










2021 The Hughes Center's June Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Andy Griffith Show at 8-9:45 am and 2pm daily</p> <p>Let's Make A Deal Game Show 2pm daily</p> <p>Newspapers and Coffee- Morning Hours</p> <p style="color: green;">Happy Birthday to all June's Residents, Family Members, & Employees</p>		<p>(1) 10:00 Snack/ Hydration 10:15 Devotion/ Exercise/ DAD MAD LIB Story/Cross Off Word Cognitive Stimulation 1:00 Activities in the Binder or Activities Cart/Music Therapy 1:30 Bridge with Nancy & Priscilla</p>  <p>BRIDGE</p> <p>2:15 Snack Time & Hydration/ Hand Massage Therapy/ Reminiscence/ Cute as a Junebug Word Search Puzzle 3:00 The Gaither's Musical Performance (DVD)/ Sing along</p>  <p>4:30 Upper Limbs Extremities Exercises/Music Therapy 6:30 TV Westerns</p>	<p>(2) 10:00 Snacks/Hydration 10:15 Devotion/ Exercise/</p>  <p>1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ 24/48 Pieces Jigsaw Puzzles/Connect Four/UNO/Card Games (Solitaire) 3:00 National Bubbles Day/Patio Hour/Ice Cream Social/Walk 4:30 1:1 Therapy 6:30 Music Therapy and Relaxation</p>	<p>(3) 10:00 Snack/Hydration 10:15 Devotion/Exercise/</p>  <p>/The Father's Day Gift (Reading and Discussion) 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ 3:00 Hands and Nails Care/</p>  <p>Mediation (15 minutes) with soft Music/ Easy Does Trivia Cognitive Stimulation Activities 4:30 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>	<p>(4) 9:45 Devotion/Exercise 10:15 Spiritual Movie and Popcorn</p>   <p>1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ TV Oldies Hour/Odd and Even Numbers Cognitive Stimulation Activities</p>  <p>3:00 Relaxing Foot Care 4:00 Relaxing Foot Care 4:30 Lets Walk (Aerobic Exercise)/ Trivia 6:00 Music Therapy and Relaxation</p>	<p>(5) 10:00 -11:30 Devotion/ Snack/Hydration/ Exercise/ Cognitive -Trivia and Table Games 1:00 TV Sports / Rest & Relaxation 2:00 Magazine Scavenger Hunt 4:00 Bingo 7:00 Lawrence Welk Social</p> 

