



March 2022 Activity Calendar



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		8:30a - Yoga w/ Lee 1 9:30a - Low Impact Cardio w/KLove 10:00a - 11:00a - BP Checks 10:30a - Hand and Foot Lessons 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Wii Bowling 3:00p - Fat Tuesday Afternoon Snack 4:00p - Water Walking	9:00a - Water Aerobics 2 9:30a - Morning Stretch 10:00a - Water Aerobics 2:00p - Price is Right Game: Plinko	10:00a - Coffee w/ Lisa 3 12:30p - 1:30p - Book Mobile 2:00p - "The Magician Robert Battle" *Low Impact Cardio w/ KLove Cancelled	9:00a - Water Aerobics 4 9:30a - Morning Stretch 10:00a - Water Aerobics 1:30p - Ping Pong 3:00p - Croquet 4:00p - Happy Hour 6:30p - Bingo	5 4:00p Water Walking 6:45p - Bus Departs to BRAVO IV: Truth and Flame
6 10:30a Bible Study	7 9:00a - Water Aerobics 9:15a - Resident Council Meeting 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee - "My Girl" 3:00p - Getting to Know: Willie and Polly Baria	8 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/ KLove 10:00a - 11:00a - BP Checks 10:30a - Hand and Foot Lessons 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking 5:00p - Dinner Out: Sombra	9 9:00a - Water Aerobics 9:00a - Morning Stretch (Time Change) 9:45a - Women's Mugs & Muffins 10:00a - Water Aerobics 11:00a - 1:00p - Honey for Sale 2:00p - Gift of Years 6:45p - Bus departs to South Pacific Broadway Show	10 9:00a - Low Impact Cardio w/ KLove (Time Change) 10:00a - Guest Speaker: Darwin Adams 1:00p - History Club (G. Kirkpatrick) 2:15p - Creative Jazz Performance: Tim Stanek Performs 4:00p - Water Walking	11 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - T-shirt Scarf Craft 1:30p - Keep it Up! 3:00p - Croquet 4:00p - Happy Hour 6:30p - Bingo	12 4:00p Water Walking
13 10:30a Bible Study	14 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Activity Committee Meeting 1:00p - Movie Matinee - "As Good As it Gets"	15 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/KLove 10:00a - 11:00a - BP Checks 10:30a - Hand and Foot Lessons 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking	16 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Shamrock Coffee Mugs Craft 2:00p - Skylight Dining: Are You Missing Out!	17 9:30a - Low Impact Cardio w/ KLove 12:30p - 1:30p - Book Mobile 2:00p - St. Patrick's Day Social 4:00p - Water Walking 	18 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - \$1 Bridge Game 3:00p - Croquet 4:00p - Happy Hour 6:30p - Bingo	19 4:00p Water Walking
20 10:30a Bible Study	21 9:00a - Water Walking 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee - "Chicago"	22 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/KLove 10:00a - 11:00a - BP Checks 10:30a - Hand and Foot Lessons 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking	23 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Guest Speaker: Averyll Kessler (Author) 2:00p - Gift of Years	24 9:30a - Low Impact Cardio w/ KLove 1:00p - Jazz Revival Presentation (Don Walizer) 2:30p - Ladder Ball 4:00p - Water Walking	25 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 3:00p - Croquet 4:00p - Happy Hour 6:30p - Bingo	26 4:00p Water Walking
27 10:30a Bible Study	28 9:00a - Water Walking 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Opera - "The Pirate of Penzance"	29 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/KLove 10:00a - 11:00a - BP Checks 10:30a - Hand and Foot Lessons 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking	30 9:00a - Morning Stretch (Time Change) 9:45a - Men's Biscuits & Brew 9:00a - Water Aerobics 10:00a - Water Aerobics 1:30p - Resident Show & Tell 4:00p - Current Events Meeting	31 9:30a - Low Impact Cardio w/ KLove 2:00p - Cooking Demo w/ Chef Rodney 4:00p - Water Walking		