



ACTIVITY CALENDAR

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			1 8:00-Morning Coffee 9:00-Water Aerobics 9:30-Morning Stretch 10:00-Water Aerobics 10:00-Orign Bank 10:30-Virtual Tour 1:00-Hand and Foot 3:00-Wednesday Bible Study	2 8:00-Morning Coffee 8:30-Yoga w/ Lee 9:30-Tai Chi 10:30-National Walking Day (Take a walk around the Lake) 4:00-Water Walking	3 8:00-Morning Coffee 9:00-Water Aerobics 9:30-Morning Stretch 10:00-Water Aerobics 4:00-Happy Hour 6:00-Galloway Arts 6:30-Bingo	4 4:00 Water Walking
5 10:30 Protestant Service	6 8:00-Morning Coffee 9:00-Water Aerobics 9:15-Resident Council Meeting 9:30-Morning Stretch 10:00-Water Aerobics 1:00-Movie Matinee: The Passion Of The Christ	7 8:00-Morning Coffee 9:30-Exercise w/ Shelia 10:00-BP Check 10:00-Coffee Talk w/ Lisa 1:00-Happy Stitchers 3:00-Men's Bible Study (Dogwood Room) 4:00-Water Walking	8 8:00-Morning Coffee 9:00-Water Aerobics 9:00-Breakfast Parfaits Bar 10:00-Water Aerobics 10:30-Virtual Tour 11:00-Honey Sale 1:00-Hand and Foot 3:00-Wednesday Bible Study	9 8:00-Morning Coffee 8:30-Yoga w/Lee 9:30-Tai Chi 1:00-History Club 4:00-Water Walking	10 8:00-Morning Coffee 9:00-Water Aerobics 10:00-Sit & Be Fit 10:00-Water Aerobics 11:00-Lunch Bunch:Lou's Full Service 2:30-Darts 4:00-Happy Hour	11 4:00 Water Walking 7:30 Mighty Keys
12 10:30 Protestant Service	13 8:00-Morning Coffee 9:00-Water Aerobics 9:30-Morning Stretch 10:00-Water Aerobics	14 8:00-Morning Coffee 8:30-Yoga w/ Lee 9:30-Exercise w/ Shelia 3:00-Men's Bible Study (Dogwood Room) 4:00-Water Walking 5:00-Dinner Out:	15 8:00-Morning Coffee 9:00-Water Aerobics 9:30-Morning Stretch 10:00-Orign Bank 10:30-Virtual Tour 1:00-Hand and Foot 3:00-Wednesday Bible Study	16 8:00-Morning Coffee 9:30-Tai Chi 10:30-Spring Penny Auction 2:00-Book Mobile 4:00-Water Walking	17 8:00-Morning Coffee 9:00-Water Aerobics 9:30-Morning stretch 10:00-Water Aerobics 1:15-SCV Staff Meeting 2:30-Darts 4:00-Happy Hour 6:30-Bingo	18 4:00 Water Walking
19 10:30 Protestant Service 2:00 New Stage	20 8:00-Morning Coffee 9:00-Water Aerobics 9:30-Morning Stretch 10:00-Water Aerobics 1:00-Movie Matinee: All The President's Men	21 8:00-Morning Coffee 8:30-Yoga DVD 9:30-Exercise w/ Shelia 10:00-BP Check 1:00-Happy Stitchers 2:00-Trivia 3:00-Men's Bible Study (Dogwood Room) 4:00-Water Walking	22 8:00-Morning Coffee 9:00-Water Aerobics 9:30-Morning Stretch 10:00-Water Aerobics 10:30-Reflection w/Renisha 1:00-Hand and Foot 3:00-Wednesday Bible Study	23 8:00-Morning Coffee 9:30-Tai Chi 2:00-Spring Fling 4:00- Water Walking 4:00-Current Eventz	24 8:00-Morning Coffee 9:00-Water Aerobics 9:30-Morning Stretch 10:00-Water Aerobics 1:00-Bridge Game 2:30-Darts 4:00-Happy Hour 6:30-Bingo	25 4:00 Water Walking
26 10:30 Protestant Service	27 8:00-10:00-CARF 9:00-Water Aerobics 10:00-Water Aerobics 1:00-Movie Matinee: The Mask of Zorro	28 8:00-Morning Coffee 8:30-Yoga w/ Lee 9:30-Exercise w/ Shelia 10:00-BP Check 1:00-Happy Stitchers 1:00-Bible & Babies Bundle 3:00-Men's Bible Study (Dogwood Room) 4:00-Water Walking	29 8:00-Morning Coffee 9:00-Water Aerobics 9:30-Morning Stretch 10:00-Water Aerobics 12:00-3:00-CARF	30 8:00-Morning Coffee 9:30-Tai Chi 4:00-Water Walking 2:00-Spring Craft		

Church Services

Catholic Service: Monday-Friday 8:30am/Sunday 9:00am(Chapel)

United Methodist Service: Tuesday 4:00pm (Chapel)

Protestant Service: Every Sunday 10:30am (Activity Room)

Episcopal Service: Every Wednesday 4:00pm (Chapel)