



October 2022

Activity Calendar



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	Catholic Service: Monday - Friday 8:30am/Sunday 9:00am (Chapel) United Methodist Service: Every Tuesday 4:00pm (Chapel) Episcopal Service: Every Wednesday 4:00pm (Chapel) Protestant Service: Every Sunday 10:30am (Activity Room)					1 4:00p Water Walking
2 10:30a Protestant Service	3 9:00a - Water Aerobics 9:15a - Resident Council Meeting 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - Movie Matinee: "Last Chance Harvey"	4 8:00a - 1:30p COVID - 19 Booster Vaccine Clinic (Activity Room) 1:00p - Happy Stitchers 2:00p - Wii Bowling 3:00p - Wii Bowling 4:00p - Water Walking Notice Wii Bowling Time Change	5 9:00a - Water Aerobics 9:30a - Morning Stretch 10:30a - Veteran Club 9:30a - Origin Bank 10:00a - Water Aerobics 2:00p - Fact or Crap Trivia Game	6 10:00a - Coffee with Lisa 2:30p - 3:30p - Book Mobile (Notice Time Change) - Commons Lobby by elevators 1:30p - Virtual Tour of Austria & the Alps 4:00p - Water Walking Low Impact Cardio w/KLove Cancelled	7 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 11:00a - Lunch Bunch @ "Sombra" 1:30p - Rummikub with Friends 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	8 4:00p Water Walking
9 10:30a Protestant Service	10 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - Activity Committee Meeting 1:00p - Movie Matinee: "The Notebook"	11 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/KLove 10:00a - Yoga DVD 10:00a - 11:00a - BP Checks 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking 5:00p - Dinner Out @ "Bonefish"	12 9:00a - Water Aerobics 9:00a - 12:00p - Senior Day @ the Fair (TBD) 9:30a - Morning Stretch 10:00a - Water Aerobics 11:00a - 1:00p - Honey for Sale 1:00p - Hope Carr Watercolor Paint Class If the trip to the fair does not make we will have morning stretch	13 9:30a - Low Impact Cardio w/ KLove 10:30a - SCV Rehab Overview 1:00p - History Club 2:30p - Ladder Ball 4:00p - Water Walking	14 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:00a - Flute & Piano Performance 1:30p - 90's Birthday Celebration 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	15 4:00p Water Walking
16 10:30a Protestant Service	17 9:00a - Water Aerobics 10:00a - Water Aerobics	18	19 9:00a - Water Aerobics 9:30a - Origin Bank 10:00a - Water Aerobics	20 8:00am - 1:00pm Clothing and Bid Items Closet Sale	21 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - \$1 Bridge Game 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	22 4:00p Water Walking
23 10:30a Protestant Service	24 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 2:00p - Fall Festival in Activity Room	25 8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/KLove 10:00a - 11:00a - BP Checks 10:00a - Personal Medical History Presentation 1:00p - Happy Stitchers 1:30p - Wii Bowling 2:30p - Wii Bowling 4:00p - Water Walking	26 9:00a - Water Aerobics 9:00a - Morning Stretch 9:30a - Walk Around the Lake Honoring Breast Cancer Awareness 10:00a - Water Aerobics 1:00p - Hope Carr Watercolor Paint Class 7:30p - New Stage Theatre: The Glass Menagerie (bus departs at 6:45)	27 7:00a - Day Trip to Cleveland, MS (TBD) 9:30a - Low Impact Cardio w/ KLove 10:30a - Getting to Know You: Robbie Hughes 2:00p - Arts and Crafts: DIY Fall Cutting Board 4:00p - Water Walking 4:00p - Current Events Meeting	28 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo	29 10:00a Alzheimer's Walk 4:00p Water Walking
30 10:30a Protestant Service	31 9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 2:00p - Halloween Party	<div> </div>				