

July 2022

Activity Calendar

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	Catholic Service: Monday - Friday @ 8:30am / Sunday @ 9:00am United Methodist Service: Tuesdays @ 4:00pm Episcopal Service: Every Wednesday @ 4:00pm All services are in the chapel				9:00a - Water Aerobics 1 9:30a - Morning Stretch 10:00a - Water Aerobics 1:30p - Rummikub 2:30p - Ping Pong 4:00p - Happy Hour 6:30p - Bingo	2 4:00p Water Walking
3 10:30a Bible Study	4 No Activities Holiday 	5 8:30a - Yoga w/Lee 9:30a - Low Impact Cardio 10:00a - 11:00a - BP Checks 10:30a - Veterans Club 1:00p - Happy Stitches 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking	6 9:00a - Water Aerobics 9:00a - 12:00p - AARP Safe Drivers Course 10:00a - Water Aerobics Morning Stretch Cancelled	7 10:00a - Coffee w/Lisa 12:30a - 1:30p - Book Mobile 2:30p - Popsicle Social 4:00p - Water Walking	8 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 11:00a - Lunch Bunch @ Trace Grill 1:30p - Rummikub Game 2:30p - Corn Hole 4:00p - Happy Hour 6:30p - Bingo	9 4:00p Water Walking
10 10:30a Bible Study	11 9:00a - Water Aerobics 9:15a - Resident Council Meeting 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Activity Committee Meeting 1:00p - Movie Matinee - "Lean on Me" 3:00p - Getting to Know You: Dr. Heber & Sister Simmons	12 8:30a - Yoga w/Lee 9:30a - Low Impact Cardio 10:00a - 11:00a - BP Checks 1:00p - Happy Stitches 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking 5:00p - Dinner Out @ Hokkaido Hibachi Grill & Sushi	13 9:00a - Water Aerobics 9:30a - Morning Stretch 9:30a - Origin Bank 10:00a - Water Aerobics 10:30a - Understanding Alzheimer's and Dementia Presentation 11:00a - 1:00p - Honey for Sale 12:05p - BRAVES GAME 2:00p - Book Club	14 9:30a - Low Impact Cardio 10:30a - Virtual Tour of the Cities in France 1:00p - History Club 2:30p - Ladder Ball 4:00p - Water Walking	15 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - \$1 Bridge Game 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	16 4:00p Water Walking
17 10:30a Bible Study	CLOSET SALE WEEK			21 CLOSET SALE DAY 8:00am - 1:00pm 12:30a - 1:30p - Book Mobile	22 9:00a - Water Aerobics 10:00a - Water Aerobics 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo Morning Stretch Cancelled	23 4:00p Water Walking
24 10:30a Bible Study	25 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee - "Daniel Day - Lewis LINCOLN"	26 8:30a - Yoga w/Lee 9:30a - Low Impact Cardio 10:00a - 11:00a - BP Checks 10:30a - Human Trafficking Presentation 1:00p - Happy Stitches 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking	27 9:00a - Water Aerobics 9:30a - Morning Stretch 9:30a - Origin Bank 10:00a - Water Aerobics 10:30a - Arts and Crafts 2:00p - Book Club 4:00p - Current Events Meeting	28 9:30a - Low Impact Cardio 10:30a - Virtual Tour of the Cities in France 1:00p - Hope Carr Watercolor Paint Class 4:00p - Water Walking	29 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Don Walizer: Boogie Woogie Blues on Steroids 1:30p - Resident Show & Tell 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	30 4:00p Water Walking