

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

January 2026

CAMPBELL COVE / HUGHES CENTER

January 2026						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
(Seeking Volunteer to lead "Church or Sunday School" on a Saturday or Sunday) 4	10:00 -- Residents to Atrium & VISIT 10:15 -- CHAIR DANCING; BRAIN GAMES; TRIVIA TALK; UPPER ROOM DEVOTION 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:30 -- Watch a MOVIE (TV or Atrium) 4:30 -- UNITS: Dance to Music or Exercise 7:00 --UNITS: Watch PBS TV / Game Show	5 (Angela / afternoon shopping) 10:00 -- Residents to Atrium & VISIT 10:15 -- Let's STRETCH 10:30 - 11:30 / HOUR OF HYMNS with Nancy & Friends 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:45 -- (Atrium) KARAOKE SING-ALONG (while Moovin' & Groovin") 4:30 -- (Atrium) TRAVEL VIDEO: Alaska 4:30 -- (UNITS) Discuss Handout / Story 6:30 -- TV's WHEEL OF FORTUNE Game	6 National Cookbook Day 10:00 -- Residents to Atrium & VISIT 10:15 -- MONTHLY BIRTHDAY PARTY Sponsor: Andrew Brantley, G.H. 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:45 -- Residents to COUNTRY KITCHEN 2:30 -- (Atrium) BRAIN GAMES &/or PUZZLES 4:30 -- TV's FAMILY FEUD Game Show	7 ELVIS PRESLEY Birthday (1935) 10:00 -- Residents to Atrium & VISIT 10:15 -- ELVIS PRESLEY Trivia Talk 10:30 -- Let's Play BALLOON VOLLEYBALL 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:30 to 3:30 -- (Atrium) MUSIC PRACTICE with Nancy & Mr Ed (Come Listen) 4:30 -- (Units) HANDS & NAIL CARE 6:30 -- TV's WHEEL OF FORTUNE Game	8 10:00 -- Residents to Atrium & Visit 10:15 - 11:00 / Fun Sing-along with Mike Davis, C.C. 11:00 -- EXERCISE / TRIVIA 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 1:00 -- Load Bus for SCENIC BUS RIDE (16 Seats / Limited) (Depart by 1:30 / Return by 3:00) 3:15 -- (Atrium) ELVIS MOVIE 4:30 -- (Units) FOOT SOAKS 6:30 -- (Units) TV's FAMILY FEUD Game	9 Tune in to FOOTBALL GAMES of choice 9:00 -- TV CATHOLIC MASS (Ch 18) 10:15 -- UNITS: Play some Music for Stretches or Dance 1:00 -- Rest & Leisure Time (Available on Units: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 3:15 -- UNITS: Play a Game/Cards; work a JigSaw Puzzle together; Tic-Tac-Toe; etc. 4:30 -- UNITS: Dance to Music or Exercise 7:00-- UNITS: Watch PBS TV / Game Show
(Seeking Volunteer to lead "Church or Sunday School" on a Saturday or Sunday) 11	10:00 -- Residents to Atrium & VISIT 9:00 -- TV CATHOLIC MASS (Ch 18) 10:00 -- TV Protestant Church or Gaither Gospel Music Video in Atrium 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:30 -- Watch a MOVIE (TV or Atrium) 4:30 -- UNITS: Dance to Music or Exercise 7:00 --UNITS The GOLDEN GLOBE AWARDS (Channel CBS)	12 10:00 -- Residents to Atrium & VISIT 10:15 -- SAXOPHONE MUSIC & SINGING by Ron Jenkins (Join us! Lots of Fun!) 