



# January 2024

## Activity Calendar



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
<b>31</b> 6:00 - 8:00 <b>New Years Eve Party</b>	<b>1</b> <b>No Activities</b> <b>Happy New Year to Everyone !</b>	<b>2</b> 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio 11:00 - BP checks 1:00 - Happy Stitches 1:30 - <b>Wii Bowling Tournament</b> 3:00 - Men's Bible Study 4:00 - Water Walking	<b>3</b> 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:00 - Origin Bank 10:30 - Virtual Tour: France 1:00 - Hand and Foot 3:00 - Wednesday Bible Study	<b>4</b> 8:00 - Coffee Group 9:30 - Low Impact Cardio 2:30 - 3:30 - Book Mobile 4:00 - Social Dancing 4:00 - Water Walking	<b>5</b> 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 11:00 - <b>Lunch Bunch: Half Shell</b> 2:00 - Ping Pong 4:00 - Happy Hour 6:30 - Bingo	<b>6</b> 4:00 Water Walking
<b>7</b> 10:30 Protestant Service	<b>8</b> 8:00 - Coffee Group 9:00 - Water Aerobics 9:15 - <b>Resident Council Meeting</b> 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - <b>Activity Committee Meeting</b> 1:00 - <b>Movie Matinee: Greenbook</b> 3:00 - <b>Sunshine Choir</b>	<b>9</b> 8:00 - Coffee Group 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio 10:00 - 11:00 - BP checks 10:30 - <b>Lisa Valadie Speaks on Medications</b> 1:00 - Happy Stitches 4:00 - Water Walking 5:00 - <b>Dinner Out: Char</b>	<b>10</b> 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - Virtual Tour: France 10:30 - Closet Sale <b>Committee Meeting (Dogwood Room)</b> 11:00 - 1:00 - <b>Honey for Sale</b> 1:00 - <b>History Club</b> 3:00 - Wednesday Bible Study	<b>11</b> 8:00 - Coffee Group 9:30 - Low Impact Cardio 2:30 - Ladder Ball	<b>12</b> 9:00 - <b>PJs and Pancakes Breakfast</b> 10:00 - Water Aerobics 4:00 - Happy Hour 6:30 - Bingo	<b>13</b> 4:00 Water Walking 7:30 Symphony
<b>14</b> 10:30 Protestant Service	<b>15</b> <b>Closet Sale Set - Up</b>	<b>16</b> <b>Closet Sale Set - Up</b> 3:00 - Men's Bible Study	<b>17</b> <b>Closet Sale Set - Up</b> 10:00 - Origin Bank	<b>18</b> <b>Closet Sale Day</b> 8:00am - 9:00am Employees Only 9:00am - 1:00pm Open to Everyone	<b>19</b> 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - <b>\$1 Bridge Game</b> 2:30 - <b>Popcorn Treat</b> 4:00 - Happy Hour 6:30 - Bingo 	<b>20</b> 4:00 Water Walking
<b>21</b> 10:30 Protestant Service	<b>22</b> 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - <b>Movie Matinee: Raising Helen</b> 3:00 - <b>Sunshine Choir</b>	<b>23</b> 8:00 - Coffee Group 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio 10:00 - 11:00 - BP checks 10:00 - <b>Tai Chi Exercise DVD</b> 1:00 - Happy Stitches 2:00 - <b>Paint and Sip</b> 4:00 - Water Walking	<b>24</b> 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - Virtual Tour: France 1:00 - Hand and Foot 3:00 - Wednesday Bible Study	<b>25</b> 8:00 - Coffee Group 9:30 - Low Impact Cardio 10:30 - <b>Resident Art Showcase</b> 4:00 - Current Eventz	<b>26</b> 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 2:00 - <b>Scrabble Game</b> 4:00 - Happy Hour 6:30 - Bingo	<b>27</b> 4:00 Water Walking 7:30 Symphony
<b>28</b> 10:30 Protestant Service	<b>29</b> 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - <b>Musical: West Side Story</b> 3:00 - <b>Sunshine Choir</b>	<b>30</b> 8:00 - Coffee Group 8:30 - Yoga w/ Lee 9:30 - Low Impact Cardio 10:00 - 11:00 - BP checks 10:30 - <b>Scams Presentation</b> 1:00 - Happy Stitches 4:00 - Water Walking	<b>31</b> 8:00 - Coffee Group 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:00 - Origin Bank 10:30 - Virtual Tour: France 1:00 - Hand and Foot 3:00 - Wednesday Bible Study	<b>Church Services</b> Catholic Service: Monday - Friday 8:30am/Sunday 9:00am (Chapel) United Methodist Service: Every Tuesday 4:00pm (Chapel) Episcopal Service: Every Wednesday 4:00pm (Chapel) Protestant Service: Every Sunday 10:30am (Activity Room)		