



November

Activity Calendar



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
Church Services Catholic Service: Monday-Friday 8:30am/Sunday 9:00am(Chapel) United Methodist Service: Tuesday 4:00pm (Chapel) Protestant Service: Every Sunday 10:30am (Activity Room) Episcopal Service: Every Wednesday 4:00pm (Chapel)			Thanksgiving reminds us to give thanks and to count our blessings. We are blessed and lucky to enjoy life, and we must remember that every day of our life. Happy Thanksgiving!			1 4:00 Water Walking
2 10:30 Protestant Service 2:00 New stage 	3 8:00 - Morning Coffee 8:30 -Yoga w/Lee 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:30-Residents' Association Semi Annual Meeting No Movie Matinee	4 CLOSET SALE 4:00-Water Walking 	5 CLOSET SALE 10:00-Origin Bank 	6 CLOSET SALE 4:00-Water Walking 	7 8:00 -Morning Coffee 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 11:00-Lunch Bunch: The Lily Pad 1:00 -Quilters Group 2:30 - Darts 4:00 - Happy Hour 6:30 -Bingo 	8 4:00 Water Walking
9 10:30 Protestant Service	10 8:00 - Morning Coffee 8:30 -Yoga w/Lee 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - Activity Committee Meeting 2:00- 250th Birthday of America Celebration	11 Happy Veterans Day 8:00 - Morning Coffee 9:00-Veterans Breakfast 10:00 - BP Checks 1:00 - Happy Stitches 1:00- Bob Hope Salutes The Troops 3:00 - Men's Bible Study (Dogwood Room) 4:00 - Water Walking 5:00 - Dinner Out: Vasilios	12 No Activities due to SCV Meeting 9:00 -Water Aerobics 10:00 -Water Aerobics 11:00 -Honey Sale	13 No Activities due to SCV Meeting 4:00 - Water Walking	14 8:00 -Morning Coffee 9:00 - Water Aerobics 9:30 -Moring Stretch 10:00 - Water Aerobics 10:30-Storyheld Presentation 1:30-Hear for the Holidays w/Home Health Hearing 2:30 - Darts 4:00 - Happy Hour 6:30 - Bingo	15 4:00 Water Walking
16 10:30 Protestant Service	17 8:00 - Morning Coffee 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 -Movie Matinee: The Grapes of Wrath	18 No Exercise w/Shelia due to SCV Meeting 10:00 -BP Check 1:00 -Happy Stitches 2:00-Craft Sale 3:00 - Men's Bible Study (Dogwood Room) 4:00 - Water Walking	19 8:00 - Morning Coffee 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:00 -Origin Bank 10:30 - Storyheld Presentation 1:00 - Hand and Foot 3:00 - Wednesday	20 8:00 - Morning Coffee 8:30 -Yoga w/Lee 9:30 - Exercise w/Shelia 10:30-Thanksgivingg Music Sing-a long 1:00-Histoy Club 2:00 - Book Mobile 2:30 -Keep It Up 4:00-Current Eventz 4:00 - Water Walking	21 8:00 - Morning Coffee 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:00-Presentation on Wounds and You 1:00-\$1 Bridge Game 2:30 - Darts 4:00 - Happy Hour 6:30 -Bingo	22 4:00 Water Walking 7:30 Bravo
23 10:30 Protestant Service	24 8:00 - Morning Coffee 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00- Movie Matinee: Hello, My Name is Doris	25 8:00 - Morning Coffee 8:30 - Yoga w/ Lee 9:30 - Exercise w/Shelia 10:00 -BP Check 1:00 - Happy Stitches 2:30-Make Medicare Simple Presentation 3:00 - Men's Bible Study 4:00 - Water Walking	26 9:00 - Water Aerobics 10:00 - Water Aerobics 10:30 - Virtual Tour Travel Special 1:00 - Hand and Foot	27 Happy Thanksgiving 4:00 -Water Walking 	28 8:00 - Morning Coffee 9:00 - Water Aerobics 10:00 - Water Aerobics 2:30 - Darts 4:00 - Happy Hour 6:30 - Bingo No morning stretch Activities coordinators will be off	29 4:00 Water Walking
30 10:30 Protestant Service						