



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:45 Juice it up 10:00 Balloon tennis 10:30 Devotion 2:30 <b>July birthday party</b>	2 9:45 Juice it up 10:00 Pool noodle stretching 10:30 Devotion 2:00 Thirsty much? 2:30 Nail care & movie	3 9:45 Juice it up 10:30 <b>Resident's Council on Siena 1.</b> 2:00 Thirsty much? 3:30 <b>Music with Martha</b>	4 9:45 Juice it up 10:00 Patriotic music 10:30 Devotion 2:00 Thirsty much? 2:30 Movie & snacks <b>Independence Day</b>	5 9:45 Juice it up 10:00 Chair dancing 10:30 Devotion 2:00 <b>Making &amp; serving Homemade Ice Cream</b>	6 10:00 Juice / Coffee 10:30 Movie matinee 2:00 Thirsty much? 3:00 Sports or TV favorites
7 8:45 Mass - Ch 18 10:00 Church services on TV & in the IL activities room 3:00 TV favorites	8 9:45 Juice it up 10:00 Seated games 10:30 Devotion 2:30 Bingo & snacks	9 9:45 Juice it up 10:00 Ball toss 10:30 Devotion 1:30 Nail care & Tom Hanks movie with refreshments	10 9:45 Juice it up 10:00 Stretching 10:30 Devotion 2:00 Thirsty much? 3:30 <b>Music with Martha</b>	11 9:45 Juice it up 10:30 Devotion with Br. Tobias, Chaplin with Gentiva Hospice 2:00 <b>Bus Ride</b> 3:30 <b>Watermelon</b>	12 9:45 Juice it up 10:00 <b>Melva cooking - Mini corn dogs</b> 2:00 Thirsty much? 2:30 Friends & Family Feud game	13 10:00 Juice / Coffee 10:30 Movie matinee 2:00 Thirsty much? 3:00 Sports or TV favorites
14 8:45 Mass - Ch 18 10:00 Church services on TV & in the IL activities room 3:00 TV favorites	15 9:45 Juice it up 10:00 Beanbag toss 10:30 Devotion 2:00 Thirsty much? 2:30 Sing along with Suzie Q	16 9:45 Juice it up 10:00 Baseball trivia 10:30 Devotion 2:00 Thirsty much? 2:30 Baseball games/ Name the team	17 9:45 Juice it up 10:00 Categories 10:30 Devotion 2:00 Thirsty much? 3:30 <b>Music with Martha</b>	18 9:45 Juice it up 10:00 Play rhythm instruments 10:30 Devotion 2:30 Crafting & Mocktails	19 9:45 Juice it up 10:00 Stretching exercises 10:30 Devotion 2:30 Movie & snacks	20 10:00 Juice / Coffee 10:30 Movie matinee 2:00 Thirsty much? 3:00 Sports or TV favorites
21 8:45 Mass - Ch 18 10:00 Church services on TV & in the IL activities room 3:00 TV favorites	22 9:45 Juice it up 10:00 Exercise with Anne 10:30 Devotion 2:30 Movie & snacks	23 9:45 Juice it up 10:00 Chair dancing 10:30 Devotion 2:00 Thirsty much? 2:30 Nail care & Downton Abbey	24 9:45 Juice it up 10:00 Parachute game 10:30 Devotion 2:00 Thirsty much? 3:30 <b>Music with Martha</b>	25 9:45 Juice it up 10:00 <b>Devotion &amp; Picnic lunch in the Garden Room</b> 2:30 Jewelry making	26 9:45 Juice it up 10:00 <b>Melva cooking- Red, white &amp; blueberry Trifle</b> 2:30 Refreshments & Watch the Olympics	27 10:00 Juice / Coffee 10:30 Movie matinee 2:00 Thirsty much? 3:00 Sports or TV favorites
28 8:45 Mass - Ch 18 10:00 Church services on TV & in the IL activities room 3:00 TV favorites	29 9:45 Juice it up 10:00 Seated games 10:30 Devotion & trivia 2:30 Bingo & snacks	30 9:45 Juice it up 10:00 Exercise 10:30 Sing along with Suzi Q 2:30 Movie & snacks	31 9:45 Juice it up 10:00 Sit N Fit 10:30 Devotion 2:00 Thirsty much? 3:30 <b>Music with Martha</b>	 <p style="text-align: center;"><b>JULY 2024</b> St. Catherine's Village Siena 2</p>		

All activities are flexible, changes or additions will be posted on the bulletin board.