



# October 2023 Activity Calendar



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
<p>1</p> <p>10:30a Protestant Service</p>	<p>2</p> <p>9:00a - Water Aerobics 9:15a - <b>Resident Council Meeting</b> 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - <b>Movie Matinee Pink Panther</b> 3:00p - <b>Sunshine Choir</b></p>	<p>3</p> <p>8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/Klove Video 10:00a - 11:00a - BP Checks 10:30a - <b>Veterans Club</b> 1:00p - Happy Stitches 2:00p - Wii Bowling 3:00p - <b>Men's Bible Study</b> 4:00p - Water Walking</p>	<p>4</p> <p>9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - <b>Origin Bank</b> 10:00a - Water Aerobics 10:30a - <b>Financial Review with Scott Kersh</b> 1:00p - Hand and Foot 3:00p - Ladies Bible Study</p>	<p>5</p> <p>10:00a - <b>Coffee with Lisa</b> 2:30p - <b>The Sunnyland Songsters Performs</b> 4:00p - <b>Social Dance Hour</b> 4:00p - Water Walking <b>Low Impact Cardio w/ KLove Cancelled</b></p>	<p>6</p> <p>9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 11:00a - <b>Lunch Bunch: Plato Feliz Mexican Bar &amp; Grill</b> 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo</p>	<p>7</p> <p>4:00p Water Walking</p> <p>7:30pm MS Symphony</p>
<p>8</p> <p>10:30a Protestant Service</p>	<p>9</p> <p>9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - <b>Activity Committee Meeting</b> 1:00p - <b>Movie Matinee: Pink Panther 2</b> 3:00p - <b>Sunshine Choir</b></p>	<p>10</p> <p>8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/Klove Video 10:00a - 11:00a - BP Checks 1:00p - Happy Stitches 2:00p - Wii Bowling 3:00p - Wii Bowling 4:00p - Water Walking 5:00p - <b>Dinner Out: Shapley's</b></p>	<p>11</p> <p>9:00a - Water Aerobics 9:00a - 12:00p - <b>Senior Day @ the Fair (TBD)</b> 9:30a - Morning Stretch (TBD) 10:00a - Water Aerobics 10:30a - <b>Virtual Tour of Italy Countryside (TBD)</b> 11:00a - 1:00p - <b>Honey for Sale</b> 1:00p - Hand and Foot 3:00p - Ladies Bible Study</p>	<p>12</p> <p>9:30a - Low Impact Cardio w/ Klove 1:00p - <b>History Club</b> 2:30p - <b>Ladder Ball</b> 4:00p - Water Walking</p>	<p>13</p> <p>9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - <b>Fall Craft</b> 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo</p>	<p>14</p> <p>4:00p Water Walking</p>
<p>15</p> <p>10:30a Protestant Service</p>	<p>16</p> <p>9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - <b>Movie Matinee: Kicking and Screaming</b> 3:00p - <b>Sunshine Choir</b></p>	<p>17</p> <p>8:30a - Yoga w/ Lee 9:30a - Low Impact Cardio w/Klove Video 10:00a - 11:00a - BP Checks 1:00p - Happy Stitches 1:30pm - <b>SCV Birthday Golfcart Parade</b> 2:00p - <b>SCV 35th Birthday Celebration</b> 3:00p - <b>Men's Bible Study</b> 4:00p - Water Walking <b>Taste of Italy</b></p>	<p>18</p> <p>9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:00a - <b>Origin Bank</b> 10:30a - <b>Virtual Tour of Italy Countryside</b> 1:00p - Hand and Foot 3:00p - Ladies Bible Study</p>	<p>19</p> <p>9:30a - Low Impact Cardio w/ KLove Video 10:30a - <b>Gina Diamond Fall Floral Arrangement Demonstration</b> 2:00p - <b>Living Service Tips for Tax Prep Presentation</b> 4:00p - <b>Social Dance Hour</b> 4:00p - Water Walking</p>	<p>20</p> <p>9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - <b>\$1 Bridge Game</b> 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo</p>	<p>21</p> <p>4:00p Water Walking</p>
<p>22</p> <p>10:30a Protestant Service</p>	<p>23</p> <p>9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - <b>Classic Movie Matinee: Hook</b> 3:00p - <b>Sunshine Choir</b></p>	<p>24</p> <p><b>Vaccine Booster Clinic</b> 1:00p - Happy Stitches 1:30p - Wii Bowling TBD 2:30p - Wii Bowling TBD 4:00p - Water Walking <b>Morning activities cancelled. Afternoon activities TBD.</b></p>	<p>25</p> <p>9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30a - <b>Virtual Tour of Italy Countryside</b> 1:00p - Hand and Foot 3:00p - Ladies Bible Study 7:00p - <b>New Stage: What the Constitution Means to Me</b></p>	<p>26</p> <p>9:30a - Low Impact Cardio w/ KLove Video 10:30am - <b>Fashion Show Rehearsal</b> 2:30p - <b>SCV Fashion Show</b> 4:00p - Water Walking 4:00p - <b>Current Eventz Meeting</b></p>	<p>27</p> <p>9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 10:30am - <b>UMMC Health Fair</b> 2:30p - Darts 4:00p - Happy Hour 6:30p - Bingo <b>Pink in Honor of Breast Cancer Awareness</b></p>	<p>28</p> <p>4:00p Water Walking</p>
<p>29</p> <p>10:30a Protestant Service</p>	<p>30</p> <p>9:00a - Water Aerobics 9:30a - Morning Stretch 10:00a - Water Aerobics 1:00p - <b>Movie Matinee: Opera</b> 3:00p - <b>Sunshine Choir</b></p>	<p>31</p> <p>8:30a - Yoga DVD 9:30a - Low Impact Cardio w/Klove Video 10:00a - 11:00a - BP Checks 1:00p - Happy Stitches 2:00p <b>Halloween Party</b> 4:00p - Water Walking <b>Wii Bowling Cancelled</b></p>	<p><b>Catholic Service:</b> Monday - Friday @ 8:30am / Sunday @ 9:00am (Chapel)</p> <p><b>United Methodist Service:</b> Tuesdays @ 4:00pm (Chapel)</p> <p><b>Episcopal Service:</b> Every Wednesday @ 4:00pm (Chapel)</p> <p><b>Protestant Service:</b> Every Sunday @ 10:30am (Activity Room)</p>			