

Hello **May**
ACTIVITY CALENDAR

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1 8:00-Morning Coffee 9:00-Water Aerobics 10:00-Water Aerobics 11:00-Lunch Bunch: Pig and Pint 2:30-Darts (Cyber) 4:00-Happy Hour 	2 4:00 Water Walking
3 10:30 Protestant Service	4 8:00-Morning Coffee 9:00-Water Aerobics 9:30-Morning Stretch 10:00-Water Aerobics 1:00-Movie Matinee: Some Like it Hot	5 8:00-Morning Coffee 10:00- Coffee with Lisa 10:00-BP Check 1:00-Happy Stitchers 2:00- Cinco de Mayo Afternoon Treat 3:00-Men's Bible Study (Dogwood Room) 4:00-Water Walking No Yoga or Exercise	6 8:00-Morning Coffee 9:00-Water Aerobics 9:30-Sit and Be Fit 10:00-Water Aerobics 10:30-Virtual Tour 1:00-Hand and Foot 3:00-Wednesday Bible Study	7 8:00-Morning Coffee 9:00-Mother's Day Breakfast 2:00- Lisa and Allen Purdie Music Performance 4:00-Water Walking No Tai Chi	8 8:00-Morning Coffee 9:00-Water Aerobics 10:00-Water Aerobics 10:15- Presentation on Healthy Aging 2:30-Darts (Cyber) 4:00-Happy Hour 6:30-Bingo	9 4:00 Water Walking
10 10:30 Protestant Service	11 8:00-Morning Coffee 9:00-Water Aerobics 10:00-Water Aerobics 10:30-Activity Committee Meeting 1:00-Movie Matinee: Walk the Line	12 8:00-Morning Coffee 8:30-Yoga w/Lee 9:30-Low Impact Cardio 12:00- AARP Safe Driver Course (12pm-4pm) 3:00-Men's Bible Study (Dogwood Room) 4:00-Water Walking 5:00-Dinner Out:: Miguels 	13 8:00-Morning Coffee 9:00-Water Aerobics 9:30-Sit and Be Fit 10:00-Origin Bank 11:00 - Honey for Sale 10:30-Virtual Tour 1:00-Hand and Foot 3:00-Wednesday Bible Study	14 8:00-Morning Coffee 9:30-Tai Chi 1:00- History Club with David Vanlandingham 2:00-Book Mobile 4:00-Water Walking	15 8:00-Morning Coffee 9:00-Water Aerobics 10:00-Water Aerobics 2:30-Darts (Cyber) 4:00-Happy Hour 6:30-Bingo	16 4:00 Water Walking
17 10:30 Protestant Service	18 8:00-Morning Coffee 9:00-Water Aerobics 9:30-Morning Stretch 10:00-Water Aerobics 1:00-Movie Matinee: Life or Something Like	19 8:00-Morning Coffee 8:30-Yoga w/Lee 9:30-Low Impact Cardio 10:00-BP Check 10:30-MSDRS Don't Fall Ya'll 1:00-Happy Stitchers 2:00 - General Safety & Security Chat w/ Ken Gill 3:00-Men's Bible Study (Dogwood Room) 4:00-Water Walking	20 8:00-Morning Coffee 9:00-Water Aerobics 9:30-Sit and Be Fit 10:00-Water Aerobics 10:30- Reflections Group 10:30-Virtual Tour 1:00-Hand and Foot 3:00-Wednesday Bible Study	21 8:00-Morning Coffee 9:30-Tai Chi 10:30- CW Organics Tea Room Outing  4:00 - Water Walking 4:00 - Current Eventz	22 8:00-Morning Coffee 9:00-Water Aerobics 10:00-Water Aerobics 1:00-\$1 Bridge Game 2:30-Darts (Cyber) 4:00-Happy Hour 6:30-Bingo	23 4:00 Water Walking
24 10:30 Protestant Service	25 8:00-Morning Coffee 9:00-Water Aerobics 9:30-Morning Stretch 10:00-Water Aerobics 1:00 - Flags of Our Fathers	26 8:00-Morning Coffee 8:30-Yoga w/Lee 9:30-Low Impact Cardio 10:00-BP Check 1:00-Happy Stitchers 2:00-Trivia 3:00-Men's Bible Study (Dogwood Room) 4:00-Water Walking	27 8:00-Morning Coffee 9:00-Water Aerobics 9:30-Sit and Be Fit 10:00-Origin Bank 10:00-Water Aerobics 10:30-Mud Monsters Baseball Game Trip  1:00-Hand and Foot 3:00-Wednesday Bible Study	28 8:00-Morning Coffee 9:30-Tai Chi 2:00- Cornhole 4:00- Water Walking	29 8:00-Morning Coffee 9:00-Water Aerobics 9:30-Morning Stretch 11:30- Pizza Party 10:00-Water Aerobics 2:30-Darts (Cyber) 4:00-Happy Hour 6:30-Bingo	30 4:00 Water Walking 31 New Stage 2:00pm

Church Services

- Catholic Service: Monday-Friday 8:30am/Sunday 9:00am(Chapel)
- United Methodist Service: Tuesday 4:00pm (Chapel)
- Protestant Service: Every Sunday 10:30am (Activity Room)
- Episcopal Service: Every Wednesday 4:00pm (Chapel)