



June 2021

Activity Calendar

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		1 *8:30 - Yoga with Lee 11:00 - Blood Pressure Checks 1:00 - Happy Stitchers 4:00 - Water Walking * Low Impact Cardio w/ KLove (CANCELLED)	2 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 2:00 - Book Club: "The Gift of Years"	3 12:30 - 1:30 - Book Mobile 1:30 - Resident Association Meeting 4:00 - Water Walking * Low Impact Cardio w/KLove (CANCELLED)	4 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Wii Bowling 2:30 - Ping Pong 4:00 - Happy Hour 6:30 - BINGO	5 4:00 Water Walking
6 10:30 Bible Study	7 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: "Fireproof"	8 8:30 - Yoga DVD 9:30 - Low Impact Cardio w/ KLove 11:00 - Blood Pressure Checks 1:00 - Happy Stitchers 4:00 - Water Walking	9 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 11:00 - 1:00 - Honey for Sale 2:00 - Beginner Line Dance	10 9:30 - Low Impact Cardio w/ KLove 1:00 - History Club 2:30 - Ladder Ball 4:00 - Water Walking	11 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Wii Bowling 4:00 - Happy Hour 6:30 - BINGO	12 4:00 Water Walking
13 10:30 Bible Study	14 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:45 - Activity Committee Meeting 1:00 - Movie Matinee: "The Post"	15 *8:30 - Yoga with Lee 9:30 - Low Impact Cardio w/ KLove 11:00 - Blood Pressure Checks 1:00 - Happy Stitchers 1:00 - Vision Board Craft	16 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 2:00 - Book Club: "The Gift of Years"	17 10:30 - Creative Jazz Performance: Tim Stanek Performs Again! 1:00 - \$1 Bridge Game 12:30 - 1:30 - Book Mobile 4:00 - Water Walking * Low Impact Cardio w/KLove (CANCELLED)	18 9:00 - Water Aerobics 9:30 - Donuts for DADS 10:00 - Water Aerobics 1:00 - Wii Bowling 4:00 - Happy Hour 6:30 - BINGO * Morning Stretch CANCELLED	19 4:00 Water Walking
20 10:30 Bible Study	21 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: "Little Women"	22 *8:30 - Yoga with Lee 9:30 - Low Impact Cardio w/ KLove 11:00 - Blood Pressure Checks 1:00 - Happy Stitchers 3:00 - Joyful Noise DVD 4:00 - Water Walking	23 9:00 - Water Aerobics 9:30 - "Walk Around the Lake" 10:00 - Water Aerobics 2:00 - Beginner Line Dance NATIONAL PINK DAY	24 9:30 - Low Impact Cardio w/ KLove 2:00 - Dolly Parton & Minnie Pearl Performance 4:00 - Water Walking	25 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Wii Bowling 2:30 - Three for the Road Band Performance 4:00 - Happy Hour 6:30 - BINGO	26 4:00 Water Walking
27 10:30 Bible Study	28 9:00 - Water Aerobics 10:00 - Water Aerobics 10:00 - 2:00 Photograph Art Walk * Photo Scavenger Hunt Week * Morning Stretch & Movie (CANCELLED)	29 *8:30 - Yoga with Lee 9:30 - Low Impact Cardio w/ KLove 11:00 - Blood Pressure Checks 1:00 - Happy Stitchers 4:00 - Water Walking	30 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 2:00 - Matter of Balance Introduction Presentation Wear Orange for "National Safety Month"			