





Happy
New Year

January 2025 Activity Calendar

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Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
<p>Church Services</p> <p>Catholic Service: Monday - Friday 8:30am/Sunday 9:00am (Chapel) United Methodist Service: Every Tuesday 4:00pm (Chapel) Episcopal Service: Every Wednesday 4:00pm (Chapel) Protestant Service: Every Sunday 10:30am (Activity Room) Men's Bible Study: Every Tuesday 3:00pm (Dogwood Room) Wednesday Bible Study: Every Wednesday at 3:00pm (Activity Room)</p>			<p>NO ACTIVITIES</p> <p>Activity Coordinators OFF</p> 	<p>8:00 - Coffee Group</p> <p>9:30 - Low Impact Cardio</p> <p>4:00 - Water Walking</p>	<p>8:00 - Coffee Group</p> <p>9:00 - Water Aerobics</p> <p>9:30 - Morning Stretch</p> <p>10:00 - Water Aerobics</p> <p>11:00 - Lunch Bunch: El Sombrero of Gluckstadt</p> <p>4:00 - Happy Hour</p> <p>6:30 - Bingo </p>	<p>4:00 Water Walking</p>
<p>5</p> <p>10:30 Protestant Service</p>	<p>8:00 - Coffee Group</p> <p>9:00 - Water Aerobics</p> <p>9:15 - Resident Council Meeting</p> <p>9:30 - Morning Stretch</p> <p>10:00 - Water Aerobics</p> <p>1:00 - Movie Matinee: The Theory of Everything</p>	<p>7</p> <p>10:00 - Coffee with Lisa</p> <p>9:30 - Low Impact Cardio</p> <p>11:00 - BP checks</p> <p>1:00 - Happy Stitchers</p> <p>3:00 - Men's Bible Study (Dogwood Room)</p> <p>4:00 - Water Walking</p>	<p>8</p> <p>9:00 - Water Aerobics</p> <p>NO EXERCISE</p> <p>9:30 - HAPS MEETING (Activity Coordinator's ONLY)</p> <p>10:00 - Water Aerobics</p> <p>10:00 - Origin Bank</p> <p>11:00 - 1:00 - Honey for Sale</p> <p>1:00 - Hand and Foot</p> <p>3:00 - Wednesday Bible Study</p>	<p>9</p> <p>8:00 - Coffee Group</p> <p>8:30 - Yoga w/ Lee</p> <p>9:30 - Low Impact Cardio</p> <p>10:30 - Walt Grayson: Walk Around Mississippi: Part 4</p> <p>1:00 - History Club</p>	<p>10</p> <p>8:00 - Coffee Group</p> <p>9:00 - Water Aerobics</p> <p>9:00 - Pancakes & PJ's Breakfast</p> <p>10:00 - Water Aerobics</p> <p>4:00 - Happy Hour</p> <p>6:30 - Bingo</p>	<p>11</p> <p>4:00 Water Walking</p> <p>7:30 Symphony</p> 
<p>12</p> <p>10:30 Protestant Service</p>	<p>13</p> <p>8:00 - Coffee Group</p> <p>9:00 - Water Aerobics</p> <p>9:30 - Morning Stretch</p> <p>10:30 - Activity Committee Meeting</p> <p>10:00 - Water Aerobics</p> <p>1:00 - Movie Matinee: Dead Poets Society</p>	<p>14</p> <p>8:00 - Coffee Group</p> <p>8:30 - Yoga w/ Lee</p> <p>9:30 - Low Impact Cardio</p> <p>10:00 - 11:00 - BP checks</p> <p>1:00 - Happy Stitchers</p> <p>3:00 - Men's Bible Study (Dogwood Room)</p> <p>4:00 - Water Walking</p> <p>5:00 - Dinner Out: Amerigo's </p>	<p>15</p> <p>8:00 - Coffee Group</p> <p>9:00 - Water Aerobics</p> <p>9:30 - Morning Stretch</p> <p>10:00 - Water Aerobics</p> <p>10:30 - Virtual Tour: Ireland & Scotland</p> <p>1:00 - Hand and Foot</p> <p>3:00 - Wednesday Bible Study</p>	<p>16</p> <p>8:00 - Coffee Group</p> <p>9:30 - Low Impact Cardio</p> <p>10:30 - Home Health Hearing Presentation: Diabetes & Hearing</p> <p>2:00 - Resident Piano Showcase</p> <p>2:00 - 3:00 - Book Mobile</p>	<p>17</p> <p>8:00 - Coffee Group</p> <p>9:00 - Water Aerobics</p> <p>9:30 - Morning Stretch</p> <p>10:00 - Water Aerobics</p> <p>1:00 - \$1 Bridge Game</p> <p>4:00 - Happy Hour</p> <p>6:30 - Bingo</p>	<p>18</p> <p>4:00 Water Walking</p>
<p>19</p> <p>10:30 Protestant Service</p>	<p>20</p> <p>8:00 - Coffee Group</p> <p>9:00 - Water Aerobics</p> <p>9:30 - Morning Stretch</p> <p>10:00 - Water Aerobics</p> <p>2:00 - Martin Luther King Speech Film & Popcorn</p>	<p>21</p> <p>8:00 - Coffee Group</p> <p>8:30 - Yoga w/ Lee</p> <p>9:30 - Low Impact Cardio</p> <p>10:00 - 11:00 - BP checks</p> <p>1:00 - Happy Stitchers</p> <p>2:00 - Paint and Sip w/ Peaches</p> <p>3:00 - Men's Bible Study (Dogwood Room)</p> <p>4:00 - Water Walking</p>	<p>22</p> <p>8:00 - Coffee Group</p> <p>9:00 - Water Aerobics</p> <p>9:30 - Morning Stretch</p> <p>10:00 - Water Aerobics</p> <p>10:00 - Origin Bank</p> <p>10:30 - Virtual Tour: Ireland & Scotland</p> <p>1:00 - Hand and Foot</p> <p>3:00 - Wednesday Bible Study</p>	<p>23</p> <p>8:00 - Coffee Group</p> <p>9:30 - Low Impact Cardio</p> <p>10:30 - First Baptist Church Flora Performs</p> <p>4:00 - Current Eventz</p>	<p>24</p> <p>8:00 - Coffee Group</p> <p>9:00 - Water Aerobics</p> <p>9:30 - Morning Stretch</p> <p>10:00 - Water Aerobics</p> <p>10:30 - Tim Stanek: Creative Jazz Piano Performance</p> <p>4:00 - Happy Hour</p> <p>6:30 - Bingo</p>	<p>25</p> <p>4:00 Water Walking</p>
<p>26</p> <p>10:30 Protestant Service</p>	<p>27</p> <p>8:00 - Coffee Group</p> <p>9:00 - Water Aerobics</p> <p>9:30 - Morning Stretch</p> <p>10:00 - Water Aerobics</p> <p>1:00 - Movie Matinee- Grey Gardens</p>	<p>28</p> <p>8:00 - Coffee Group</p> <p>8:30 - Yoga w/ Lee</p> <p>9:30 - Low Impact Cardio</p> <p>10:00 - 11:00 - BP checks</p> <p>1:00 - Happy Stitchers</p> <p>3:00 - Men's Bible Study (Dogwood Room)</p> <p>4:00 - Water Walking</p>	<p>29</p> <p>8:00 - Coffee Group</p> <p>9:00 - Water Aerobics</p> <p>9:30 - Morning Stretch</p> <p>10:00 - Water Aerobics</p> <p>10:30 - Virtual Tour: Ireland & Scotland</p> <p>1:00 - Hand and Foot</p> <p>3:00 - Wednesday Bible Study</p>	<p>30</p> <p>8:00 - Coffee Group</p> <p>9:30 - Low Impact Cardio</p> <p>10:30 - Sherye Green WWII Talk</p> <p>2:00 - Resident Show & Tell</p>	<p>31</p> <p>8:00 - Coffee Group</p> <p>9:00 - Water Aerobics</p> <p>9:30 - Morning Stretch</p> <p>10:00 - Water Aerobics</p> <p>2:00 - Hot Chocolate Treat</p> <p>4:00 - Happy Hour</p> <p>6:30 - Bingo</p> <p>National Hot Chocolate Day</p>	<p>1</p> <p>4:00 Water Walking</p>