





November 2021 Activity Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: "Something Borrowed"	2 8:30 - Yoga w/Lee 10:00 - Flu Shot Clinic 1:00 - Happy Stitches 4:00 - Water Walking	3 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 2:00 - Gift of Years	4 10:00 - Trip to Mistletoe Market 9:30 - Low Impact Cardio w/ KLove 12:30 - 1:30 - Book Mobile 1:00 - Ladder Ball 4:00 - Water Walking	5 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 3:00 - Darts 4:00 - Happy Hour 6:30 - Bingo	6 4:00 Water Walking
7 10:30 Bible Study	8 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Resident Council Semi Annual Association Meeting/ Coffee with Lisa NO Movie Matinee	9 8:30 - Yoga w/Lee 11:00 - Blood Pressure Checks 1:00 - Happy Stitches 2:00 - Tablescape 4:00 - Water Walking	10 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - MS Museum of Art Tour 10:00 - Water Aerobics 11:00 - 1:00 - Honey for Sale 2:00 - Gift of Years	11 9:30 - Low Impact Cardio w/ KLove 11:00 - History Club 1:00 - \$1 Bridge Game 4:00 - Water Walking	12 9:00 - Water Aerobics 9:00 - 12:00 - Craft Fair 10:00 - Water Aerobics 2:00 - Resident Show & Tell 3:00 - Darts 4:00 - Happy Hour 6:30 - Bingo	13 4:00 Water Walking
14 10:30 Bible Study	15 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - Activity Committee Meeting 1:00 - Movie Matinee: "Hair Spray"	16 11:00 - Blood Pressure Checks 4:00 - Water Walking Closet Sale Set - up No Activities 5:00 - Dinner Out: Georgia Blue 	17 9:00 - Water Aerobics 10:00 - Water Aerobics Closet Sale Set - up No Activities	18 Closet Sale 8:00am - 12:00pm 12:30 - 1:30 - Book Mobile 4:00 - Water Walking	19 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 10:30 - Thankful Christmas Lunch 1st Baptist Church Jackson 3:00 - Darts 4:00 - Happy Hour 6:30 - Bingo	20 4:00 Water Walking
21 10:30 Bible Study	22 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: "The War with Grandpa"	23 8:30 - Yoga w/Lee 11:00 - Blood Pressure Checks 1:00 - Happy Stitches 4:00 - Water Walking	24 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics	25 Thanksgiving Day! 	26 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 3:00 - Darts 4:00 - Happy Hour 6:30 - Bingo	27 4:00 Water Walking
28 10:30 Bible Study	29 9:00 - Water Aerobics 9:30 - Morning Stretch 10:00 - Water Aerobics 1:00 - Movie Matinee: "Our Souls at Night"	30 8:30 - Yoga w/Lee 11:00 - Blood Pressure Checks 9:30 - Apple Cider Social 1:00 - Happy Stitches 4:00 - Water Walking	