<p>(6) 9:00 TV MASS On Unit 9:45 Snack/ Hydration 10:00 Worship Service in the Atrium</p> <p><i>Praise and give thanks to the Lord</i></p> <p>10:30 Flexibility Exercise 11:00 Current Events/Art Therapy/ Word Search Puzzles/Patio 2:00 Popcorn and TV Oldies 3:00 1:1 Therapy 6:00 Music Therapy</p>	<p>(7) 10:00 Snack/ Hydration 10:15 Devotion/Exercise/ Banana Split Day Social!</p>  <p>Large Picture Painting 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:00 Snack Tie & Hydration/Spelling Father Fill in the Missing Letters/Reading Club 3:00 Balloon/Beach Volleyball/ Tennis Balloon/ Dance and Music Therapy 4:30 Trivia 6:30 Music Therapy and Relaxation</p>	<p>(8) 10:00 Snack/ Hydration 10:15 Devotion/Exercise/ Dear Abby/The Monthly Gazette/Patio Hour 1:00 Activities in the Binder or Activities Cart/Music Therapy 1:30 Bridge with Nancy & Priscilla</p>  <p>BRIDGE 2:15 Snack Time & Hydration/ Hand Massage Therapy/ Reminiscence 3:00 Starting with a Surprise (Reading and Discussion)</p>  <p>/Chair Exercise/ Mediation (15 Minutes) with soft music/ 4:30 Upper Limbs Extremities Exercises/Music Therapy 6:30 TV Westerns</p>	<p>(9) 10:00 Snack/ Hydration 10:15 Devotion/ Exercise/ Bible Jingo/Hymns/ UNO (Sorting by numbers and colors)</p>  <p>10:30 Men's Social (Art and Craft Room)</p>  <p>MEN'S GROUP 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time & Hydration/ Art Therapy 3:00 Chair Exercise (DVD)/Walk Outdoors 4:30 1:1 Therapy 6:30 Music Therapy and Relaxation</p>	<p>(10) 10:00 Snack/ Hydration Destination Stations: 10:15 Devotion/Exercise/ Which Word Is Spelled Correctly/ Item Locator/ Take Me Out to The Ballgame Skit/Walk Around the Atrium</p>  <p>1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time & Hydration/ National Black Cow Day Social 3:00 Hand and Nail Care/ Andy Griffith Show/Musical Ball Basketball Game 4:30 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p> 	<p>(11) 10:00 Snack/ Hydration/Devotion 10:15 Summer Fashion Show (Atrium)</p>  <p>1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time & Hydration/ Patio Hour 3:00 Relaxing Foot Care 4:30 Lets Walk (Aerobic Exercise)/ Trivia 6:00 Music Therapy and Relaxation</p>	<p>(12) 10:00 Snack Time/Hydration 10:15-11:00 Devotion/ Exercise/ Reminiscence/Table Games 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Bible Story 4:00 Stretching Exercises 6:30 TV Westerns</p> 
<p>(13) 9:00 Worship Service on the Television 9:45 Snack Time/Hydration 10:00 Worship Service in the Atrium</p>	<p>(14) 10:00 Snack/ Hydration/ Devotion 10:15 Balloon Volleyball/Music Therapy/ Tennis Balloon</p> 	<p>(15) 10:00 Snack/Hydration 10:15 Devotion/ Exercise/ Phrases and Proverbs/Grand Pa Item Locator/ Words Rhyme with June/ Art Therapy 1:00 Activities in the Binder or Activities Cart/Music Therapy 1:30 Bridge with Nancy & Priscilla</p>	<p>(16) 10:00 Snacks/Hydration 10:15 Devotion/ Exercise/ Wedding Social (Atrium)</p>  <p>1:00 Activities in the Binder or Activities Cart/Music Therapy</p>	<p>(17) 10:00 Snack/Hydration</p>  <p>10:15 Devotion/Exercise/ Creative Day on each Wing (Staff creates and carry out an activity for the residents!)</p>	<p>(18) 9:45 Devotion/Exercise 10:15 DONUTS WITH DAD DAY!!</p>  <p>1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ TV Oldies Hour</p>	<p>(19) 10:00 Snack Time/Hydration 10:15-11:00 Devotion/ Exercise/ Reminiscence 1:00 Rest and Relaxation 2:00 Popcorn Social 3:00 Bible Story 4:00 Stretching Exercises 6:30 TV Westerns</p>



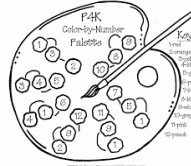
10:30 Flexibility
Exercise/ Current
Events
2:00 Popcorn and TV
Oldies/Rest Time
3:00 1:1 Therapy
6:00 Music Therapy

1:00 Activities in the
Binder or Activities
Cart/Music Therapy
2:15 Snack Time &
Hydration/ June's Word
Search Puzzle
3:00 Flag Day Craft/ A
Flag for All Seasons
(Reading and Discussion)

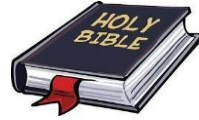


4:30 1:1 Therapy
6:30 Music Therapy and
Relaxation

2:15 Snack Time/ Paint
by Number



3:00 The Gaither's
Musical/ Sing along/
Genesis 43 Bible
Discussion



4:30 Upper Limbs
Extremities
Exercises/Music
Therapy
6:30 TV Westerns

2:15 Snack Time/ 24/48 Pieces
Jigsaw Puzzles/Connect Four



3:00 Bingo (Atrium) /Walk/
Destination Wedding (Reading and
Discussion)

4:30 1:1 Therapy
6:30 Music Therapy and
Relaxation

1:00 Activities in the Binder or
Activities Cart/Music Therapy
2:15 Snack Time/ Magazine
Scavenger Hunt













3:00 Hands and Nails Care/
Mediation (15 minutes) with soft
music/ Give Me 5 cognitive
stimulation activities
4:30 Music Therapy
6:30 TV Westerns

