

January 2019 The Hughes Center Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Birthdays:</p> <p>Birthday Party will be held on the 28th at 3:00 p.m. in the Atrium</p>		<p>(1) 10:15-11:00 Devotion/Exercise Ball /New Year's Day Parade/Fill In the Winter Story/ New Years Item Locator 2:15 Snack Time/ Hand Massage Therapy 3:00 New Year's Word Search Puzzle/ Memories of New Years/ New Years Day Cross Off the Word 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</p> <p>Happy New Year</p>	<p>(2) 10:00 Devotion 10:15 Bingo 2:15 Snack Time/24 Pieces Jigsaw Puzzle 3:00 Wine and Cheese Social (Georganna Keenum, Kare In Home Hospice) 4:00 Chair Exercises (DVD)/ Lets Walk/ Trivia 6:30 Music Therapy and Relaxation</p>	<p>(3) 10:00 Devotion 10:15 Cooking with Sharon (Bridget Rochelle, Home Instead Senior Care) 2:15 Snack Time/ Cocoa and Conversation/ Andy Griffith Show 3:00 Hands and Nails Care 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p> <p>National Chocolate Covered Cherry Day</p>	<p>(4) 10:00 Devotion 10:15 Spiritual Movie and Popcorn 2:15 Snack Time/ January's Word Search Puzzle 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise)/ Trivia 6:30 Music Therapy and Relaxation</p>	<p>(5) 10:00 Devotion/ Unit Games 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Bingo 4:00 Stretching Exercises 6:30 TV Westerns</p>

