


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>Wear PURPLE-GREEN-or-YELLOW 1</p> <p>10:30 – Devotion/Trivia/Exercise 11:00 – Hour of Hymns with Nancy & Friends</p> <p>2:00 – MARDI GRAS PARTY by Kate @ Heart of Hospice (Crowning of King & Queen)</p> <p>4:00 – Unit Exercise / Trivia 6:30 – TV's Family Feud</p> <p>Mardi Gras</p>	<p>10:15 – All Units to Atrium for Devotional Reading; Trivia; Word Games; & Exercise 2</p> <p>2:00 – Snack/ Hydration/ Unit Music</p> <p>3:15 – READING CLUB on Units</p> <p>4:00 – Exercise / Trivia on units 6:30 – TV's Wheel of Fortune</p> <p>(Season of Lent) Ash Wednesday</p>	<p>10:00 – Devotion / Trivia 3 10:15 -- Art & Crafts (Tissue Flowers)</p> <p>2:00 – Snack/ Hydration/ Unit Music</p> <p>3:15 – Unit's Hand Massage & FingerNail Care</p> <p>4:30 – Exercise / Trivia on units 6:30 – TV's Family Feud</p>	<p>(MAGNOLIA HALL's Scenic Van Ride / 10 am load up / 10:15 depart) 4</p> <p>10:15 – ON THE UNITS Devotional Reading; Trivia; Word Games; & Exercise</p> <p>1:45 – Bridge Club with Nancy 2:00 – Snack/ Hydration/ Unit Music</p> <p>3:15 –Unit's Relaxing Foot Soaks or continued Hand Massage/Nail Care 4:30 – Exercise / Trivia on units 6:30 – TV's Wheel of Fortune</p>	<p>9:00 – TV Church Mass (Ch 18) 5 10:15 – UNIT Devotional Reading; Trivia; Word Games; & Exercise</p> <p>2:00 – Snack/ Hydration/ Unit Music</p> <p>3:30 – UNIT BINGO GAME for Fun</p> <p>7:00 – TV's Lawrence Welk Show</p>
<p>9:00 – TV Church Mass (Ch 18) 6 10:00 – Unit Stretches 10:30 – ATRIUM: Church Service by Bro Beck & Ms Mary Lou</p> <p>2:00 – ATRIUM: MOVIE TIME</p> <p>4:00 – Stretches / Exercise 6:30 – TV Games / Other</p>	<p>10:15 – Devotion / Trivia 7 10:30 – BALLOON VOLLEYBALL</p> <p>2:00 – Snack/ Hydration/ Unit Music</p> <p>3:15 – Art & Crafts (Paper Quilts)</p> <p>4:30 – Unit Exercise / Trivia 6:30 – TV's Wheel of Fortune</p>	<p>10:30 – Devotion/Trivia/Exercise 8 11:00 – Hour of Hymns with Nancy & Friends</p> <p>1:45 – Bridge Club with IL Friends 2:00 – Snack/ Hydration/ Unit Music</p> <p>4:00 – Unit Exercise / Trivia 6:30 – TV's Family Feud</p>	<p>10:15 – Update from the MASTER GARDENERS 9 10:45 – Devotion / Trivia / Exercise</p> <p>2:00 – Snack/ Hydration/ Unit Music</p> <p>3:30 – Folk Singing with Mary Lou</p> <p>4:30 – Unit Exercise / Trivia 6:30 – TV's Wheel of Fortune</p>	<p>10:15 – All Units to Atrium for Devotional Reading; Trivia; Word Games; & Exercise 10</p> <p>2:00 – Snack/ Hydration/ Unit Music</p> <p>3:15 – Unit's Hand Massage & FingerNail Care</p> <p>4:30 – Exercise / Trivia on units 6:30 – TV's Family Feud</p>	<p>10:15 – All Units to Atrium for Devotional Reading; Trivia; Word Games; & Exercise 11 (Who is Johnny Appleseed??)</p> <p>2:00 – Snack/ Hydration/ Unit Music</p> <p>3:15 –Unit's Relaxing Foot Soaks or continued Hand Massage/Nail Care 4:30 – Exercise / Trivia on units 6:30 – TV's Wheel of Fortune</p>	<p>TURN CLOCKS AHEAD 1 HOUR AT BEDTIME! (Spring Forward!) 12</p> <p>9:00 – TV Church Mass (Ch 18) 10:15 – UNIT Devotional Reading; Trivia; Word Games; & Exercise</p> <p>2:00 – Snack/ Hydration/ Unit Music 3:30 – UNIT BINGO GAME for Fun</p> <p>7:00 – TV's Lawrence Welk Show</p>
