

# Activity Calendar

# May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			9:00 Coffee & Conversation with JoyCARE! 9:30 Water Aerobics 9:45 Group Exercise (after JoyCARE) 1:00 Hand & Foot Card Games	10:00 Coffee with Lisa (village meeting, all residents invited) 1:00 Art Class: Finish cross paintings 1:00 Happy Stitchers: <u>Club Rm.</u> 3:45 Water Walking	9:30 Water Aerobics 9:30 Group Exercise 10:00 Korean Children's Choir to perform 11:15 Bus leaves for Golf Tournament 4:00 Happy Hour, byob 6:30 Bingo	3:45 Water Walking 5:00 Kentucky Derby Party!
5	6	7	8	9	10	11
9:00 Mass: <u>Chapel</u> 10:30 Activity Room Service *1:30 Bridge Games: <u>Cafe</u>	9:30 Water Aerobics 9:30 Group Exercise 10:30 Village Q & A (all residents invited) 1:00 Movie: Rainman 3:00 Croquet Games 4:30 Getting to Know Sharlene McLemore!	*8:30 Yoga with Lee 10:00 Morrison Heights Senior Adult Choir to perform 1:00 Beginner Spanish Class 2:30 Choir 3:45 Water Walking	No group exercise today Volunteers setting up for closet sale 9:30 Water Aerobics 11-1 Local honey for sale 1:00 Hand & Foot Card Games: <u>Club</u>	No art class today Volunteers setting up for closet sale 10:30 Bible Study with Sam T: <u>Chapel</u> 1:00 Happy Stitchers: <u>Club Rm.</u> 3:45 Water Walking	No group exercise 7am-12 Closet Sale 9:30 Water Aerobics 4:00 Happy Hour, byob 6:30 Bingo	3:45 Water Walking
12	13	14	15	16	17	18
9:00 Mass: <u>Chapel</u> 10:30 Activity Room Service *1:30 Bridge Games: <u>Cafe</u>	9:30 Water Aerobics 9:30 Group Exercise 10:30 Activity Committee Meeting 1:00 Movie: Steel Magnolias 3:00 Croquet Games	No spanish class today *8:30 Yoga with Lee 10:30 History Club with George: Colonial Williamsburg 2:30 Choir 3:45 Water Walking	9:30 Water Aerobics 9:30 Group Exercise 10:00 Proactive Funeral Planning with Fr. Frank Cosgrove: <u>Chapel</u> 1:00 Hand & Foot Card Games	No art class today 10:00 Nourish Your Noggin: MIND Center 1:00 Happy Stitchers: <u>Club Rm.</u> 3:45 Water Walking	9:30 Water Aerobics 9:30 Group Exercise 4:00 Happy Hour, byob 6:30 Bingo	3:45 Water Walking
19	20	21	22	23	24	25
					9:30 Water Aerobics	

<p>9:00 Mass: <u>Chapel</u>  10:30 Activity Room Service  *1:30 Bridge Games: <u>Cafe</u></p>	<p>9:30 Water Aerobics  9:30 Group Exercise  1:00 Movie: Samson at Sight &amp; Sound Theatre  3:00 Croquet Games</p>	<p><b>*8:30 Yoga with Lee</b>  1:00 Beginner Spanish Class  2:30 Choir  3:45 Water Walking  <b>*5:00 Bus to dinner out to Mermaid Cafe</b></p>	<p>9:30 Water Aerobics  9:30 Group Exercise  10:30 Accounting Firm SCV Audit Presentation  1:00 Hand &amp; Foot Card Games</p>	<p>10:30 New Sponsorship Presentation, Q/A with Sr. Susan Karina  1:00 Art Class: Card Making  1:00 Happy Stitches: <u>Club Rm.</u>  3:45 Water Walking  4:00 Book Club: <u>Dogwood Rm.</u></p>	<p>9:30 Group Exercise  <b>*10:15 Technology 'Speed Learning' Sessions, bring your ?s</b>  <b>*3:30 Dart Games</b>  4:00 Happy Hour, byob  6:30 Bingo</p>	<p>3:45 Water Walking</p>
<p>26</p> <p>9:00 Mass: <u>Chapel</u>  10:30 Activity Room Service  *1:30 Bridge Games: <u>Cafe</u></p>	<p>27</p> <p>Memorial Day  <i>No group exercise today</i>  9:30 Water Aerobics  <b>*9:00 Men's Breakfast!</b>  1:00 Movie: Forrest Gump  3:00 Croquet Games</p>	<p>28</p> <p><b>*8:30 Yoga with Lee</b>  1:00 Beginner Spanish Class  2:30 Choir  3:45 Water Walking</p>	<p>29</p> <p>9:30 Water Aerobics  9:30 Group Exercise  1:00 Opera Buffs: La Traviata  1:00 Hand &amp; Foot Card Games: <u>Club</u></p>	<p>30</p> <p><b>*9:30 'Pajamas and Pancakes' Ladies Breakfast with Guest Speaker: Barbara Travis!</b>  1:00 Art Class: Drawing Class  1:00 Happy Stitches: <u>Club Rm.</u>  3:45 Water Walking</p>	<p>31</p> <p>9:30 Water Aerobics  9:30 Group Exercise  <b>*1:00 \$1 Bridge Game</b>  4:00 Happy Hour, byob  6:30 Bingo</p>	