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:45 -- (Atrium) ART & CRAFTS 4:30 -- UNITS: Dance to Music or Exercise 6:30 -- TV's FAMILY FEUD Game Show	13 10:00 -- Residents to Atrium & VISIT 10:15 -- Let's STRETCH 10:30 - 11:30 / HOUR OF HYMNS with Nancy & Friends 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:30 -- (Atrium) Let's Laugh with FUNNY ANIMAL Videos 4:30 -- (UNITS) Discuss Handout / Story 6:30 -- TV's WHEEL OF FORTUNE Game	14 10:00 -- Residents to Atrium & VISIT 10:15 -- Let's Stretch 10:30 -- FLORAL DESIGNS SLIDESHOW by our Master Gardeners (John & Malinda) 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:30 -- (Atrium) Visit with BENTLEY, Pet Therapy Dog by Pastor Dave Qualls 4:30 -- (UNITS) BRAIN GAMES &/or PUZZLES 6:30 -- TV's FAMILY FEUD Game Show	15 10:00 -- Residents to Atrium & VISIT 10:15 -- Devotion /Brain Games/Trivia Talk 10:30 -- Let's Play BALLOON VOLLEYBALL 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:30 to 3:30 -- (Atrium) MUSIC PRACTICE with Nancy & Mr Ed (Come Listen) 4:30 -- (Units) HANDS & NAIL CARE 6:30 -- TV's WHEEL OF FORTUNE Game	16 Tune in to FOOTBALL GAMES of choice 9:00 -- TV CATHOLIC MASS (Ch 18) 10:15 -- UNITS: Play some Music for Stretches or Dance 1:00 -- Rest & Leisure Time (Available on Units: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 3:15 -- UNITS: Play a Game/Cards; work a JigSaw Puzzle together; Tic-Tac-Toe; etc. 4:30 -- UNITS: Dance to Music or Exercise 7:00-- UNITS: Watch PBS TV / Game Show
(Seeking Volunteer to lead "Church or Sunday School" on a Saturday or Sunday) 18	Dr. Martin Luther King, Jr's Day (1929) 10:00 -- Residents to Atrium & VISIT 10:15 -- CHAIR DANCING; BRAIN GAMES; TRIVIA TALK; UPPER ROOM DEVOTION 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:30 -- Watch a MOVIE (TV or Atrium) 4:30 -- UNITS: Dance to Music or Exercise 7:00 --UNITS: Watch PBS TV / Game Show	19 GEORGE BURNS Birthday (1896) 10:00 -- Residents to Atrium & VISIT 10:15 -- Let's STRETCH 10:30 - 11:30 / HOUR OF HYMNS with Nancy & Friends 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:45 -- (Atrium) KARAOKE SING-ALONG (while Moovin' & Groovin") 4:30 -- (Atrium) Let's Laugh with FUNNY ANIMAL Videos 4:30 -- (UNITS) Discuss Handout / Story 6:30 -- TV's WHEEL OF FORTUNE Game	20 11:00 to 1:00 (Atrium) CAREGIVER SUPPORT GRUP MEETING MORNING ACTIVITY ON UNITS / CRAFTS 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:30 -- (Atrium) Visit with MIKA, a friendly Schitzu Puppy by Leah Shimaf 4:30 -- (UNITS) BRAIN GAMES &/or PUZZLES 6:30 -- TV's FAMILY FEUD Game Show	21 10:00 -- Residents to Atrium & VISIT 10:15 -- Devotion /Brain Games/Trivia Talk 10:30 -- Let's Play BALLOON VOLLEYBALL 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:30 -- (Atrium) MUSIC PRACTICE with Nancy & Mr Ed (Come Listen) 4:30 -- (Units) HANDS & NAIL CARE 6:30 -- TV's WHEEL OF FORTUNE Game	22 10:00 -- Residents to Atrium & VISIT 10:15 -- LET's PLAY BINGO & PRIZES (Join us! Lots of Fun!) 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:30 -- (Atrium) DOLLY PARDON MOVIE 4:30 -- (Units) FOOT SOAKS 6:30 -- (Units) TV's FAMILY FEUD Game	23 Tune in to FOOTBALL GAMES of choice 9:00 -- TV CATHOLIC MASS (Ch 18) 10:15 -- UNITS: Play some Music for Stretches or Dance 1:00 -- Rest & Leisure Time (Available on Units: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 3:15 -- UNITS: Play a Game/Cards; work a JigSaw Puzzle together; Tic-Tac-Toe; etc. 4:30 -- UNITS: Dance to Music or Exercise 7:00-- UNITS: Watch PBS TV / Game Show
