



March 2024 Activity Calendar



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
Church Services Catholic Service: Monday - Friday 8:30am / Sunday 9:00am (Chapel) Methodist Service: Every Tuesday 4:00pm (Chapel) Episcopal Service: Every Wednesday 4:00pm (Chapel) Protestant Service: Every Sunday 10:30am (Activity Room) Lent Bible Study: Every Sunday in March at 4:00pm (Chapel)					8:00a - Morning Coffee 1 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 11:00a - Lunch Bunch: Aplos Simple Mediterranean 4:00p - Happy Hour 6:30p - Bingo	2 3:00p Sound of Music 4:00p Water Walking
* Activity Office Phone Numbers: 601-856-0130 (main/Renisha) 601-856-0134 (Keisha)						
3 10:30a Protestant Service 4:00p Lent Bible Study	4 8:00a - Morning Coffee 9:00a - Water Aerobics 9:15a - Resident Council Meeting 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee: The Impossible 3:30p - Sunshine Choir	5 8:00a - Morning Coffee 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/ KLove 11:00a - BP Checks 1:00p - Happy Stitches 1:30p - Wii Bowling 2:30p - Wii Bowling 3:00p - Men's Bible Study 4:00p - Water Walking	6 8:00a - Morning Coffee 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Veterans Club 1:00p - Hand and Foot 3:00p - Wednesday Bible Study	7 10:00a - Coffee with Lisa 2:00p - Ravin Lovitt Presentation on Quilting 4:00p - Water Walking	8 8:00a - Morning Coffee 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Chico's Spring Sneak Peek 2:30p - Varicose Vein Presentation 4:00p - Happy Hour 6:30p - Bingo	9 4:00p Water Walking 7:30p Symphony
10 10:30a Protestant Service 4:00p Lent Bible Study	11 8:00a - Morning Coffee 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Activity Committee Meeting 1:00p - Movie Matinee - I Can Only Imagine 3:30p - Sunshine Choir	12 8:00a - Morning Coffee 9:30a - Low Impact Cardio w/ KLove 10:00a - 11:00a - BP Checks 10:30a - Raymond James: 5 Financial Risk for Senior Adults 1:00p - Happy Stitches 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking 5:00p - Dinner Out Table 100	13 8:00a - Morning Coffee 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Virtual Tour of Spain 10:00a - Origin Bank 11:00a - 1:00p - Honey for Sale 1:00p - Hand and Foot 3:00p - Wednesday Bible Study	14 8:00a - Morning Coffee 9:30a - Low Impact Cardio w/ KLove 1:00p - History Club (George Kirkpatrick) 2:00p - 3:00p - Book Mobile 2:30p - Irish Coffee Treat 2:30p - Varicosity Vein Center Screening 4:00p - Water Walking	15 8:00a - Morning Coffee 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 2:00p - St. Patrick's Day Social 4:00p - Happy Hour 6:30p - Bingo	16 4:00p Water Walking
17 10:30a Protestant Service 4:00p Lent Bible Study	18 8:00a - Morning Coffee 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee - Beyond the Universe 3:30p - Sunshine Choir	19 8:00a - Morning Coffee 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/ KLove 10:00a - 11:00a - BP Checks 10:30a - Medicare Fraud & Bingo w/ Medicare Patrol 1:00p - Happy Stitches 1:30p - Wii Bowling 2:30p - Wii Bowling 3:00p - Men's Bible Study	20 8:00a - Morning Coffee 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Hummingbird Presentation 1:00p - Hand and Foot 3:00p - Wednesday Bible Study	21 8:00a - Morning Coffee 9:30a - Low Impact Cardio w/ KLove 10:30a - Art History Presentation 2:00p - 3:00p - Book Mobile 4:00p - Water Walking 4:00p - Current Eventz Meeting	22 8:00a - Morning Coffee 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Easter Craft 1:00p - \$1 Bridge Game 4:00p - Happy Hour 6:30p - Bingo	23 4:00p Water Walking
24 10:30a Protestant Service 4:00p Lent Bible Study 31	25 8:00a - Morning Coffee 9:00a - Water Walking 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee - The Chosen: Season 1 - Ep. 1 & 2 3:00p - Sunshine Choir Easter Program	26 8:00a - Morning Coffee 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/KLove 10:00a - 11:00a - BP Checks 1:00p - Happy Stitches 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking	27 8:00a - Morning Coffee 9:30a - Active Shooter Presentation 9:00a - Water Aerobics 10:00a - Water Aerobics 10:00a - Origin Bank 10:00a - Virtual Tour of Spain 1:00p - Hand and Foot 3:00p - Wednesday Bible Study	28 8:00a - Morning Coffee 9:00a - Men's Pancake Breakfast 4:00p - Water Walking	29 GOOD FRIDAY Activity Coordinators OFF	30 4:00p Water Walking