Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	9:30 Exercise 2 9:30 Water Aerobics 10:30 Village Q & A 2-3:00 Music Choir 4:00 Getting to Know Sharlene McLemore *NEW TIME!*	*8:30 Yoga 1:00 Movie 3:45 Water Walking	9:30 Exercise 4 9:30 Water Aerobics 1:00 Hand & Foot Cards *NEW DAY/TIME* 2:00 Games in Cyber Café *4-6:00 Fall Festival	9:00 Croquet Games 10:00 Coffee with MMJ 1:00 Art 1:00 Happy Stitchers- Club 3:45 Water Walking	9:30 Exercise 6 9:30 Water Aerobics 10:30 Bible Prayer Group 4:00 Happy Hour 6:30 Bingo	7 3:45 Water Walking 6:30 Night at the Races
9:00 Mass- Chapel 10:35 Activity Center Worship	9 9:30 Exercise 9:30 Water Aerobics 10:30 Activity Committee Meeting 2-3:00 Music Choir	*8:30 Yoga *NO HISTORY CLUB* 1:00 Movie 3:45 Water Walking	*8:40 Bus leaves for Mayor's Walk at Old Trace Park 9:30 Exercise 9:30 Water Aerobics 11 – 1 Honey for Sale- Lobby 1:00 Hand & Foot Cards 2:00 Games in Cyber Café	9:00 Croquet Games 12 *9:30 Kitchen Tour 10:30 Bible Study with Sam 1:00 Happy Stitchers- Club 1:00 Art 3:45 Water Walking *4:30 – 9 Sunset Dinner Boat Cruise on the Reservoir	9:30 Exercise 13 9:30 Water Aerobics 10:30 Bible Prayer Group *1:00 Bridge Tournament 4:00 Happy Hour 6:30 Bingo	3:45 Water Walking 6:30 Night at the Races
9:00 Mass- Chapel 10:35 Activity Center Worship	9:30 Exercise 9:30 Water Aerobics 10:30 Belhaven Chamber Music Recital 2-3:00 Music Choir	*8:30 Yoga 1:00 Movie 3:45 Water Walking 4:00 First Responders Appreciation Event	9:30 Exercise 18 9:30 Water Aerobics 10:30 Comedy Theatre 1:00 Hand & Foot Cards 2:00 Games in Cyber Cafe	9:00 Croquet Games 19 1:00 Happy Stitchers- Club 1:00 Art with Cindy Mercer 3:45 Water Walking	9:30 Exercise 20 9:30 Water Aerobics *9:30 Bus to Timber Creek Camp (back around 3:30) 10:30 Bible Prayer Group 4:00 Happy Hour 6:30 Bingo	3:45 Water Walking 6:30 Night at the Races
9:00 Mass- Chapel 10:35 Activity Center Worship	9:30 Exercise 9:30 Water Aerobics 2-3:00 Music Choir	*8:30 Yoga 10:30 Tea with Sister D 1:00 Movie 3:45 Water Walking	*NO EXERCISE/COFFEE TODAY* 25 SET-UP FOR CLOSET SALE 9:30 Water Aerobics 1:00 Hand & Foot Cards- Club 2:00 Games in Cyber Café 5:00 Parkinson's & ALZ - Caregivers Support Group in Dogwood Room	*NO EXERCISE/COFFEE TODAY* 26 SET-UP FOR CLOSET SALE 1:00 Happy Stitchers- Club 3:45 Water Walking 4:00 Book Club- Dogwood Room *5:00 Bus to Crab Shack for Dinner	*NO EXERCISE/COFFEE TODAY* 27 8- 12:00 CLOSET SALE 9:30 Water Aerobics 4:00 Happy Hour 6:30 Bingo	28 3:45 Water Walking 6:30 Night at the Races
9:00 Mass-Chapel 10:35 Activity Center Worship *1:15 Bus to New Stage	9:30 Exercise 9:30 Water Aerobics 2-3:00 Music Choir 3-3:30 Travel Group pick-up tags/meet	7:00 Travel Group Departs for TN/KY *8:30 Yoga 10:30 Belhaven Chamber Music Recital 1:00 Movie 3:45 Water Walking		*Bolded activity indicates sign-up required on either bulletin board for the activity or in the front lobby for transportation.		

Please reference bulletin board for ALL religious services in the chapel Activities subject to change. Please reference bulletin board daily.