



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 9:10 - Mass CH 10:30 - Protestant Service IL 2:30 - Sunday Treat	4 9:45 - Devotion & Sit and Fit Chair Exercise SR1 10:30 - Rummikub: SR1 11:30 - Group Walk 11:45 - Hearing Rep: CR 2:00 - Bingo:SR2 (Homewell Sponsor)	5 9:45 - Devotion & Chair Yoga Video w/ Keisha:SR1 10:30 - Wordless Puzzles on Smart Board: SR1 2:00 - Monthly Meeting with Lisa & Margaritas: SR1 	6 9:30 - Library Cart 9:45 - Devotion & Sit and Fit Chair Exercise SR1 10:30 - Phase 10 Card Game: SR1 11:00 - 1:00 - Honey for Sale: IL 11:30 - Group Walk 2:00 - Bingo SR2	7 NO EXERCISE 9:00 - Mother's Day Breakfast: IL 2:00 - Hand and Foot Card Game: SR2	8 9:45 - Devotion & Sit and Fit Chair Exercise:SR1 10:30 - Manicures & Mingle: SR1 11:30 - Group Walk 2:00 - Bingo: SR2	2 9:30 - Bridge Game SR2 10:30 - Exercise Video SR1 2:00 - Movie SR1: "Big Fish"
10 9:10 - Mass CH 10:30 - Protestant Service IL 2:30 - Sunday Treat	11 9:45 - Devotion & Sit and Fit Chair Exercise SR1 10:30 - Rummikub: SR1 1:30 - Group Walk 2:00 - Bingo:SR2	12 9:45 - Devotion & Chair Cardio & Strength Exercise SR2 10:30 - 1st Presbyterian Circle Bible Study: SR1 2:00 - Walmart Outing	13 9:30 - Library Cart 9:45 - Devotion & Sit and Fit Chair Exercise SR1 10:00 - Origin Bank: IL 10:30 - Phase 10 Card Game: SR1 11:30 - Group Walk 2:00 - Bingo:SR2	14 9:45 - Devotion & Chair Cardio & Strength Exercise SR2 10:30 - History Club: David Vanlandingham: SR1 2:00 - Hand and Foot Card Game: SR2	15 9:45 - Devotion & Sit and Fit Exercise SR1 11:00 - Lunch Outing: Zea Rotisserie 11:30 - Group Walk 2:00 - Bingo:SR2	16 9:30 - Bridge Game SR2 10:30 - Exercise Video SR1 2:00 - Movie SR1: "Hidden Figures"
17 9:10 - Mass CH 10:30 - Protestant Service IL 2:30 - Sunday Treat	18 9:45 - Devotion & Sit and Fit Chair Exercise SR1 10:30 - Activity Committee Meeting: SR1 11:30 - Group Walk 11:45 - Hearing Rep: CR 2:00 - Bingo:SR2	19 9:45 - Devotion & Chair Yoga Video w/ Keisha: SR1 10:30 - Pokeno Bingo: SR2 2:00 - Arts and Crafts:SR1 "DIY Drink Coasters"	20 9:30 - Library Cart 9:45 - Devotion & Sit and Fit Chair Exercise SR1 10:30 - Phase 10 Card Game:SR1 11:30 - Group Walk 2:00 - Bingo: SR2	21 9:45 - Devotion & Chair Cardio & Strength Exercise SR2 10:30 - Music with Martha Sing-a-Long :SR1 2:00 - Hand and Foot Card Game: SR2 2:30 - Cool Treat in the Garden	22 9:45 - Devotion & Sit and Fit Exercise SR1 10:30 - Manicures & Mingle:SR1 11:30 - Group Walk 2:00 - Bingo: SR2	23 9:30 - Bridge Game SR2 10:30 - Exercise Video SR1 2:00 - Movie SR1: "The Greatest Showman"
24/31 9:10 - Mass CH 10:30 - Protestant Service IL 2:30 - Sunday Treat	25 9:45 - Devotion & Sit and Fit Chair Exercise SR1 10:30 - Rummikub: SR1 11:30 - Group Walk 2:00 - Bingo:SR2	26 9:45 - Devotion & Chair Cardio & Strength Exercise SR2 10:30 - Conversation with our Dietician Emily Blackwell:SR1 2:00 - Walmart Outing	27 9:30 - Library Cart 9:45 - Devotion & Sit and Fit Chair Exercise SR1 10:30 - Book Club:SR1 11:30 - Group Walk 2:00 - Bingo: SR2	28 9:45 - Devotion & Chair Cardio & Strength Exercise SR2 10:30 - Phase 10 Card Game: SR1 Hand and Foot Card Game: SR2 2:00 - Birthday Party:SR1 5:00 - Dinner Outing: Strawberry Café	29 9:45 - Devotion & Sit and Fit Exercise SR1 10:30 - Manicures & Mingle: SR1 11:30 - Pizza Party: IL 2:00 - Bingo:SR2	30 9:30 - Bridge Game SR2 10:30 - Exercise Video SR1 2:00 - Movie SR1: "Mrs. Miniver"