3:00 Relaxing Foot Care



4:30 Lets Walk (Aerobic Exercise)/
Trivia
6:00 Music Therapy and Relaxation



<p>(20) 9:00 Worship Service on the Television 9:45 Snack Time/Hydration 10:00 Worship Service in Atrium</p> <p>SEEK THE LORD WHILE HE MAY BE FOUND.</p> <p>10:30 Flexibility Exercise/ Current Events 2:00 Popcorn and TV Oldies 3:00 1:1 Therapy (reading, etc.) 6:00 Music Therapy Happy Father's Day</p> <p>First Day of Summer</p>	<p>(21) 10:00 Snack/Hydration 10:15 Devotion/ Chair Exercise (DVD)/Art Therapy/Patio Hour</p>  <p>1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/Word Search Puzzle/Reading Club 3:00 Balloon Volleyball/ Music therapy/Dance Therapy</p>  <p>4:30 1:1 Therapy 6:30 Music Therapy and Relaxation</p>	<p>(22) 10:00 Snack/ Hydration 10:15 Devotion/Fun Fitness with Terry 1:00 Activities in the Binder or Activities Cart/Music Therapy 1:30 Bridge with Nancy & Priscilla 2:15 Snack Time/ Hand Massage Therapy</p>  <p>/ Reminiscence/ Word Search Puzzle /Connect Four/ UNO 3:00 Patio Hour/Dance and Music Therapy/Ice Cream Social 4:30 Upper Limbs Extremities Exercises/Music Therapy/ Trivia 6:30 TV Westerns</p>	<p>(23) 10:00 Snack/ Hydration 10:15 Devotion/ Exercise/Baking Cookies with the Residents/ Bake Sale Item Locator 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/TV Western 3:00 June's Birthday Party</p>  <p>4:30 1:1 Therapy 6:30 Music Therapy and Relaxation</p> <p>B: DAY- M. SPIVEY</p>	<p>(24) 10:00 Snack/Hydration Destination Stations: 10:15 Devotion/Exercise/ Starting with a Surprise (Reading and Discussion)/ Birds Calling on the Patio</p>  <p>1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ Music Therapy 3:00 Hands and Nails Care/The Andy Griffith Show 4:30 Lower Limbs Extremities Exercises/ Music Therapy 6:30 TV Westerns</p>	<p>(25) 10:00 Devotion/Exercise 10:15 Snacks/Hydration/ Spiritual Movie and Popcorn 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/Rest and Relaxation/</p>  <p>TV Oldies 3:00 Relaxing Foot Care 4:30 Trivia</p>  <p>6:00 Music Therapy and Relaxation</p>	<p>(26) 10:00 Snack Time/Hydration 10:15-11:00 Devotion/ Exercise/ Sorting the Cards (colors and numbers) 1:00 Rest and Relaxation 2:00 Popcorn Social</p>  <p>3:00 Bible Story 4:00 Stretching Exercises 6:30 TV Westerns</p>
<p>(27) 9:00 Worship Service on the Television 9:45 Snack Time/Hydration 10:00 Worship Service in the Atrium</p> <p>To God be the GLORY <i>Great Things He Hath Done!</i></p>	<p>(28) 10:00 Snack/Hydration 10:15 Devotion/Exercise/ Balloon Volleyball/ Music therapy/Dance Therapy 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/Patio Hour 3:00 Parachute</p>  <p>4:30 1:1 Therapy</p>	<p>(29) 10:00 Snack/ Hydration 10:15 Devotion/Exercise/ Bible Trivia/ Bible Art Therapy/Meditation (15 Minutes) with soft music 1:00 Activities in the Binder or Activities Cart/Music Therapy 1:30 Bridge with Nancy & Priscilla 2:15 Snack Time/ Paint by Number 3:00 The Gaither's Musical Performance/ Patio Hour 4:30 Upper Limbs Extremities</p>	<p>(30) 10:00 Snack/ Hydration 10:15 Devotion/Exercise/Bingo 1:00 Activities in the Binder or Activities Cart/Music Therapy 2:15 Snack Time/ Summer's Word Search Puzzle 3:00 Worship Service – Genesis Chapter 44 Bible Discussion 4:30 1:1 Therapy 6:30 Music Therapy and Relaxation</p> 		<p>June is the 6th month of the year and has 30 days.</p> <p>Season (Northern Hemisphere): Summer</p>	<p>Symbols of June</p> <p>Birthstone: Pearl</p> <p>Flower: Rose Zodiac signs: Gemini and Cancer</p>

10:30 Flexibility Exercise/ Current Events 2:00 Popcorn and TV Oldies 3:00 1:1 Therapy 6:00 Music Therapy	6:30 Music Therapy and Relaxation	Exercises/Music Therapy/ Trivia 6:30 TV Westerns				

***** Our schedule is flexible and subject to change. Therefore, activities may occasionally be different than those scheduled.**