<p>9:00 – TV Church Mass (Ch 18) 13 10:00 – Unit Stretches 10:30 – ATRIUM: Church Service by Bro Beck & Ms Mary Lou</p> <p>2:00 – ATRIUM: MOVIE TIME</p> <p>4:00 – Stretches / Exercise 6:30 – TV Games / Other</p> <p>Daylight Saving Time Begins</p>	<p>10:15 – Devotion / Trivia 14 10:30 – PARACHUTE FUN</p> <p>2:15 – St. Patrick's Art & Crafts by Lindsey @ Kindred Hospice</p> <p>3:30 – Play a Game on Unit 4:30 – Unit Exercise / Trivia 6:30 – TV's Wheel of Fortune</p>	<p>10:30 – Devotion/Trivia/Exercise 15 11:00 – Hour of Hymns with Nancy & Friends</p> <p>1:45 – Bridge Club with IL Friends 2:00 – Snack/ Hydration/ Unit Music</p> <p>4:00 – Unit Exercise / Trivia 6:30 – TV's Family Feud</p>	<p>10:15 – Update from the MASTER GARDENERS 16 10:45 – Devotion / Trivia / Exercise</p> <p>2:00 – Snack/ Hydration/ Unit Music</p> <p>3:15 – READING CLUB on Units</p> <p>4:00 – Exercise / Trivia on units 6:30 – TV's Wheel of Fortune</p> <p>Purim Begins</p>	<p>Wear GREEN or YELLOW today! 17 10:15 – St. Patrick's Day Party by Mamie @ Compassus Hospice</p> <p>10:45 – Devotional Reading; Trivia; Word Games; & Exercise</p> <p>2:00 – Snack/ Hydration/ Unit Music</p> <p>3:15 – Unit's Hand Massage & FingerNail Care</p> <p>4:30 – Exercise / Trivia on units 6:30 – TV's Family Feud</p>	<p>(AZALEA HALL's Scenic Van Ride / 10 am load up / 10:15 depart) 18</p> <p>10:15 – ON THE UNITS Devotional Reading; Trivia; Word Games; & Exercise</p> <p>1:45 – Bridge Club with Nancy 2:00 – Snack/ Hydration/ Unit Music</p> <p>3:15 –Unit's Relaxing Foot Soaks or continued Hand Massage/Nail Care 4:30 – Exercise / Trivia on units 6:30 – TV's Wheel of Fortune</p>	<p>9:00 – TV Church Mass (Ch 18) 19 10:15 – UNIT Devotional Reading; Trivia; Word Games; & Exercise</p> <p>2:00 – Snack/ Hydration/ Unit Music</p> <p>3:30 – UNIT BINGO GAME for Fun</p> <p>7:00 – TV's Lawrence Welk Show</p>
<p>YAY! SPRING IS HERE! 20 9:00 – TV Church Mass (Ch 18) 10:00 – Unit Stretches 10:30 – ATRIUM: Church Service by Bro Beck & Ms Mary Lou</p> <p>2:00 – ATRIUM: MOVIE TIME</p> <p>4:00 – Stretches / Exercise 6:30 – TV Games / Other</p> <p>Spring Begins</p>	<p>10:15 – Devotion / Trivia 21 10:30 – BALLOON VOLLEYBALL</p> <p>2:00 – Snack/ Hydration/ Unit Music</p> <p>3:15 – Spring BIRTHDAY/ Garden Party with Ms Sue</p> <p>4:30 – Unit Exercise / Trivia 6:30 – TV's Wheel of Fortune</p>	<p>10:30 – Devotion/Trivia/Exercise 22 11:00 – Hour of Hymns with Nancy & Friends</p> <p>1:45 – Bridge Club with IL Friends 2:00 – Snack/ Hydration/ Unit Music</p> <p>4:00 – Unit Exercise / Trivia 6:30 – TV's Family Feud</p>	<p>10:15 – Update from the MASTER GARDENERS 23 10:45 – Devotion / Trivia / Exercise</p> <p>2:00 – Snack/ Hydration/ Unit Music</p> <p>3:30 – Folk Singing with Mary Lou</p> <p>4:30 – Unit Exercise / Trivia 6:30 – TV's Wheel of Fortune</p>	<p>10:00 – Devotion / Trivia 24 10:15 -- Art & Crafts (Magazine Butterflies)</p> <p>2:00 – Snack/ Hydration/ Unit Music</p> <p>3:15 – Unit's Hand Massage & FingerNail Care</p> <p>4:30 – Exercise / Trivia on units 6:30 – TV's Family Feud</p>	<p>10:15 – All Units to Atrium for Devotional Reading; Trivia; Word Games; & Exercise 25 (What's in a Name??)</p> <p>2:00 – Snack/ Hydration/ Unit Music</p> <p>3:15 –Unit's Relaxing Foot Soaks or continued Hand Massage/Nail Care 4:30 – Exercise / Trivia on units 6:30 – TV's Wheel of Fortune</p>	<p>9:00 – TV Church Mass (Ch 18) 26 10:15 – UNIT Devotional Reading; Trivia; Word Games; & Exercise</p> <p>2:00 – Snack/ Hydration/ Unit Music</p> <p>3:30 – UNIT BINGO GAME for Fun</p> <p>7:00 – TV's Lawrence Welk Show</p>
<p>9:00 – TV Church Mass (Ch 18) 27 10:00 – Unit Stretches 10:30 – ATRIUM: Church Service by Bro Beck & Ms Mary Lou</p> <p>2:00 – ATRIUM: MOVIE TIME</p> <p>4:00 – Stretches / Exercise 6:30 – TV Games / Other</p> <p>**TV ACADEMY AWARDS TONIGHT*</p>	<p>10:15 – Devotion / Trivia 28 10:30 – PARACHUTE FUN</p> <p>2:15 – "Dump Cake Day" Cooking Demo (Country Kitchen) by Bridget with Home Instead</p> <p>3:30 – Play a Game on Unit 4:30 – Unit Exercise / Trivia 6:30 – TV's Wheel of Fortune</p>	<p>10:30 – Devotion/Trivia/Exercise 29 11:00 – Hour of Hymns with Nancy & Friends</p> <p>1:45 – Bridge Club with IL Friends 2:00 – Snack/ Hydration/ Unit Music</p> <p>4:00 – Unit Exercise / Trivia 6:30 – TV's Family Feud</p>	<p>10:15 – Update from the MASTER GARDENERS 30 10:45 – Devotion / Trivia / Exercise</p> <p>2:00 – Snack/ Hydration/ Unit Music</p> <p>3:15 – READING CLUB on Units</p> <p>4:00 – Exercise / Trivia on units 6:30 – TV's Wheel of Fortune</p> <p>National Doctor's Day</p>	<p>10:00 – Devotion / Trivia 31 10:15 – BIG BINGO FOR ALL</p> <p>2:00 – Snack/ Hydration/ Unit Music</p> <p>3:15 – Unit's Hand Massage & FingerNail Care</p> <p>4:30 – Exercise / Trivia on units 6:30 – TV's Family Feud</p> <p>Major League Baseball Begins</p>	<p>Origin of MARCH's name: March is named after MARS, the Roman god of war. The Roman calendar originally began in March. (The months of January & February were eventually added after a calendar reform.)</p> <p>BIRTHSTONE: Aquamarine – a pale blue gem found in the western USA & Brazil. Its name is Latin for "water of the sea" due to its color.</p> <p>FLOWER: Daffodil – the first flower usually seen as a sign of spring.</p> <p>SPECIAL DAYS: Mardi Gras "Fat Tuesday" 03/01; Daylight Savings on 03/13; St. Patrick's Day 03/17; First Day of Spring 03/20</p>	

The Activity Schedule is Flexible & Subject to Change. If you or someone you know would like to schedule or assist with an activity (ex: pet dog visit; crafts; music; games; cooking demo; etc.), then please call Angela/Activities 601-856-0116.