

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
HAPPY NEW YEAR 2023 !! 9:00 -- TV Church MASS (Ch 18) 9:45 -- UNIT Stretches / Walk Around 10:00 -- Residents to ATRIUM 10:15 -- CHURCH by Bro Beck & Piano by Ms Mary Lou Lott 1:45 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 2:15 -- ATRIUM: Staff to turn on MOVIE for the Residents 4:30 -- UNITS: Games / Puzzles Magazines / Stretches / Other 7:00 -- PBS TV Station for Entertainment	1 ALL UNIT ACTIVITIES TAKE DOWN CHRISTMAS DECORATIONS 10:00 -- Watch ROSE BOWL PARADE AFTERNOON: Snacks / Hydration Word Puzzles / Art Sheets Football Games on TV 3-11 Shift: Games / Puzzles Magazines / Exercise / Other TV Game Shows	2 9:45 -- Residents to Atrium 10:00 -- Devotion / Trivia / Exercise 10:30 -- HOUR OF HYMNS with Nancy and Friends 1:45 -- BRIDGE CLUB Meets 2:00 -- UNITS: Snacks & Hydration Word Puzzles / Art Sheets 4:00 -- UNITS: Read / Discuss Stories 4:30 -- UNITS: Exercise / Hall Walk 5:00 -- TV Oldies 6:30 -- TV's Family Feud Show	3 10:00 -- Residents to ATRIUM 10:15 -- Adapted Sports / Devotion 2:00 -- UNITS Snacks / Hydration Word Puzzles / Art Sheets 3:15 -- ATRIUM: Card Games 5:00 -- UNITS Stretches / TV Oldies 6:30 -- TV's Wheel of Fortune	4 10:00 -- Residents to ATRIUM 10:15 -- Devotional Reading / Exercise Trivia Talk / Word Games 2:00 -- UNITS Snacks / Hydration Word Puzzles / Art Sheets 3:30 -- UNITS: Pretty Nails 5:00 -- TV Oldies 6:30 -- TV's Family Feud Show	5 10:00 -- Residents to ATRIUM 10:15 -- Devotional Reading / Exercise Trivia Talk / Word Games 2:00 -- UNITS Snacks / Hydration Word Puzzles / Art Sheets 3:30 -- UNITS: Foot Soaks 5:00 -- TV Oldies 6:30 -- TV's Wheel of Fortune	6 9:00 -- TV Church MASS (Ch 18) 10:00 -- UNITS: Movie Matinee Hallmark Channel 1:00 -- Rest & Relaxation Time 2:00 -- UNITS: Snacks & Hydration (Utilize Word Puzzles & Art Sheets from earlier in week.) 3:00 -- TV Sports or Other Favorites 4:30 -- Exercise / Hall Walking 7:00 -- PBS TV Station for Entertainment	
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9:00 -- TV Church MASS (Ch 18) 9:45 -- UNIT Stretches / Walk Around 10:00 -- Residents to ATRIUM 10:15 -- CHURCH by Bro Beck & Piano by Ms Mary Lou Lott 1:45 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 2:15 -- ATRIUM: Staff to turn on MOVIE for the Residents 4:30 -- UNITS: Games / Puzzles Magazines / Stretches / Other 7:00 -- PBS TV Station for Entertainment	15 (Angela/Acts off today) MARTIN LUTHER KING JR DAY ALL UNIT ACTIVITIES MORNING: Devotion / Trivia / Exercise Outdoor Patio if Weather Permits AFTERNOON: Snacks / Hydration Use existing Word Puzzles & Art Sheets 3:30 -- UNITS: TV Oldies 4:30-UNITGames/Puzzles/Stretches Outdoor Patio if weather permits 6:30 -- TV's Wheel of Fortune	16 9:45 -- Residents to Atrium 10:00 -- Devotion / Trivia / Exercise 10:30 -- HOUR OF HYMNS with Nancy and Friends 1:45 -- BRIDGE CLUB Meets 2:00 -- UNITS: Snacks & Hydration Word Puzzles / Art Sheets 4:00 -- UNITS: Read / Discuss Stories 4:30 -- UNITS: Exercise / Hall Walk 5:00 -- TV Oldies 6:30 -- TV's Family Feud Show	17 9:45 -- Residents to ATRIUM 10:00 -- Devotion / Trivia / Exercise 10:30 -- (?) CELLO Music 2:00 -- UNITS Snacks / Hydration Word Puzzles / Art Sheets 3:15 -- ATRIUM: Card Games 5:00 -- UNITS Stretches / TV Oldies 6:30 -- TV's Wheel of Fortune	18 10:00 -- Residents to ATRIUM 10:15 -- MONTHLY BIRTHDAY PARTY Sponsor: Ms Lindsey / Gentiva Hospice 