Music Therapy</p> <p>2:15 Snack Time & Hydration/Root Beer Float Social/Patio Hour</p> <p>4:00 Relaxing Foot Care</p> <p>4:30 Lets Walk (Aerobic Exercise)/ Trivia</p>	<p>(8) 10:00 Snack Time/Hydration</p> <p>10:15-11:00 Devotion/ Exercise/ Reminiscence</p> <p>1:00 Rest and Relaxation</p> <p>2:00 Popcorn Social</p> <p>3:00 Bible Story</p> <p>4:00 Stretching Exercises</p> <p>6:30 TV Westerns</p>

	<p>3:00 Balloon/Beach Volleyball/ Dance and Music Therapy 4:30 Trivia 6:30 Music Therapy and Relaxation</p>	<p>Trail (Reading and Discussion)</p> <p>1:00 Activities in the Binder or Activities Cart/Music Therapy</p> <p>1:30 Bridge with Nancy & Priscilla</p> <p>2:15 Snack Time & Hydration/ Hand Massage Therapy/ Reminiscence/ Word Search Puzzle /Connect Four/ UNO 3:00 Dear Abby/ The Monthly Gazette/Odd or Even Number/Patio Hour 4:30 Upper Limbs Extremities Exercises/Music Therapy 6:30 TV Westerns</p>	<p>4:30 1:1 Therapy 6:30 Music Therapy and Relaxation</p> 	<p>4:30 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>  	<p>6:00 Music Therapy and Relaxation</p>	
<p>(9) 9:00 Worship Service on the Television 10:00 Snack Time/Hydration 10:15-11:00 Flexibility Exercise/ Current Events 2:00 Popcorn and TV Oldies/Rest Time 3:00 1:1 Therapy 6:00 Music Therapy</p> 	<p>(10) 10:00 Snack/ Hydration/ Devotion 10:15 Spring's Fashion Show/Music Therapy 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time & Hydration/ May's Word Search Puzzle 3:00 Balloon Volleyball/ Dance and Music Therapy 4:30 1:1 Therapy 6:30 Music Therapy and Relaxation</p>	<p>(11) 10:00 Snack/Hydration 10:15 Devotion/ Exercise/ Phrases and Proverbs/Cross Off the Words/Art Therapy 1:00 Activities in the Binder or Activities Cart/Music Therapy 1:30 Bridge with Nancy & Priscilla 2:15 Snack Time/ Paint by Number</p>	<p>(12) 10:00 Snacks/Hydration 10:15 Devotion/ Exercise/ Bingo 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ 24/48 Pieces Jigsaw Puzzles/Connect Four 3:00 Butterfly Door Craft/ Patio Hour/Walk 4:30 1:1 Therapy 6:30 Music Therapy and Relaxation</p>	<p>(13) 10:00 Snack/Hydration 10:15 Devotion/Exercise Jayden's Green Thumb (Reading and Discussion)/Art Therapy 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ Magazine Scavenger Hunt 4:00 Hands and Nails Care/ Easy Does It Trivia/This AND That Cognitive Stimulation 4:30 Music Therapy 6:30 TV Westerns</p>	<p>(14) 9:45 Devotion/Exercise 10:15 Spiritual Movie and Popcorn (Steel Magnolia) 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ TV Oldies Hour 4:00 Relaxing Foot Care 4:30 Trivia 6:00 Music Therapy and Relaxation</p>	<p>(15) 10:00 Snack Time/Hydration 10:15-11:00 Devotion/ Exercise/ Reminiscence 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Bible Story 4:00 Stretching Exercises 6:30 TV Westerns</p>

