

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday




January 2022

CAMPBELL COVE / HUGHES CENTER



9:30 – Devotion / Daily Chronicles ¹
 10:00 – January Monthly Gazette & Reminisce New Year Traditions
 3:00 – History of the Rose Parade
 3:30 – Rose Coloring Sheet
 4:00 – Rose Bowl Game on ESPN

New Year's Day

<p>9:00 – TV Mass (Ch 18) ² 9:30 – Devotion / Daily Chronicles 10:00 – TV Worship Service 2:00 – Spiritual Movie / Popcorn 4:30 – Chair Exercises 6:30 – TV Game Shows</p>	<p>9:00 – TV Mass (Ch 18) ³ 9:30 –Devotion/Chronicles/Exercise 10:00 – Word Puzzles 2:00 – Art Therapy 3:00 – Table Games on Halls 4:00 – Chair Exercise 6:30 – TV's Wheel of Fortune</p>	<p>9:00 – TV Mass (Ch 18) ⁴ 9:30 –Devotion/Chronicles/Exercise 10:00 – National Trivia Day 2:00 – Art Therapy 3:00–Popsicle Stick Snowflake Craft 4:00 – Chair Dancing 6:30 – TV's Family Feud</p>	<p>9:00 – TV Mass (Ch 18) ⁵ 9:30 –Devotion/Chronicles/Exercise 10:00 – National Bird Day Activity 2:00 – Cognitive Puzzles Sheets 3:00 – UNO or Puzzles on Halls 4:00 – Stretching Exercise 6:30 – TV's Wheel of Fortune</p> <p>National Bird Day</p>	<p>9:00 – TV Mass (Ch 18) ⁶ 9:30 –Devotion/Chronicles/Exercise 10:00 – Reading Club 2:00 – Art Therapy 3:00 – Hand & Nail Care 4:00 – Chair Exercise 6:30 – TV's Family Feud</p> <p>Day of Epiphany Charlie Brown Day</p>	<p>9:00 – TV Mass (Ch 18) ⁷ 9:30 –Devotion/Chronicles/Exercise 10:00 – Movie & Popcorn 2:00 – Cognitive Puzzles Sheets 3:00 –Foot Care &/or Hand Massage 4:00 – Chair Dancing 6:30 – TV's Wheel of Fortune</p>	<p>9:00 – TV Mass (Ch 18) ⁸ 9:30 –Devotion/Chronicles/Exercise 10:00 – BINGO in the Hall 2:00 – Popcorn Social/Reminisce 3:00 – Table Games 4:00 – Chair Exercise 6:30 – TV's Game Shows</p> <p>Elvis Presley's Birthday</p>
<p>9:00 – TV Mass (Ch 18) ⁹ 9:30 – Devotion / Daily Chronicles 10:00 – TV Worship Service 2:00 – Ice Cream Social 3:00 – Hallmark Channel Movie 6:30 – TV Game Shows</p>	<p>9:00 – TV Mass (Ch 18) ¹⁰ 9:30 –Devotion/Chronicles/Exercise 10:30 – Music Therapy/Balloon Toss 2:00 – Ntnl Bittersweet Choc Social 3:00 – Matching Dominoes 4:00 – Upper Limb Exercises 6:30 – TV's Wheel of Fortune</p>	<p>9:00 – TV Mass (Ch 18) ¹¹ 9:30 –Devotion/Chronicles/Exercise 10:00 – Word Puzzles 1:45 – Bridge or Art Therapy 3:00 – Let's Make "Snow Globes" 4:00 – Lower Limbs Exercise 6:30 – TV's Family Feud</p> <p>National Thinking About Snow Days</p>	<p>9:00 – TV Mass (Ch 18) ¹² 9:30 –Devotion/Chronicles/Exercise 10:30 – Monthly Birthday Party 2:00 – Art Therapy 3:00 – UNO Card Game 4:00 –Stretching Exercise 6:30 – TV's Wheel of Fortune</p>	<p>9:00 – TV