



JULY 2025

Activity Calendar



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		10:00 - Coffee w/ Lisa 1 11:00- BP Checks 1:00 -Happy Stitchers 2:00 - Mormon Tabernacle Choir Video/ Mary Lou Patriotic Sing-a-long 4:00 - Water Walking	8:00 - Morning Coffee 2 9:00 - Water Aerobics 9:30- Morning Stretch 10:00 - Water Aerobics 10:00 - Origin Bank 10:30 - Virtual Tour of Scandinavia 1:00- Hand & Foot 3:00 - Wednesday Bible Study	8:00 - Morning Coffee 3 8:30- Yoga w/Lee 9:30 - Low Impact Cardio w/ KLove 2:00 - Ora Reed Patriotic Performance 4:00 - Water Walking	4 NO ACTIVITIES 4th of July Holiday HAPPY 4TH OF JULY	5 4:00 Water Walking
6 10:30 Protestant Service	8:00 - Morning Coffee 7 9:00 - Water Aerobics 9:15 - Residents' Council Meeting 9:30- Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: God Bless the USA " A Salute to the American Spirit"	8:00 - Morning Coffee 8 8:30 - Yoga w/Lee 9:30 - Low Impact Cardio 10:00 - 11:00 - BP Checks 1:00 -Happy Stitchers 1:30 - Wii Bowling 4:00 - Water Walking	8:00 - Morning Coffee 9 9:00- Water Aerobics 9:30- Morning Stretch 10:00- Water Aerobics 10:30 - Virtual Tour Travel Specials 11:00 - 1:00 - Honey for Sale 1:00 - Hand & Foot 3:00 - Wednesday Bible Study	8:00 - Morning Coffee 10 9:30 - Low Impact Cardio w/ KLove 1:00- History Club (George Kirkpatrick) 2:30 - Lemonade Social 4:00- Water Walking	8:00 - Morning Coffee 11 9:00 - Water Aerobics 9:30- Morning Stretch 10:00- Water Aerobics 11:00 - Lunch Bunch: Trace Grill 2:00 - Walter Herbison Performs 4:00 - Happy Hour 6:30- Bingo	12 4:00 Water Walking 6:30 Mud Monsters Baseball Game
13 10:30 Protestant Service	8:00 - Morning Coffee 14 9:00 - Water Aerobics 9:30- Morning Stretch 10:00 - Water Aerobics 10:30 - Activity Committee Meeting 1:00- Movie Matinee: Patch Adams	8:00 - Morning Coffee 15 8:30- Yoga w/Lee 9:30 - Low Impact Cardio 10:00- 11:00 - BP Checks 1:00 -Happy Stitchers 1:30 - Wii Bowling 4:00 - Water Walking 5:00 - Dinner Out: Shapley's	8:00 - Morning Coffee 16 9:00 - Water Aerobics 9:30- Morning Stretch 10:00 - Water Aerobics 10:00 - Origin Bank 10:30- Virtual Tour Travel Specials 1:00 - Hand & Foot 3:00 - Wednesday Bible Study	8:00-Morning Coffee 17 9:30 - Low Impact Cardio 2:00-Book Mobile 2:00 - Meet & Mingle with Chef Robert 4:00 - Water Walking	8:00 - Morning Coffee 18 9:00 - Water Aerobics 9:30- Morning Stretch 10:00 - Water Aerobics 1:00- \$1Bridge Game 4:00- Happy Hour 6:30 - Bingo	19 4:00 Water Walking
20 10:30 Protestant Service	8:00 - Morning Coffee 21 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00- Movie Matinee: The Last Song	8:00 - Morning Coffee 22 8:30 - Yoga w/Lee 9:30 - Low Impact Cardio 10:00 - 11:00 - BP Checks 1:00 -Happy Stitchers 1:30 - Wii Bowling 2:30 - Gleaners Presentation 4:00- Water Walking	8:00 - Morning Coffee 23 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - Virtual Tour Travel Specials 1:00 - Hand & Foot 3:00 - Wednesday Bible Study	8:00 - Morning Coffee 24 9:30- Low Impact Cardio 1:00 - Trip to the Nissan Plant 4:00 - Water Walking	8:00 - Morning Coffee 25 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 2:00- Ping Pong 4:00 - Happy Hour 6:30 - Bingo	26 4:00 Water Walking
27 10:30 Protestant Service	28 8:00 - Morning Coffee 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: 28 Days	8:00 - Morning Coffee 29 8:30 - Yoga w/Lee 9:30 - Low Impact Cardio 10:00 - 11:00- BP Checks 1:00 -Happy Stitchers 1:30 - Wii Bowling 4:00 - Water Walking	8:00 - Morning Coffee 30 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:00 - Origin Bank 10:30- Virtual Tour Travel Specials 1:00 - Hand & Foot 3:00 - Wednesday Bible Study	8:00 - Morning Coffee 31 11:30 - Hot Diggity Dog Lunch in Activity Room 4:00 - Water Walking 4:00 - Current Eventz NO Cardio Class	Church Services Catholic Service: Monday - Friday @ 8:30am Sunday @ 9:00am (Chapel) United Methodist Service: Tuesdays @ 4:00pm (Chapel) Episcopal Service: Every Wednesday @ 4:00pm (Chapel) Protestant Service: Every Sunday 10:30am (Activity Room)	