2:00 -- UNITS Snacks / Hydration Word Puzzles / Art Sheets 3:30 -- UNITS: Pretty Nails 5:00 -- TV Oldies 6:30 -- TV's Family Feud Show	19 9:45 -- Residents to ATRIUM 10:00 -- CHAMINADE MUSIC INTERACTIVE PROGRAM 2:00 -- UNITS Snacks / Hydration Word Puzzles / Art Sheets 3:30 -- UNITS: Foot Soaks 5:00 -- TV Oldies 6:30 -- TV's Wheel of Fortune	20 9:00 -- TV Church MASS (Ch 18) 10:00 -- UNITS: Movie Matinee Hallmark Channel 1:00 -- Rest & Relaxation Time 2:00 -- UNITS: Snacks & Hydration (Utilize Word Puzzles & Art Sheets from earlier in week.) 3:00 -- TV Sports or Other Favorites 4:30 -- Exercise / Hall Walking 7:00 -- PBS TV Station for Entertainment	
CHINESE NEW YEAR of RABBIT 9:00 -- TV Church MASS (Ch 18) 9:45 -- UNIT Stretches / Walk Around 10:00 -- Residents to ATRIUM 10:15 -- CHURCH by Bro Beck & Piano by Ms Mary Lou Lott 1:45 -- UNIT Snacks / Hydration Word Puzzles / Art Sheets 2:15 -- ATRIUM: Staff to turn on MOVIE for the Residents 4:30 -- UNITS: Games / Puzzles Magazines / Stretches / Other 7:00 -- PBS TV Station for Entertainment	22 ACTIVITY PROFESSIONAL WEEK 10:00 -- Residents to ATRIUM 10:15 -- Devotion / Trivia Talk Word Games / Chair Dancing Discuss "Chinese New Year of Rabbit" 2:00 -- UNIT Snacks & Hydration Word Puzzles / Art Sheets 2:30 -- CRAFT (??Winter Sock-Snowman) Sponsor: Ms Shannon / St Joseph Hospice 3:30 -- UNITS: TV Oldies 4:30 -- UNITS: Games / JigSaw Puzzles Stretches / Outdoor Patio if weather permits 6:30 -- TV's Wheel of Fortune	23 9:45 -- Residents to Atrium 10:00 -- Devotion / Trivia / Exercise 10:30 -- HOUR OF HYMNS with Nancy and Friends 1:45 -- BRIDGE CLUB Meets 2:00 -- UNITS: Snacks & Hydration Word Puzzles / Art Sheets 4:00 -- UNITS: Read / Discuss Stories 4:30 -- UNITS: Exercise / Hall Walk 5:00 -- TV Oldies 6:30 -- TV's Family Feud Show	24 10:00 -- Residents to ATRIUM 10:15 -- Adapted Sports / Devotion 2:00 -- UNITS Snacks / Hydration Word Puzzles / Art Sheets 3:15 -- Residents to ATRIUM 3:30 -- FUN SING-A-LONG with Mary Lou Lott 5:00 -- UNITS Stretches / TV Oldies 6:30 -- TV's Wheel of Fortune	25 10:30--MAGNOLIA HALL /Load Van SCENIC VAN RIDE MORNING/UNITS: Devotion / Trivia Hall Walking / Exercise 2:00 -- UNITS Snacks / Hydration Word Puzzles / Art Sheets 3:30 -- UNITS: Pretty Nails 5:00 -- TV Oldies 6:30 -- TV's Family Feud Show Australia Day (observed)	26 10:00 -- Residents to ATRIUM 10:15 -- MONTHLY BINGO & PRIZES Sponsor:Ms Terry/Covenant Caregivers 2:00 -- UNITS Snacks / Hydration Word Puzzles / Art Sheets 3:30 -- UNITS: Foot Soaks 5:00 -- TV Oldies 6:30 -- TV's Wheel of Fortune	27 9:00 -- TV Church MASS (Ch 18) 10:00 -- UNITS: Movie Matinee Hallmark Channel 1:00 -- Rest & Relaxation Time 2:00 -- UNITS: Snacks & Hydration (Utilize Word Puzzles & Art Sheets from earlier in week.) 3:00 -- TV Sports or Other Favorites 4:30 -- Exercise / Hall Walking 7:00 -- PBS TV Station for Entertainment	
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ACTIVITY CALENDAR IS FLEXIBLE & SUBJECT TO CHANGE WITHOUT NOTICE! Family & Friends are invited to VOLUNTEER in any of these areas: CRAFT HELPER or DONATE CRAFT ITEMS; COOKING DEMO; MONTHLY BINGO and DONATE PRIZES; Schedule PET DOG VISIT; POLISH NAILS; Host a "SHOW & TELL" Hobby Day such as Quilts, Art, Etc.; FLOWER TOPIC Day; Assist with a SPECIAL EVENT; Play a MUSICAL INSTRUMENT; Assist with a GAME; Etc. If interested, please contact Angela Hammer, Activity Dept @ 601-856-0116.