

ACTIVITY



CALENDAR

2022

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1 10:30a Bible Study	2 9:00a - Water Aerobics 9:15a - Resident Council Meeting 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee: "Rescued by Ruby" 3:00p - Getting to Know You: Tad & Joyce Trowbridge and Ed and Barbara Sentell 3:00p - Croquet	3 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/ KLove 10:00a -11:00a - BP Checks 10:30a - Veterans Club 1:00p - Happy Stitchers 2:00p - Guest Speaker: Charlotte Waller 4:00p - Water Walking 4:00p - Current Events Meeting Wii Bowling moved to Friday	4 9:00a - Water Aerobics 9:30a - Moms and Mimosas for Mother's Day 10:00a - Water Aerobics 2:00p - Book Club Morning Stretch Cancelled	5 10:00a - Coffee with Lisa 12:30p - 1:30p - Book Mobile 1:00p - Hope Carr Watercolor Class 4:00p - Water Walking 2:30p - Cinco De Mayo Afternoon Treat 	6 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - New Directions: Want to Become a Member? 1:30p - Rummikub Game 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Happy Hour (Cyber Café) 6:30p - Bingo	7 4:00p Water Walking
8 10:30a Bible 	9 9:00a - Water Aerobics 9:30a - Morning Stretch 10:30a - Activity Committee Meeting 10:00a - Water Aerobics 1:00p - Movie Matinee: Lee Daniels "The Butler" 3:00p - Croquet	10 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/ KLove 10:00a -11:00a - BP Checks 10:30a - Tim Coker: Music and the Mind 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking 5:00p - Dinner Out: "Zea Rotisserie"	11 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Nourish Your Noggin: The 10 Warning Signs of Alzheimer's 11:00a - 1:00p - Honey for Sale 1:00p - Hope Carr Watercolor Class	12 9:30a - Low Impact Cardio w/ KLove 10:30a - Virtual Tour of Italy's Cities: Ep.5&6 1:00p - History Club (George Kirkpatrick) 2:30p - Ladder Ball 4:00p - Water Walking	13 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Cello Music Trio Performance 1:30p - Rummikub Game 2:30p - Ping Pong 4:00p - Happy Hour (Cyber Café) 6:30p - Bingo	14 4:00p Water Walking
15 10:30a Bible Study	16 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee: "Dreamer" 3:00p - Croquet	17 9:30a - 3:00p - Vaccine Booster Clinic in Activity Room 1:00p - Happy Stitchers 4:00p - Water Walking Activities in Activity Room Cancelled	18 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Arts and Crafts: DIY Drink Coasters 2:00p - Book Club	19 8:30a - Yoga w/Lee 9:30a - Low Impact Cardio Video 12:30p - 1:30p - Book Mobile 2:30p - Ladder Ball 4:00p - Water Walking	20 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 11:00a - National Pizza Party Day! 2:00 - Resident Show & Tell 4:00p - Happy Hour (Cyber Café) 6:30p - Bingo	21 4:00p Water Walking
22 10:30a Bible Study	23 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Classic Movie Matinee: "The Inn of the Sixth Happiness" 3:00p - Croquet	24 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/ KLove (if Day Trip does not make) 10:00a -11:00a - BP Checks 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking Day Trip to Natchez!	25 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Joyfully Janie Speaks Again! 1:00p - Hope Carr Watercolor Class	26 9:30a - Low Impact Cardio w/ KLove 10:30a - Virtual Tour of Italy's Cities: Ep.7 2:00p - Wine Tasting Demo with Chef Rodney 4:00p - Water Walking	27 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - \$1 Bridge Game 4:00p - Happy Hour (Cyber Café) 6:30p - Bingo	28 4:00p Water Walking
29 10:30a Bible Study	30 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Opera Showing: Lehar: The Merry Widow 3:00p - Croquet	31 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/ KLove 10:00a -11:00a - BP Checks 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking				