



Activity June Calendar 2023



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
<u>Church Services</u>				9:30a - Low Impact Cardio w/ KLove 2:30p - 3:30p - Book Mobile 4:00p - Water Walking	9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 11:00a - Lunch Bunch: Local 463 2:00p - Ping Pong 4:00p - Happy Hour (Cyber Café) 6:30p - Bingo	4:00p Water Walking
<p>Catholic Service: Monday - Friday 8:30am/Sunday 9:00am (Chapel)</p> <p>Methodist Service: Every Tuesday 4:00pm (Chapel)</p> <p>Episcopal Service: Every Wednesday 4:00pm (Chapel)</p> <p>Protestant Service: Every Sunday 10:30am (Activity Room)</p>						
4 10:30a Protestant Service	5 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:30p - Resident Council Association Meeting No Movie Matinee	6 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/ KLove 10:00a -11:00a - BP Checks 10:30a - Veterans Club 1:00p - Happy Stitches 1:30p - Wii Bowling 2:30p - Wii Bowling 3:30p - Men's Bible Study 4:00p - Water Walking	7 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:00a - Origin Bank 10:30a - Virtual Tour: Ireland & Scotland 1:00p - Hand and Foot	8 9:30a - Low Impact Cardio w/ KLove 10:30a - Caring for Plants in the Summer Heat Presentation: Nick Thompson 1:00p - History Club 2:30p - Ladder Ball 4:00p - Water Walking	9 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Varicose Veins Presentation(Varicosity Vein Center) 4:00p - Happy Hour (Cyber Café) 6:30p - Bingo	10 4:00p Water Walking
11 10:30a Protestant Service	12 9:00a - Water Aerobics 10:00a - Water Aerobics Closet Sale Set - up	13 10:30a - 1:00p - Happy Stitches 4:00p - Water Walking Closet Sale Set - up	14 9:00a - Water Aerobics 10:00a - Water Aerobics 11:00a - 1:00p - Honey for Sale Closet Sale Set - up	15 Closet Sale Day 8:00a - 1:00p	16 9:00a - Water Aerobics 9:00a - Father's Day Breakfast 10:00a - Water Aerobics 4:00p - Happy Hour (Cyber Café) 6:30p - Bingo Morning Stretch CANCELLED	17 4:00p Water Walking
18 10:30a Protestant Service	19 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Activity Committee Meeting 1:00p - Movie Matinee: "A Man Called Otto"	20 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/ KLove 10:00a -11:00a - BP Checks 1:00p - Happy Stitches 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking 3:30p - Men's Bible Study 4:00p - Water Walking 5:00p - Dinner Out: "Shaggy's on the Rez"	21 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:00a- Origin Bank 10:30a - Virtual Tour: Ireland & Scotland 12:05p - MS Braves Game 1:00p - Hand and Foot	22 9:30a - Low Impact Cardio w/ KLove 2:00p - Don Walizer: Xavier Cuthe: America's Rumba King 4:00p - Water Walking	23 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - \$1 Bridge Game 4:00p - Happy Hour (Cyber Café) 6:30p - Bingo Residents are encouraged to wear PINK NATIONAL PINK DAY	24 4:00p Water Walking 7:30p International Ballet Performance
25 10:30a Protestant Service	26 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee: "October Sky"	27 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/ KLove 10:00a -11:00a - BP Checks 1:00p - Happy Stitches 1:30p - Wii Bowling 2:30p - Wii Bowling 3:00p - Afternoon Candy Treats 4:00p - Water Walking	28 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Virtual Tour: Greece & Turkey 1:00p - Hand and Foot	29 10:00a - Political Seminar 2:00p - Vince Venturini: The Civil War Diary of Belle Daniel 2:30p - 3:30p - Book Mobile (TBD) 4:00p - Water Walking	30 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 4:00p - Happy Hour (Cyber Café) 6:30p - Bingo	