Mass (Ch 18) ¹³ 9:30 –Devotion/Chronicles/Exercise 10:00 – Trivia Talk 2:00 – Cognitive Puzzle Sheets 3:00 – Hand & Nail Care 4:00 – Chair Exercise 6:30 – TV's Family Feud</p> <p>National Frisbee Day</p>	<p>9:00 – TV Mass (Ch 18) ¹⁴ 9:30 –Devotion/Chronicles/Exercise 10:00 – Movie & Popcorn 2:00 – Art Therapy 3:00 –Foot Care &/or Hand Massage 4:00 – Chair Dancing 6:30 – TV's Wheel of Fortune</p>	<p>9:00 – TV Mass (Ch 18) ¹⁵ 9:30 –Devotion/Chronicles/Exercise 10:00 – Table Games 2:00 – Art Therapy 3:00 – Cognitive Puzzle Sheets 4:00 – Let's Go Walking / Trivia 6:30 – TV's Game Shows</p> <p>National Tulip Day in Holland</p>
<p>9:00 – TV Mass (Ch 18) ¹⁶ 9:30 – Devotion / Daily Chronicles 10:00 – TV Worship Service 2:00 – Juice & Snack Break 3:00 – Hallmark Channel Movie 4:00 – Stretching Exercises / Trivia 6:30 – TV Game Shows</p>	<p>9:00 – TV Mass (Ch 18) ¹⁷ 9:30 –Devotion/Chronicles/Exercise 10:00 – LadderBall Game 2:00 – Art Therapy 3:00 – Baking Activity 4:00 – Upper Limb Exercises 6:30 – TV's Wheel of Fortune</p> <p>Benjamin Franklin Day/Betty White Day Mahammad Ali Day Martin Luther King Jr. Day</p>	<p>9:00 – TV Mass (Ch 18) ¹⁸ 9:30 –Devotion/Chronicles/Exercise 10:00 – "Talking Ball" Toss 2:00 – Cognitive Puzzle Sheets 3:00 – Pictionary or Trivia 4:00 – Lower Limbs Exercise 6:30 – TV's Family Feud</p>	<p>9:00 – TV Mass (Ch 18) ¹⁹ 9:30 –Devotion/Chronicles/Exercise 10:00 – Trivia Talk 2:00 – Art Therapy 3:00 – "Two Cents" Game 4:00 – Stretching Exercise 6:30 – TV's Wheel of Fortune</p>	<p>9:00 – TV Mass (Ch 18) ²⁰ 9:30 –Devotion/Chronicles/Exercise 10:00 – Bingo 2:00 – JigSaw Puzzles 3:00 – Hand & Nail Care 4:00 – Chair Exercise 6:30 – TV's Family Feud</p> <p>National Roller Coaster Day</p>	<p>9:00 – TV Mass (Ch 18) ²¹ 9:30 –Devotion/Chronicles/Exercise 10:00 – Movie & Popcorn 2:00 – Art Therapy 3:00 –Foot Care &/or Hand Massage 4:00 – Chair Dancing 6:30 – TV's Wheel of Fortune</p> <p>All About Squirrels Day</p>	<p>9:00 – TV Mass (Ch 18) ²² 9:30 –Devotion/Chronicles/Exercise 10:00 – BINGO in the Hall 2:00 – Popcorn Social 3:00 – Winter Reminisce 4:00 – Stretching Exercises 6:30 – TV's Game Shows</p> <p>Make JOYFUL Moments Day</p>
<p>9:00 – TV Mass (Ch 18) ²³ 9:30 – Daily Chronicles / Exercise 10:00 – TV Worship Service 2:00 – Art Therapy 3:00 – Hallmark Channel Movie 6:30 – TV Game Shows</p> <p> Activity Professionals Week</p>	<p>9:00 – TV Mass (Ch 18) ²⁴ 9:30 –Devotion/Chronicles/Exercise 10:00 – Baking Activity 2:00 – Hot Chocolate Social 3:00 – Golf Putting 4:00 – Let's Go Walking / Trivia 6:30 – TV's Wheel of Fortune</p>	<p>9:00 – TV Mass (Ch 18) ²⁵ 9:30 –Devotion/Chronicles/Exercise 10:00 – Trivia Talk 2:00 – Art Therapy 3:00 – Bingo 4:00 – Upper Extremities Exercise 6:30 – TV's Family Feud</p>	<p>9:00 – TV Mass (Ch 18) ²⁶ 9:30 –Devotion/Chronicles/Exercise 10:00 – Music & Balloon Toss 2:00 – JigSaw Puzzles 3:00 – "Two Cents" Game 4:00 – Let's Go Walking / Trivia 6:30 – TV's Wheel of Fortune</p> <p>Australia Day (observed)</p>	<p>9:00 – TV Mass (Ch 18) ²⁷ 9:30 –Devotion/Chronicles/Exercise 10:00 – Reading Club 2:00 – Art Therapy 3:00 – Hand & Nail Care 4:00 – Lower Extremities Exercise 6:30 – TV's Family Feud</p> <p>Mozart's Birthday National Geographic Magazine Day</p>	<p>9:00 – TV Mass (Ch 18) ²⁸ 9:30 –Devotion/Chronicles/Exercise 10:00 – Movie & Popcorn 2:00 – Cognitive Puzzles Sheets 3:00 –Foot Care &/or Hand Massage 4:00 – Chair Dancing 6:30 – TV's Wheel of Fortune</p>	<p>9:00 – TV Mass (Ch 18) ²⁹ 9:30 –Devotion/Chronicles/Exercise 10:00 – Table Games 2:00 – Popcorn Social 3:00 – BINGO in the Hall 4:00 – DVD Chair Exercise 6:30 – TV's Game Shows</p> <p>National Oprah Winfrey Day National JigSaw Puzzle Day</p>
<p>9:00 – TV Mass (Ch 18) ³⁰ 9:30 – Daily Chronicles / Exercise 10:00 – TV Worship Service 2:00 – Juice & Snack Break 3:00 – Hallmark Channel Movie 6:30 – TV Game Shows</p> <p>Bowling Game Invented</p>	<p>9:00 – TV Mass (Ch 18) ³¹ 9:30 –Devotion/Chronicles/Exercise 10:00 – Trivia & Hot Cocoa 2:00 – Art Therapy 3:00 – Craft on Halls 4:00 – Chair Exercise 6:30 – TV's Wheel of Fortune</p>	<p>ORIGIN OF JANUARY'S NAME: Most historians believe the Latin month, <i>Januarius</i>, derives from <i>janua</i> which means DOOR since it was the opening of the new year. It was also associated with Janus, the 2-faced Roman god of doors and openings who guarded the gates of heaven. Janus could simultaneously face the year just past and the year to come.</p> <p>BIRTHSTONE: Garnet (a bright reddish-orange crystal of passion and is thought to be one of the oldest crystals used for spiritual protection in history. Also represents love & friendship.)</p> <p>FLOWERS: Carnation and Snowdrop</p> <p>COLORS: Black and Dark Blue</p> <p>THE TOP 10 MOST COMMON NEW YEAR RESOLUTUIONS: (1) Exercise More; (2) Lose Weight; (3) Get Organized; (4) Learn a new skill or hobby; (5) Live life to the fullest; (6) Save Money; (7) Quit smoking; (8) Spend more time with family & friends; (9) Travel More; (10) Read More. WHAT ARE YOUR TOP 3 RESOLUTIONS??</p>				

The ACTIVITY SCHEDULE is FLEXIBLE & SUBJECT TO CHANGE. If you or a friend would like to SCHEDULE a pet dog visit, crafts, music program, cooking demo, etc., then please call 601-856-0160.