

April 2019 The Hughes Center Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>(1) 10:00 Devotion 10:15 Cross Picture Painting 2:00 "Something Old" (Reading Club/Discussion 3:00 Balloon Volleyball/Music Therapy 4:00 Lets Walk (Aerobic Exercise)/ Dice Bowling 6:30 Music Therapy and Relaxation</p>	<p>(2) 10:15 Devotion/Exercise Ball/ Cross Off the Word/Art Therapy 11:00 Hymns with Nancy and Friends(Vickie Hightower, Sitters LLC) 2:00 Snack Time/ Hand Massage Therapy 3:00 Worship Service/Book of Genesis Chapter 15 Bible Discussion 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</p>	<p>(3) 10:00 Devotion 10:15 Bingo 2:00 Snack Time/ 24 Pieces Jigsaw Puzzle 3:00 Parachute/ Kickball/Ball Toss 4:00 Chair Exercises (DVD)/ Lets Walk/ Trivia 6:30 Music Therapy and Relaxation</p>	<p>(4) Destination Stations: 10:15 Devotion/ Exercise/ The Tortoise and The Hare (Reading)/Which Word Does Not Belong /Lets Go Walking 11:00 – 11:30 Pet Therapy with Bella 2:00 Snack Time/ Item Locator/TV Westerns 3:00 Hands and Nails Care (Kathy Briner, Compassus Hospice and Pallative Care) 4:00 Lower Limbs Extremities Exercises/ Music Therapy/ Dice Trivia 6:30 TV Westerns</p>	<p>(5) 9:45 Devotion 10:00 The Quilting Club (Lindsey Leggett, Kindred Hospice) 2:00 Snack Time/ TV Oldies 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise)/ Bible Trivia 6:30 Music Therapy and Relaxation</p>	<p>(6) 10:00 Devotion/ Unit Games 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Bingo 4:00 Stretching Exercises 6:30 TV Westerns</p>

<p>(7) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Snack Time 3:00 Unit Games 4:00 Aerobic Exercises 6:00 TV News</p>	<p>(8) 10:00 Devotion 10:15 Balloon Volleyball and Music Therapy 2:00 Cooking with Cathi 3:00 Easter Egg Tree Craft 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</p>	<p>(9) 10:15 Devotion/ Exercise Ball/ Easter Bunny Craft 11:00 Hymns with Nancy and Friends(Vickie Hightower, Sitters LLC) 2:00 Snack Time//Paint By Number 3:00 The Gaither's Musical (DVD) 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</p>	<p>(10) 10:00 Devotion 10:15 Patio Hour / Socialization 2:00 Snack Time/ Easter's Art Therapy 3:00 Bingo 4:00 Chair Exercises (DVD)/ Lets Walk/ Trivia 6:30 Music Therapy and Relaxation</p>	<p>(11) 10:00 Devotion 10:15 Cooking with Sharon 2:00 Snack Time/ Item Locator/TV Westerns 3:00 Hands and Nails Care (Kathy Briner, Compassus Hospice and Palliative Care) 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>	<p>(12) 9:45 Devotion 10:15 Movie and Popcorn (Singing In The Rain) 2:00 Snack Time/Words Related to the Month of February/TV Oldies Hour 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise)/ Trivia 6:30 Music Therapy and Relaxation</p>	<p>(13) 10:00 Devotion/ Unit Games 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Reminiscence Activity 4:00 Stretching Exercises 6:30 TV Westerns</p>
<p>(14) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Snack Time 3:00 Unit Games/Art Therapy 4:00 Aerobic Exercises 6:00 TV News</p> <p>PALM SUNDAY</p>	<p>(15) 10:00 Devotion 10:15 April's Residents Birthday Party 2:00 Garden Party with Mrs. Sue Berry 3:00 Balloon Volleyball and Music Therapy 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</p>	<p>(16) 10:15 Devotion/ Exercise Ball/Dear Abby/ The Monthly Gazette 11:00 Hymns with Nancy and Friends (Vickie Hightower, Sitters LLC) 2:00 Snack Time/ Hand Massage Therapy 2:30 St. Catherine's IL Choir (Spring Concert) 3:00 Worship Service/Book of Genesis Chapter 16 Bible Discussion 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</p>	<p>(17) 9:45 Devotion 10:00 Master's Gardener Program 10:30 Chair Exercise (DVD) 2:00 Snack Time/ Easter's Trivia /Easy Does Trivia 3:00 Family Feud 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</p>	<p>(18) 9:45 Devotion 10:00 Easter's Celebration (Creative Art Christian Academy, Andrea Lorenz, Compassus Hospice and Pallative Care, Bridget Rochelle-Homestead Senior Care) 2:00 Snack Time/The Andy Griffith Show 3:00 Hands and Nails Care (Kathy Briner, Compassus Hospice and Pallative Care) 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>	<p>(19) 9:45 Devotion 10:15 Holy Week Discussion (Mr. Beck) 2:00 Snack Time/TV Oldies Hour/April Showers Word Search Puzzle 3:00 Relaxing Foot Care 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p> <p>GOOD FRIDAY</p> <p>PASSOVER BEGINS</p>	<p>(20) 10:00 Devotion/ Unit Games 11:00 Lets Walk 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Bingo 4:00 Stretching Exercises 6:30 TV Westerns</p>