(Seeking Volunteer to lead "Church or Sunday School" on a Saturday or Sunday) 25	National ACTIVITY PROFESSIONAL Week 10:00 -- Residents to Atrium & VISIT 10:15 -- CHAIR DANCING; BRAIN GAMES; TRIVIA TALK; UPPER ROOM DEVOTION 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:45 -- (Atrium) ART & CRAFTS 4:30 -- UNITS: Dance to Music or Exercise 6:30 -- TV's FAMILY FEUD Game Show	26 National Geographic Magazine Day 10:00 -- Residents to Atrium & VISIT 10:15 -- Let's STRETCH 10:30 - 11:30 / HOUR OF HYMNS with Nancy & Friends 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:45 -- (Atrium) ART & CRAFTS 4:30 -- (Atrium) TRAVEL VIDEO: Australia 4:30 -- (UNITS) Discuss Handout / Story 6:30 -- TV's WHEEL OF FORTUNE Game	27 10:00 -- Residents to Atrium & VISIT 10:15 -- National KAZOO Fun Day 10:30 -- Let's play BALLOON VOLLEYBALL 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:30 -- (Atrium) Visit with BENTLEY, Pet Therapy Dog by Pastor Dave Qualls 4:30 -- (UNITS) BRAIN GAMES &/or PUZZLES 6:30 -- TV's FAMILY FEUD Game Show	28 10:00 -- Residents to Atrium & VISIT 10:15 -- RESIDENT OF MONTH SALUTE Sponsor: Rebecca Kincaid, PxH 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:30 to 3:30 -- (Atrium) MUSIC PRACTICE with Nancy & Mr Ed (Come Listen) 4:30 -- (Units) HANDS & NAIL CARE 6:30 -- TV's WHEEL OF FORTUNE Game	29 10:00 -- Residents to Atrium & VISIT 10:15 -- MINUTE TO WIN IT & OTHER GAMES 1:00 -- Rest & Leisure Time (Available on Units/Request: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 2:30 to 3:30 -- (Atrium) MUSIC PRACTICE with Nancy & Mr Ed (Come Listen) 4:30 -- (Units) FOOT SOAKS 6:30 -- (Units) TV's FAMILY FEUD Game	30 Tune in to FOOTBALL GAMES of choice 9:00 -- TV CATHOLIC MASS (Ch 18) 10:15 -- UNITS: Play some Music for Stretches or Dance 1:00 -- Rest & Leisure Time (Available on Units: Magazines; Art Sheets; Word Games; Other; Snacks/Hydration) 3:15 -- UNITS: Play a Game/Cards; work a JigSaw Puzzle together; Tic-Tac-Toe; etc. 4:30 -- UNITS: Dance to Music or Exercise 7:00-- UNITS: Watch PBS TV / Game Show

ACTIVITY CALENDAR IS FLEXIBLE & SUBJECT TO CHANGE WITHOUT NOTICE. VOLUNTEERS NEEDED FOR YEAR 2026: PET DOG VISITS; ART/CRAFT HELPERS; MUSIC ENTERTAINERS; GARDEN TOPICS or DONATE PLANTS; MEN'S GROUP HOST; BINGO HELPER or PRIZE SPONSOR; COOKING DEMO/HELPER; PAINT FINGERNAILS; PARTY SPONSORS for Plates/Napkins/Decor; SATURDAY or SUNDAY DEVOTIONAL; BULLETIN BOARD; etc. Contact ACTIVITY DEPARTMENT Angela.Hammer@FMOLHS.org or 601-856-0116