<p>(6) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Snack Time 3:00 Unit Games 4:00 Aerobic Exercises 6:00 TV News</p>	<p>(7) 10:00 Devotion 10:15 Balloon Volleyball/Music Therapy 2:15 Snack Time/ Reading Club 3:00 Karaoke 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</p>	<p>(8) 10:00 Devotion 10:15 Banana and Peanut Butter Sandwich Social/ Elvis's Hit Songs 11:00 Hymns with Nancy and Friends(Vickie Hightower, Sitters LLC) 2:15 Snack Time/ Paint By Number 3:00 Worship Service/Book of Genesis Chapter 9 Bible Discussion 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</p>	<p>(9) 9:45 Devotion 10:00 Master's Gardener Program 10:30 Dear Abby/ January's Monthly Gazette 2:15 Snack Time/ Winter's Art Therapy 3:00 Elvis Word Search Puzzle, Facts about Elvis's Life, and Cross Off The Words 4:00 Chair Exercises (DVD)/ Lets Walk/ Trivia 6:30 Music Therapy and Relaxation</p>	<p>(10) 10:00 Devotion 10:15 Snowman Craft 2:15 Snack Time/ January's Easy Does It Trivia 3:00 Hands and Nails Care (Kathy Briner, Compassus Hospice and Pallative Care) 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>	<p>(11) 9:45 Devotion 10:00 The Quilting Club (Lindsey Leggett, Kindred Hospice) 2:15 Snack Time/ Words Related to January/TV Oldies Hour 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise)/ Trivia 6:30 Music Therapy and Relaxation</p>	<p>(12) 10:00 Devotion/ Unit Games 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Reminiscence Activity 4:00 Stretching Exercises 6:30 TV Westerns</p>
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<p>(13) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Snack Time 3:00 Unit Games/ Art Therapy 4:00 Aerobic Exercises 6:00 TV News</p>	<p>(14) 10:00 Devotion 10:15 Winter's Picture Painting 2:00 Cooking with Cathi 3:00 Family Feud (Bridget Rochelle, Home Instead Senior Care) 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</p>	<p>(15) 10:15 Devotion/ Exercise Ball/ Hat's Art and Craft 11:00 Hymns with Nancy and Friends 2:00 Snack Time/Hand Massage Therapy 3:00 Gaither's Musical (DVD) 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</p> <p style="text-align: center;">National Hat's Day</p> <p style="text-align: center;">National Strawberry Ice Cream Day</p>	<p>(16) 10:00 Devotion 10:15 Parachute/ Kickball/ Ball toss 2:15 Snack Time/ 24 Pieces Jigsaw Puzzle 3:00 Bingo (Georganna Keenum, Kare In Home Hospice) 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</p>	<p>(17) Destination Stations 10:15 Devotion/ Exercise/ Accidental Art (Reading)/ Spelling Winter Cognitive Stimulation Activities/Lets Go Walking 2:00 Snack Time/ Cocoa and Conversation/ TV Westerns 3:00 Hands and Nails Care (Kathy Briner, Compassus Hospice and Pallative Care) 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>	<p>(18) 10:00 Devotion 10:15 Jazzy Party (Blast from the Past) (Georganna Keenum, Kare In Home Hospice) 2:15 Snack Time/ Frost Categories 3:00 Relaxing Foot Care 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>	<p>(19) 10:00 Devotion/ Unit Games 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Bingo 4:00 Stretching Exercises 6:30 TV Westerns</p>
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<p>(20) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Snack Time 3:00 Unit Games 4:00 Aerobic Exercises 6:00 TV News</p>	<p>(21) 10:00 Devotion 10:15 Footprint Craft 2:00 Garden Party with Mrs. Sue Berry 3:00 Balloon Volleyball and Music Therapy 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</p>	<p>(22) 10:15 Devotion/ Exercise Ball/ ABC Alphabet Game 11:00 Hymns with Nancy and Friends (Vickie Hightower, Sitters LLC) 2:15 Snack Time/ Paint By Number 3:00 Worship Service/Book of Genesis Chapter 10 Bible Discussion 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</p>	<p>(23) 10:00 Devotion 10:15 Fun Fitness with Terry 2:15 Snack Time/ Winter's Art Therapy 3:00 Bible Jingo on the Hall 4:00 Chair Exercises (DVD)/Lets Walk 6:30 Music Therapy and Relaxation</p>	<p>(24) 10:00 Devotion 10:15 Winter 1 Word Search/ Bible Trivia 2:15 Snack Time/ Andy Griffith Show 3:00 Hands and Nails Care 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>	<p>(25) 10:00 Devotion 10:15 Fifties Music/ Root Beer Float Day 2:15 Snack Time/ TV Oldies Hour/ Sock Hop Item Locator 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise)/ Trivia 6:30 Music Therapy and Relaxation</p> <p style="text-align: center;">50's Day</p>	<p>(26) 10-11:30 Devotion / Cognitive- Trivia and Table Games 1:00 TV Sports/ Rest & Relaxation 2:00 Reminiscence Activity 3:00 Bible Jingo 4:00 Stretching Exercises 6:30 TV Westerns</p>
<p>(27) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Snack Time 3:00 Unit Games 4:00 Aerobic Exercises 6:00 TV News</p>	<p>(28) 9:45 Devotion 10:00 Chaminade's Musical Performance 2:15 Snack Time/ Reading Club 3:00 January's Residents Birthday Party 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</p>	<p>(29) 10:15 Devotion/ Exercise Ball/ Winter 2 Word Search Puzzle 11:00 Hymns with Nancy and Friends(Vickie Hightower, Sitters LLC) 2:15 Snack Time/ Hand Massage Therapy 3:00 Gaither's Musical (DVD) 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</p>	<p>(30) 10:00 Devotion 10:15 Bingo(Andrea Lorenz, Compassus Hospice and Pallative Care) 2:15 Snack Time/ Bubbly Item Locator 3:00Parachute/ Kickball/ Ball Toss 4:00 Chair Exercises (DVD)/Lets Walk 6:30 Music Therapy and Relaxation</p>	<p>(31) Destination Stations 10:15 Devotion/ (S)nowhere Insight/ Cozy Up Item Locator/ Lets Go Walking 2:15 Snack Time/ Coca and Conversation 3:00 Hands and Nails Care 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>		

****** Our schedule is flexible and subject to change. Therefore, activities may occasionally be different than those scheduled.**