<p>(21) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Snack Time 3:00 Unit Games 4:00 Aerobic Exercises 6:00 TV News</p> <p>HAPPY EASTER</p>	<p>(22) 10:00 Devotion 10:15 Chaminade's Musical Performance 2:00 National Jelly Bean Day 3:00 Jeopardy 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</p>	<p>(23) 10:15 Devotion/ Exercise Ball/ Art Therapy/Springtime Cross Off The Word 11:00 Hymns with Nancy and Friends 2:00 Snack Time/ Paint By Number 3:00 The Gaither's Musical (DVD) 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</p>	<p>(24) 10:00 Devotion 10:15 Easter's Bingo (Bridget Rochelle, Home Instead Senior Care) 2:00 Snack Time/24 Pieces Jigsaw Puzzle 3:00 Easter's Egg Coloring Contest 4:00 Chair Exercises (DVD)/Lets Walk 6:30 Music Therapy and Relaxation</p>	<p>(25) 10:00 Devotion 10:15 Parachute/ Kickball/Ball Toss 2:00 Snack Time /TV Western 3:00 Hands and Nails Care 4:00 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>	<p>(26) 10:00 Devotion 10:15 Spiritual Movie and Popcorn (The Ten Commandments) 2:00 Snack Time/ National Pretzel Day 3:00 Relaxing Foot Care 4:00 Lets Walk (Aerobic Exercise)/ Trivia 6:30 Music Therapy and Relaxation</p>	<p>(27) 10-11:30 Devotion / Cognitive- Trivia and Table Games 1:00 TV Sports/ Rest & Relaxation 2:00 Reminiscence Activity 3:00 Bible Jingo 4:00 Stretching Exercises 6:30 TV Westerns</p>
<p>(28) 10:00 TV Church 10:30 Family Worship Service (Atrium) 11:00 Lg. Group: Flexibility Exercises/ Current Events 2:00 Snack Time 3:00 Unit Games 4:00 Aerobic Exercises 6:00 TV News</p>	<p>(29) 9:45 Devotion 10:15 Balloon Volleyball /Music Therapy 2:00 Reading Club/Discussion 3:00 Ice Cream Social/Patio Hour 4:00 Lets Walk (Aerobic Exercise) 6:30 Music Therapy and Relaxation</p>	<p>(30) 10:15 Devotion/ Exercise Ball/April's Mad Lib Cognitive Stimulation Activities 11:00 Hymns with Nancy and Friends(Vickie Hightower, Sitters LLC) 2:00 Snack Time/ Hand Massage Therapy 3:00 Worship Service/Book of Genesis Chapter 17 Bible Discussion 4:00 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</p>				

**** Our schedule is flexible and subject to change. Therefore, activities may occasionally be different than those scheduled.