		<p>3:00 The Gaither's Musical/Snow Cone Social/Hope Categories</p> <p>4:30 Upper Limbs Extremities Exercises/Music Therapy</p> <p>6:30 TV Westerns</p>				
<p>(16)</p> <p>9:00 Worship Service on the Television</p> <p>10:00 Snack Time/Hydration</p> <p>10:15-11:00 Flexibility Exercise/ Current Events</p> <p>2:00 Popcorn and TV Oldies</p> <p>3:00 1:1 Therapy (reading, etc.)</p> <p>6:00 Music Therapy</p>	<p>(17)</p> <p>10:00 Snack/Hydration</p> <p>10:15 Devotion/Exercise/ Balloon Volleyball/ Music therapy/Dance Therapy</p> <p>1:00 Activities in the Binder or Activities Cart/Music Therapy</p> <p>2:15 Snack Time/Cross Off the Word</p> <p>3:00 Chair Exercise (DVD)/Art Therapy</p> <p>4:30 1:1 Therapy</p> <p>6:30 Music Therapy and Relaxation</p>	<p>(18)</p> <p>10:00 Snack/ Hydration</p> <p>10:15 Devotion/Fun Fitness with Terry</p> <p>1:00 Activities in the Binder or Activities Cart/Music Therapy</p> <p>1:30 Bridge with Nancy & Priscilla</p> <p>2:15 Snack Time/ Hand Massage Therapy/ Reminiscence/ Word Search Puzzle /Connect Four/ UNO</p> <p>2:45 Pizza Party /Patio Hour/Dance and Music Therapy</p> <p>4:30 Upper Limbs Extremities Exercises/Music Therapy/ Trivia</p> <p>6:30 TV Westerns</p>	<p>(19)</p> <p>10:00 Snack/ Hydration</p> <p>10:15 Devotion/Exercise/Seeing Pink (Reading and Discussion)/Type of Birds Discussion/Bird Categories</p> <p>1:00 Activities in the Binder or Activities Cart/Music Therapy</p> <p>2:15 Snack Time/Spelled Correctly</p> <p>3:00 May's Birthday Party</p> <p>4:30 1:1 Therapy</p> <p>6:30 Music Therapy and Relaxation</p>	<p>(20)</p> <p>10:00 Snack/Hydration</p> <p>Destination Stations:</p> <p>10:15 Devotion/Exercise/ The Weeds of Dewe City (Reading and Discussion)/ Item Locator/ Cognitive Stimulation</p> <p>Activities/Walking</p> <p>1:00 Activities in the Binder or Activities Cart/Music Therapy</p> <p>2:15 Snack Time/ Music Therapy</p> <p>4:00 Hands and Nails Care/The Andy Griffith Show</p> <p>4:30 Lower Limbs Extremities Exercises/ Music Therapy</p> <p>6:30 TV Westerns</p>	<p>(21)</p> <p>10:00 Devotion/Exercise</p> <p>10:15 Snacks/Hydration/ Spiritual Movie and Popcorn (Sound of Music)</p> <p>1:00 Activities in the Binder or Activities Cart/Music Therapy</p> <p>2:15 Snack Time/Rest and Relaxation/TV Oldies</p> <p>4:00 Relaxing Foot Care</p> <p>4:30 Trivia</p> <p>6:00 Music Therapy and Relaxation</p>	<p>(22)</p> <p>10:00 Snack Time/Hydration</p> <p>10:15-11:00 Devotion/ Exercise/ Sorting the Cards (colors and numbers)</p> <p>1:00 Rest and Relaxation</p> <p>2:00 Popcorn Social</p> <p>3:00 Bible Story</p> <p>4:00 Stretching Exercises</p> <p>6:30 TV Westerns</p>

<p>(23) 9:00 Worship Service on the Television 10:00 Snack Time/Hydration 10:15-11:00 Flexibility Exercise/ Current Events 2:00 Popcorn and TV Oldies 3:00 1:1 Therapy 6:00 Music Therapy</p>	<p>(24) 10:00 Snack/Hydration 10:15 Devotion/Exercise/ Balloon Volleyball/ Music therapy/Dance Therapy 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/Patio Hour 3:00 Talk Ball Therapy/Large Picture Painting 4:30 1:1 Therapy 6:30 Music Therapy and Relaxation</p>	<p>(25) 10:00 Snack/ Hydration 10:15 Devotion/Exercise/ Bible Trivia/ Bible Art Therapy/Meditation (15 Minutes) with soft music 1:00 Activities in the Binder or Activities Cart/Music Therapy 1:30 Bridge with Nancy & Priscilla 2:15 Snack Time/ Paint by Number 3:00 The Gaither's Musical Performance/ Patio Hour/ (The Garden of Eden Discussion) 4:30 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</p>	<p>(26) 10:00 Snack/ Hydration 10:15 Devotion/Exercise/Bingo 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ Rest and Relaxation 3:00 Worship Service – Genesis Chapter 42 Bible Discussion 4:30 1:1 Therapy 6:30 Music Therapy and Relaxation</p>	<p>(27) 10:00 Snack/Hydration 10:15 Devotion/Exercise/ CONNECT FOUR TOURNAMENT/ Activities on the Hall (Art Therapy/ Word Search Puzzle/Cross Off the Word Cognitive Stimulation Activities 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ Music Therapy/Patio Hour 4:00 Hands and Nails Care/Meditation (15 Minutes) 4:30 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>	<p>(28) 9:50 Devotion/Exercise 10:15 Spiritual Movie & Popcorn/Patio Hour 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/Rest and Relaxation/TV Oldies 4:00 Relaxing Foot Care 4:30 Trivia 6:00 Music Therapy and Relaxation</p>	<p>(29) 10:00 Snack Time/Hydration 10:15-11:00 Devotion/ Exercise/ Reminiscence 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Bible Story 4:00 Stretching Exercises 6:30 TV Westerns</p>
<p>(30) 9:00 Worship Service on the Television 10:00 Snack Time/Hydration 10:15-11:00 Flexibility Exercise/ Current Events 2:00 Popcorn and TV Oldies 3:00 1:1 Therapy (reading, etc.) 6:00 Music Therapy</p>	<p>(31) 10:00 Snack/Hydration 10:15 Memorial Day's Cupcake and Ice Cream Social 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/Spring's Art Therapy 3:00 Memorial Day's Activities 4:30 1:1 Therapy 6:30 Music Therapy and Relaxation</p>					

	 <small>memorialday123.com</small>					
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*** Our schedule is flexible and subject to change. Therefore, activities may occasionally be different than those scheduled.