

July 2018 The Hughes Center Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(1) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Exercise and Stretches 2:00 Snack Time 3:00 Unit Games 6:00 TV News	(2) 9:45 Devotion 10:15 Fourth of July Art and Craft 2:00 Snack Time/ Reading Club 3:00 Balloon Volleyball /Music Therapy 6:30 Music Therapy and Relaxation	(3) 9:45 Devotion/ 10:15 Yankee Doodle Dandy Social 11:00 Hymns with Nancy and Friends(Vickie Hightower, Sitters LLC) 2:00 Snack Time/Flower's Art Therapy 3:00 Worship Service 6:30 TV Westerns	(4) 9:45 Devotion 10:15 Bingo (On the Hall) 2:00 Snack Time/I LOVE USA Art Therapy 3:00 July's Item Locator 6:30 Music Therapy and Relaxation Happy Independence Day	(5) Destination Station: 10:15 Devotion/Exercise/ Memories of Independence Day (Reading)/ 4th of July Art Therapy/ Lets Go Walking 2:15 Snack Time/ Fun Video 3:00 Hands and Nails Care 6:30 TV Westerns	(6) 10:00 Devotion 10:15 Family Feud (Andrea Lorenz, Compassus Hospice & Pallative Care 2:00 Snack Time 3:00 Relaxing Foot Care 6:30 Music Therapy and Relaxation	(7) 10:00 Devotion/ Unit Game 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Bingo 6:30 TV Westerns
(8) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Exercise and Stretches 2:00 Snack Time 3:00 Unit Games 6:00 TV News	(9) 9:45 Devotion 10:15 Balloon Volleyball /Music Therapy 2:00 Cooking with Cathi 3:00 Karaoke 6:30 Music Therapy and Relaxation	(10) 10:00 Devotion Exercise/Dear Abby/The Monthly Gazette /Lets Go Walking 11:00 Hymns with Nancy and Friends(Vickie Hightower, Sitters LLC) 2:00 Snack Time/Hand Massage Therapy	(11) 9:45 Devotion 10:00 Master's Gardener Program 10:30 Chair Exercise (DVD) 2:00 Snack Time 3:00 Parachute/ Kickball/ Ball Toss 6:30 Music Therapy and Relaxation	(12) 10:00 Devotion 10:15 Banana Split Day (Abby Whittington- Kare- In- Home Hospice Private Care and Bridget Rochelle- Home Instead Senior Care) 2:00 Snack Time/ Patio Hour 3:00 Hands and Nails Care 6:30 TV Westerns	(13) 10:00 Devotion/ 10:00 Movie and Popcorn 2:00 Snack Time 3:00 Relaxing Foot Care 6:30 Music Therapy and Relaxation	(14) 10:00 Devotion/ Unit Games 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Reminiscence Activity 6:30 TV Westerns

		3:00 Worship Service 6:30 TV Westerns				
(15) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 00 Lg. Group: Exercise and Stretches 2:00 Snack Time 3:00 Unit Games 6:00 TV News	(16) 9:45 Devotion 10:00 Chaminade's Musical Performance 2: 00 Garden Party with Mrs. Sue Berry 3:00 Balloon Volleyball/Music Therapy 6:30 Music Therapy and Relaxation	(17) 10:15 Devotion/ Exercise Ball/Family's Cross Off The Word 11:00 Hymns with Nancy and Friends 2:00 Snack Time/Paint By Number 3:00 Worship Service 6:30 TV Westerns	(18) 10:00 Devotion 10:15 Bingo (Andrea Lorenz, Compassus Hospice & Pallative Care) 2:00 Snack Time 3:00 Snow Cones/Patio Hour 6:30 Music Therapy and Relaxation	(19) 10:00 Devotion 10:15 Bunco Betty and Bingo Bob (Reading)/Art Therapy 10:30 Men Social (Art and Craft Room)(Cario Armstrong, Sta- Home, Home Health and Hospice) 2:00 Snack Time/Fun Video 3:00 Hands and Nails Care 6:30 TV Westerns	(20) 9:45 Devotion 10:00 Resident of the Month 2:00 Snack Time 3:00 Relaxing Foot Care 6:30 Music Therapy and Relaxation	(21) 10:00 Devotion/ Unit 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Bingo 6:30 TV Westerns
(22) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Exercise and Stretches 2:00 Snack Time 3:00 Unit Games 6:00 TV News	(23) 10:00 Devotion 10:15 Balloon Volleyball/Music Therapy 2:00 Reading Club 3:00 Birthday Party (Bridget Rochelle, Home Instead Senior Care) 6:30 Music Therapy and Relaxation	(24) 10:00 Devotion/ Exercise/ Item Locator 11:00 Hymns with Nancy and Friends 2:00 Snack Time/Hand Massage Therapy 3:00 Worship Service 6:30 TV Westerns	(25) 9:45 Devotion 10:15 Parachute/ Kickball/ Ball Toss 2:00 Snack Time 2:45 Celebrating Jasmine Lane 3:00 Bible Jingo (On the Hall) 6:30 Music Therapy and Relaxation	(26) 10:00 Devotion 10:15 Walking Club (Atrium) 2:00 Snack Time/Patio Hour 3:00 Hands and Nails Care 6:30 TV Westerns	(27) 9:45 Devotion 10:00 Strut Your Mutt Contest (Cario Armstrong, Sta- Home, Home Health and Hospice) 2:00 Snack Time 3:00 Relaxing Foot Care 6:30 Music Therapy and Relaxation	(28) 10:00 Devotion/ Unit Games 11:00 Lets Walk 1:00 Rest & Relaxation 2:00 Popcorn Social 3:00 Reminiscence Activity 6:30 TV Westerns
(29) 10:00 TV Church 10:30 Family Worship Service	(30) 10:00 Devotion 10:15 Cooking with Sharon	(31) 10:00 Devotion/ Exercise Ball/ Swim Categories				

(Atrium) 11:00 Lg. Group: Exercise and Stretches 2:00 Snack Time 3:00 Unit Games 6:00 TV News	2:00 Reading Club 3:00 Balloon Volleyball/Music Therapy 6:30 Music Therapy and Relaxation	11:00 Hymns with Nancy and Friends(Vickie Hightower, Sitters LLC) 2:00 Snack Time/Paint by Number 3:00 Worship Service 6:30 TV Westerns			Birthdays: 07/02 Mary Ethel Milonas 07/18 Barbara Westbrook 07/19 Carol Koby 07/21 Pauline Bridgforth Birthday Party will be held on the 23rd at 3:00 p.m. in the Atrium	
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****** Our schedule is flexible and subject to change. Therefore, activities may occasionally be different than those scheduled.**